



Social Services still open - Downtown Toronto - July 8, 2020

NOTE: During the COVID-19 pandemic, please assist clients seeking shelter to call the Central Intake Line at 416-338-4766, 1-877-338-3398 toll-free or 311 to be referred to available shelter and respites spaces. Temporary shelter and respite sites may not have space to accommodate walk-in referrals. Calling Central Intake in advance is recommended to minimize unnecessary travel in keeping with physical distancing guidelines provided by Toronto Public Health.

Details: <https://www.toronto.ca/community-people/housing-shelter/homeless-help/>

Name	Street Address	Contact Details	Changes/Programs
Church of the Holy Trinity	19 Trinity Square	(416) 598-4521	Food service only at front door <ul style="list-style-type: none"> • Mon-Fri 11:00am-1:00pm
Covenant House	20 Gerrard St E	(416) 598-4898	<ul style="list-style-type: none"> • All youth programs still running. • Closed for external visitors, except youth and staff.
Good Shepherd	412 Queen St E	(416) 869-3619	Drop in: <ul style="list-style-type: none"> • Food: Daily 2-4pm
Lawyers Feed the Hungry	130 Queen St W	(416) 947-3412	Open, no dine-in service, just takeout. <ul style="list-style-type: none"> • Tues & Wed 5pm; • Thurs 6:45am, • Sun 10am

DOWNTOWN



<p>All Saints' Church Community Centre</p>	<p>315 Dundas St. East</p>	<p>(416) 368-7768</p>	<p>Drop-In Open. WIFI & Computers available</p> <ul style="list-style-type: none"> • Mon- Thurs- 8am-3pm • Breakfast for women & Trans-identified sex workers- Fri 8am-10:30am • General population- <ul style="list-style-type: none"> ○ Mon, Tues, Thurs- 8am-3pm ○ Wed- 10:30am-3pm ○ Fri- 10:30am-11am • Clothing (emergency clothing available) Mon-Thurs- 8am-3pm • Phone access- Mon-Thurs- 8am-3pm
<p>Fred Victor/ Adelaide Resource Centre for Women</p>	<p>Fred Victor Open House Drop-In- 145 Queen St East</p> <p>Adelaide Resource Centre for Women- 67 Adelaide St. East</p>	<p>Fred Victor- 416-364-8228</p> <p>Adelaide- (416) 392-9243</p>	<ul style="list-style-type: none"> • Shelters, Women's 24/7 drop-in and respite remain open. • Consumption and treatment services remain open with regular hours. • Food services at 145 Queen and 40 Oak continue to serve meals through takeout. • Employment and Training services closed to walk-ins. • Housing programs continue. • Drop-in at 40 Oak St is closed. <p>Adelaide Resource Centre:</p> <ul style="list-style-type: none"> • Open 24/7 • Food: 9am, 12pm, 6pm. <p>Fred Victor Drop in-</p> <ul style="list-style-type: none"> • Mon-Fri 12-4pm; • Food during these times
<p>Art Heart</p>	<p>585 Dundas St E</p>	<p>(416) 203-0034</p>	<p>Closed</p>
<p>Salvation Army Gateway</p>	<p>107 Jarvis St</p>	<p>(416) 368-8710</p>	<p>Open;</p> <ul style="list-style-type: none"> • Mon, Wed, Thurs, Fri, Sat, Sun 1pm-7pm. • Food during those hours.

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St James Cathedral	106 King St E	(416) 364-7865	<ul style="list-style-type: none"> • Drop-in offering take-away lunch Tuesdays at 1:30pm until further notice, all other programs closed.
Council Fire	439 Dundas Street East	(416) 360-4350	<p>Open.</p> <ul style="list-style-type: none"> • Mon-Fri 7:30am-4pm, Sat-Sun, 10am-3pm • Food- <ul style="list-style-type: none"> ○ Mon-Sun 12:pm-12:30pm ○ Tues-Thurs 4pm-4:30pm
416 Community Support for Women	416 Dundas St E	(416) 928-3334	Closed
The 519	519 Church St	(416) 392-6874	<p>Building is closed, takeaway meals provided 7 days a week at 519 patio;</p> <ul style="list-style-type: none"> • Mon-Fri, 1pm- 4pm, • Sat-Sun, 12:30pm; • Friendly check-in by phone or email offered (check-ins done once weekly). • Call in for information and referrals: • Mon-Fri 10am-7pm, Sat and Sun 10am-4pm
CRC (Christian Resource Centre)	40 Oak St	(416) 363-4234	<ul style="list-style-type: none"> • Emergency Meal Program take-away items • (Mon & Fri 9-10am, Mon, Tues, Thurs, Fri 12pm-1pm)
Haven Toronto	170 Jarvis St	(416) 366-5377	<ul style="list-style-type: none"> • Open 8am-5pm daily, take-out meals at breakfast (8am) and lunch (12pm and 3pm). • Access to mail service, laundry and showers.

