

SILKY MITTS

STICK SKILLS CLINIC

SUNDAYS, APRIL 10th & 24th



The Silky Mitts Stick Skills Clinic is for competitive female hockey players who want to further develop their skills in a fun, energetic, safe, growth environment. Intentional, high-pace reps with properly executed technique will be encouraged of all participants to push their comfort level. Players will grow in confidence with the puck on their stick.

Led by Matt Adams, Youth Hockey Manager and Jr Sharks Girls Head Coach, this stick skills clinic will focus on a variety of fundamental, intermediate, and advanced techniques. Various aspects of shooting, passing and puck control will be covered over this two-session clinic. Program fee is \$65. Max of 30 skaters per group.

BIRTH YEAR GROUPS & SCHEDULES

2011-2013 GIRLS | APRIL 10th, 1:30-2:30PM & APRIL 24th, 4:15-5:15PM
2008-2010 GIRLS | APRIL 10th, 2:45-3:45PM & APRIL 24th, 5:30-6:30PM

FOR QUESTIONS EMAIL MADAMS@SHARKSICE.COM

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or at <https://sjrsharks.sportngin.com/register/form/517721398>

