



Social Services still open - Downtown Toronto - July 9, 2021

NOTE: During the COVID-19 pandemic, please assist clients seeking shelter to call the Central Intake Line at 416-338-4766, 1-877-338-3398 toll-free or 311 to be referred to available shelter and respites spaces. Temporary shelter and respite sites may not have space to accommodate walk-in referrals. Calling Central Intake in advance is recommended to minimize unnecessary travel in keeping with physical distancing guidelines provided by Toronto Public Health.

Details: <https://www.toronto.ca/community-people/housing-shelter/homeless-help/>

Name	Street Address	Contact Details	Changes/Programs
Church of the Holy Trinity	19 Trinity Square	(416) 598-4521	Food service only at front door <ul style="list-style-type: none"> • Mon-Fri 11:00am-1:00pm
Covenant House	20 Gerrard St E	(416) 598-4898	<ul style="list-style-type: none"> • Mon to Fri 12 to 5pm *If possible, call first • Food bank for youth on Fridays at 12-5:30pm
Good Shepherd	412 Queen St E	(416) 869-3619	Drop in: <ul style="list-style-type: none"> • Meals to Go: Daily 2pm-4pm • Emergency shelter for adult men, open as of 530pm • Morning drop in – 9am-11am • Clothing room - mon-fri 9am-11am
Lawyers Feed the Hungry	130 Queen St W	(416) 947-3412	Open, no dine-in service, just takeout. <ul style="list-style-type: none"> • Tues & Wed 5pm; • Thurs 6:45am, • Sun 10am
All Saints' Church Community Centre	315 Dundas St. East	(416) 368-7768	Drop-In Open. WIFI & Computers available <ul style="list-style-type: none"> • Breakfast: Mon, Tues & Thurs 9:30am, Fri 8 to 11am, • Lunch: Mon to Thurs 12:30 pm for drop in program – take out at 1:00pm in parking



			<p>lot</p> <ul style="list-style-type: none"> • Drop in program: • Mon Tues, Thurs 8am-3:45pm • Wednesday 10:30-3:45pm
<p>Fred Victor/ Adelaide Resource Centre for Women</p>	<p>Fred Victor Open House Drop-In- 145 Queen St East</p> <p>Adelaide Resource Centre for Women- 67 Adelaide St. East</p>	<p>Fred Victor- 416-364-8228</p> <p>Adelaide- (416) 392-9243</p>	<ul style="list-style-type: none"> • Shelters, Women's 24/7 drop-in and respite remain open. • Consumption and treatment services remain open with regular hours. • Food services at 40 Oak continue to serve meals, see below. • Employment and Training services closed to walk-ins. • Housing programs continue. • Drop-in at 40 Oak St is closed. <p>Adelaide Resource Centre:</p> <ul style="list-style-type: none"> • Open 24/7 • Food: 9am, 12pm, 6pm. <p>Fred Victor Drop in-</p> <ul style="list-style-type: none"> • Mon-Fri 12-4pm; • Snacks/food available during these times
<p>Art Heart</p>	<p>585 Dundas St E</p>	<p>(416) 203-0034</p>	<p>Closed.</p> <ul style="list-style-type: none"> • No update on reopening status
<p>Salvation Army Gateway</p>	<p>107 Jarvis St</p>	<p>(416) 368-8710</p>	<p>Open.</p> <p>Drop-in:</p> <ul style="list-style-type: none"> • Monday, Wednesday, Thursday, Saturday & Sunday 1pm – 7pm. • Dinner: Monday, Wednesday, Thursday, Saturday & Sunday - 5pm
<p>St James Cathedral</p>	<p>106 King St E</p>	<p>(416) 364-7865</p>	<p>Open.</p> <p>Take-away lunch:</p> <ul style="list-style-type: none"> • Tuesdays and Fridays at 1:30pm – 3:30pm. Other programs closed.