DOWNTOWN



<p>Margaret's</p>	<p>323 Dundas St E</p>	<p>(647) 367-2100</p>	<ul style="list-style-type: none"> • Mon-Sun: <ul style="list-style-type: none"> ○ Breakfast: 7am-8:30am ○ Lunch: 10:30am-12pm ○ Dinner: 6:30-7:30pm
<p>Sanctuary Ministries</p>	<p>25 Charles St E</p>	<p>(416) 922-0628 ext. 210</p>	<p>Open except AA Group now online.</p> <ul style="list-style-type: none"> • AA Group: Mon, Fri 12pm-1pm. • Food: Tues 10:30am-3pm, Thurs 4:30pm-8pm. • Art Studio: Mon 1:30pm-4:30pm. • Women's Group: 2pm-5pm (upstairs). • Wifi available (5 people at a time in the drop-in) Tues & Fri: 11am-4pm, Thurs & Sun- 5pm-9pm • Clothing: During drop-in hours
<p>Out of the Cold Program</p>	<p>Dixon Hall Building- Bleecker St and Carlton St</p>	<p>(416) 863-0499</p>	<ul style="list-style-type: none"> • All closed. Dixon Hall still open for overnight guests only; 6pm-7:30am. • Tickets handed out at 5pm; • 45 guests per night.



Supervised Consumption Sites

	Regent Park CHC 465 Dundas St. E (at Parliament)	Street Health 338 Dundas St. E (at Sherbourne)	Moss Park 134 Sherbourne (at Queen St. E)	Fred Victor 139 Jarvis (at Queen St. E)	The Works 277 Victoria St. (at Dundas St. E)
Monday	10am-3:30pm	10am-4pm	CLOSED	8:30am-11pm	10am-10pm
Tuesday	12pm-3:30pm	11am-4pm	12-6pm	8:30am-11pm	10am-10pm
Wednesday	10am-3:30pm	10am-4pm	12-6pm	8:30am-11pm	10am-10pm
Thursday	10am-3:30pm	10am-4pm	12-6pm	8:30am-11pm	10am-10pm
Friday	10am-3pm	10am-4pm	12-6pm	8:30am-11pm	10am-10pm
Saturday	CLOSED	CLOSED	12-6pm	11am-7pm	10am-10pm
Sunday	CLOSED	CLOSED	12-6pm	8:30am-11pm	10am-10pm
					By Appointment Only- NO WALKINS

Access to Phone/Wifi

Wifi	Phone Access
Sanctuary (25 Charles St. E. - 5 people at a time in the drop-in) Tues & Fri 11am to 4pm, Thurs & Sun 5pm to 9pm	Margaret's Drop-in (323 Dundas St. E)
All Saints Church Community Centre (315 Dundas St. E) Mon to Thurs 8am to 3pm - Computers available	All Saints Church Community Centre (315 Dundas St. E) Mon to Thurs 8am to 3pm



Phone Mental Health Resources

Mental Health Hotlines	
Victim Support Line:	416-312-2447
Toronto Distress Centre:	416-408-4357
Gerstein Centre:	416-929-5200
Crisis Services Canada:	1-833-456-4566
Obsessive Compulsive Disorder Helpline:	416-920-5887
Trans Lifeline (10am-4am):	1-877-330-6366
Indigenous Hotlines	
Anishnawbe Mental Health Crisis:	416-891-8606
Aboriginal Crisis Intervention Line:	416-531-0330
Talk4Healing (Indigenous Women):	1-855-554-4325
First Nations and Inuit Hope for Wellness Line:	1-855-242-3310
Youth Hotlines	
Kids Help Phone:	1-800-668-6868
Youthdale Mobile Crisis:	416-363-9990
Good 2 Talk (post-secondary students helpline):	1-866-925-5454
LGBT Youth Line:	1-800-268-9688 or; Text 647-694-4275
Seniors Hotlines	
Toronto Seniors Helpline:	416-217-2077
Seniors Safety Line:	1-866-299-1011
Other	
Canadian Human Trafficking Hotline	1-833-900-1010



