



## Lunch Menu: January

January 3 – Bagels & Blintzes (Dairy)

January 4 – Mac & Cheese (Dairy)

January 5 – Deli (Meat)

January 6 – Pizza (Dairy)

January 9 – Soft Tacos (Dairy)

January 10 – Sloppy Joes (Meat)

January 11 – Chicken (Meat)

January 12 – Baked Ziti (Dairy)

January 13 – Breakfast for Lunch (Dairy)

January 16 – Falafel (Dairy)

January 17 – Fish (Dairy)

January 18 – Grilled Cheese (Dairy)

January 19 – Pasta w/Meat Sauce (Meat)

January 20 – Pierogis (Dairy)

January 23 – Mac & Cheese (Dairy)

January 24 – Deli (Meat)

January 25 – Meatballs (Meat)

January 26 – Grilled Cheese (Dairy)

January 27 – Cheese Quesadillas (Dairy)

January 30 – Fish Sticks (Dairy)

January 31 – Chicken (Meat)

- ❖ Every lunch also includes a vegetable, fruit and salad bar
- ❖ On dairy days, the salad bar includes yogurt and cottage cheese
  - ❖ On dairy days, milk is served with lunch