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<p>Council Fire</p>	<p>439 Dundas Street East</p>	<p>(416) 360-4350</p>	<p>Open.</p> <ul style="list-style-type: none"> • Mon-Fri 7:30am-4pm, Sat-Sun, 10am-3pm <p>Meal Schedule:</p> <ul style="list-style-type: none"> • Monday – Sunday 9am Breakfast • Monday – Friday - 12pm Lunch • Saturday - Sunday - 1pm Lunch • Monday – Friday 3:15
<p>416 Community Support for Women</p>	<p>416 Dundas St E</p>	<p>(416) 928-3334</p>	<p>Closed.</p> <p>Take away lunch:</p> <ul style="list-style-type: none"> • Monday, Wednesday, Friday - 12pm available for all, line up • Walk in clinic: Doctor available on Tuesday & Thursday at 2:30pm, call to schedule ext. 226 SSW Aisha.
<p>The 519</p>	<p>519 Church St</p>	<p>(416) 392-6874</p>	<p>Building is closed.</p> <p>Takeaway meals:</p> <ul style="list-style-type: none"> • Sundays at 1pm, takeaway meals
<p>CRC (Christian Resource Centre)</p>	<p>40 Oak St</p>	<p>(416) 363-4234</p>	<p>Takeaway meals:</p> <ul style="list-style-type: none"> • Mon & Fri 9-10am • Mon, Tues, Thurs, Fri 12pm-1pm • Saturday 5:00pm -6:30pm (Church of the City) • Sunday 12:30am-2pm (Muslim Welfare Canada)
<p>Haven Toronto</p>	<p>170 Jarvis St</p>	<p>(416) 366-5377</p>	<ul style="list-style-type: none"> • Open 8am-5pm daily take-out meals

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			<ul style="list-style-type: none"> Monday-Sunday - breakfast 8am and lunch 12pm and 3pm. Access to mail service, laundry and showers.
Margaret's	323 Dundas St E	(647) 367-2100	<ul style="list-style-type: none"> Mon-Sun: 7am-6pm <ul style="list-style-type: none"> ○ Breakfast: 7am-8:30am ○ Lunch: 10:30am-12pm
Sanctuary Ministries	25 Charles St E	(416) 922-0628 ext. 210	Takeaway meals and showers: <ul style="list-style-type: none"> Tues and Fri 11am-4pm Thursday and Sunday 5pm-9pm
Out of the Cold Program	Dixon Hall Building- Bleecker St and Carlton St	(416) 863-0499	<ul style="list-style-type: none"> All closed Call 311 for out of the cold

Hours updated as of July 8th 2021

Cooling centres:

In 2021, the Emergency Cooling Centres will operate at the following locations during Heat Warnings only, from 11 a.m. to 7 p.m., except Metro Hall, which will run 24 hours during Heat Warnings: **Only open during Heat Warnings called by Environment and Climate Change Canada**

- Metro Hall at 55 John St – open 24h
- 220 Cowen ave at Masaryk-Cowan recreation centre - 11am-7pm



Supervised Consumption Sites

	Regent Park CHC 465 Dundas St. E (at Parliament)	Street Health 338 Dundas St. E (at Sherbourne)	Moss Park 134 Sherbourne (at Queen St. E)	Fred Victor 139 Jarvis (at Queen St. E)	The Works 277 Victoria St. (at Dundas St. E)
Monday	10am-4pm	10am-4pm	CLOSED	7:30am-10pm	10am-10pm
Tuesday	12pm-4pm	11am-4pm	12-6pm	7am-7pm	10am-10pm
Wednesday	10am-4pm	10am-4pm	12-6pm	7am-7pm	10am-10pm
Thursday	10am-4pm	10am-4pm	12-6pm	7am-7pm	10am-10pm
Friday	10am-3:30pm	10am-4pm	12-6pm	7am-7pm	10am-10pm
Saturday	CLOSED	CLOSED	12-6pm	7am-7pm	10am-10pm
Sunday	CLOSED	CLOSED	12-6pm	7am-7pm	11am-5pm