Emergency Cooling Centres

ECCC (Environment and Climate Change Canada) issues a Heat Warning when it forecasts two or more consecutive days with daytime maximum temperatures of 31°C or warmer, together with minimum nighttime temperatures of 20°C or warmer, or when there is a forecast of two or more consecutive days with humidex values expected to reach 40 or higher. The Emergency Cooling Centres are offered to residents as a last resort, if they do not have access to a cool space and cannot keep cool in their home or outdoors. Staff who are trained to assist residents affected by the extreme heat will be on hand. Strict infection prevention and control measures will be in place.

Name	Street Address	Contact Details	Time
Metro Hall	55 John St.	(416) 338-0338	24 hrs
Wallace Emerson Community Centre	1260 Dufferin St.	(416) 392-0039	11am-7pm
Regent Park Community Centre	402 Shuter St.	(416) 392-5490	11am-7pm



Public Washrooms, Showers and Drinking Water

Facility Name	Street Address	Amenities	Hours
Harrison Pool	15 Stephanie St.	Washrooms, Showers, Water	Tuesday to Saturday 8 a.m. to 3:30 p.m.
Lamport Stadium	1155 King Street West	Washrooms, Showers, Water	Starting May 24 Sunday to Thursday 8 a.m. to 3:30 p.m.
Nathan Phillips Square	100 Queen St. W	Washrooms	Monday to Sunday 10 a.m. to 10 p.m.
Regent Park Community Centre	402 Shuter St.	Washrooms, Showers, Water	Sunday to Thursday 10 a.m. to 5:30 p.m.
South Market	91-95 Front St. Lower Level	Washrooms	Tuesday to Friday 9 a.m. to 5 p.m. Saturday 5 a.m. to 4 p.m.
The 519 Community Centre	519 Church St.	Washrooms, Water	Monday to Friday 9:30 a.m. to 5 p.m. Saturday and Sunday 10 a.m. to 4 p.m.
Union Station	65 Front St.	Washrooms	Monday to Sunday 5:30 a.m. to 12:45 a.m.



Portable Toilets

Portable toilets are available at the following locations:

- Alexandra Park, 275 Bathurst St.
- Jimmie Simpson Park, 870 Queen St. E.
- Regent Park, 600 Dundas St. E
- Wellesley Community Centre, 495 Sherbourne St. – Outside the Community Centre
- Moss Park, 150 Sherbourne St.
- Sunnyside Park, 1755 Lake Shore Blvd. W.
- Little Norway Park, 659 Queen's Quay W.
- North-West corner of Lake Shore Blvd. and Spadina Ave. near the Gardiner/Lakeshore encampment



'Mobile Healing'

Information Sheet

Anishnawbe Health Toronto's 'Mobile Healing' RV will bring COVID-19 testing capability to the Indigenous homeless living rough on the streets of Toronto.

Previous pandemics such as SARS and H1N1 proved to be especially traumatic, distressful, and overwhelming to the health and well-being of Indigenous people. Death, too often was the outcome. Health risk factors and their high prevalence among Indigenous people include diabetes, respiratory illnesses such as pneumonia and others present as vulnerabilities to infectious viruses like COVID-19. Indigenous people make-up 1 to 2 per cent of Toronto's population and is disproportionately represented at 16 per cent of the homeless population, a high of 38 per cent sleep outdoors.*

The 'MOBILE HEALING' RV in addition to COVID-19 testing will also provide:

- **Primary health care**
- **Wound care**
- **Rapid access to housing and supports**
- **Mental health + Addiction supports/referral**
- **Emergency supplies i.e. water**

Staffing for the '**MOBILE HEALING**' RV will include a Nurse Practitioner, Mental Health & Addictions Counsellor and Housing Worker. Starting June 1, service will operate Monday through Friday, 9:30 AM to 5:00 PM. **For additional information please contact: Jane Harrison, Coordinator 'Mobile Healing' at 416 920-2605 (269) or 416 305-3192. Jharrison@aht.ca**

*Street Needs Assessment, 2018, City of Toronto