Hours updated as of July 8th 2021

Access to Phone/Wifi

Wifi	Phone Access
Sanctuary (25 Charles St. E. – 5 people at a time in the drop-in) Tues & Fri 11am to 4pm, Thurs & Sun 5pm to 9pm	Margaret's Drop-in (323 Dundas St. E)
All Saints Church Community Centre (315 Dundas St. E) Mon, Tues, & Thurs 8am - 3pm, Wed 11a - 3pm – Computers available	All Saints Church Community Centre (315 Dundas St. E) Mon, Tues, & Thurs 8am - 3pm, Wed 11a - 3pm



Phone Mental Health Resources

Mental Health Hotlines	
Victim Support Line:	416-312-2447
Toronto Distress Centre:	416-408-4357
Gerstein Centre:	416-929-5200
Crisis Services Canada:	1-833-456-4566
Obsessive Compulsive Disorder Helpline:	416-920-5887
Trans Lifeline (10am-4am):	1-877-330-6366
Indigenous Hotlines	
Anishnawbe Mental Health Crisis:	416-891-8606
Aboriginal Crisis Intervention Line:	416-531-0330
Talk4Healing (Indigenous Women):	1-855-554-4325
First Nations and Inuit Hope for Wellness Line:	1-855-242-3310
Youth Hotlines	
Kids Help Phone:	1-800-668-6868
Youthdale Mobile Crisis:	416-363-9990
Good 2 Talk (post-secondary students helpline):	1-866-925-5454
LGBT Youth Line:	1-800-268-9688 or; Text 647-694-4275
Seniors Hotlines	
Toronto Seniors Helpline:	416-217-2077
Seniors Safety Line:	1-866-299-1011
Other	
Canadian Human Trafficking Hotline	1-833-900-1010



Public Washrooms, Showers and Drinking Water

Facility Name	Street Address	Amenities	Hours
Harrison Pool	15 Stephanie St.	Washrooms, Showers, Water	Tuesday to Saturday 10 a.m. to 5:30 p.m.
Canoe Landing Community Rec. Centre / Regent Park CC	402 Shuter St	Washrooms, Showers	Sunday to Thursday 10 a.m. to 5p.m.
Sanctuary	25 Charles St E	Washrooms, Showers (5 per)	Tuesday and Friday 11 a.m. to 4 p.m. Thursday and Sunday 6 p.m. to 9 p.m.
Evangel Hall Mission	552 Adelaide St W	Washrooms, Showers	Monday to Thursday 9 a.m. to 12:30 p.m.
West Neighbourhood House	558 Queen St W (2 nd floor)	Washrooms, Showers	Tuesday & Wednesday 11:30p.m. to 4p.m. Thursday, Friday & Saturday 10a.m. – 4p.m.
Margaret's Drop in	323 Dundas St E	Washrooms, Showers, Water	Monday to Sunday 6:45 a.m. to 10:45 a.m. 11 a.m. to 12 p.m.
St. Stephens Community House	26 Augusta Ave	Washrooms, Shower	Monday to Friday 8 a.m. – 11:30 a.m.
Wallace-Emerson Community Centre	1260 Dufferin St.	Washrooms, Shower	Sunday to Thursday 10 a.m. to 5p.m.

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Parkdale Activity Recreation	1499 Queen St W	Washrooms, Showers	Monday to Thursday 9 a.m. – 1 p.m. Friday – 12:30 p.m. to 4:30 p.m. Saturday & Sunday 11:30p.m to 3 p.m.
Nathan Phillips Square	100 Queen St. W	Washrooms	Monday to Sunday 10 a.m. to 10 p.m.
South Market	91-95 Front St. Lower Level	Washrooms	Tuesday to Friday 9 a.m. to 5 p.m. Saturday 5 a.m. to 4 p.m.
Union Station	65 Front St.	Washrooms	Monday to Sunday 5:30 a.m. to 12:45 a.m.
Wellsley Community Centre	495 Sherbourne St.	Washrooms	Monday to Sunday 9 a.m. to 7p.m.
Jonathan Ashbridges Park	1515 Queen St. E	Washrooms	Monday to Sunday 9 a.m. to Dusk
Jimmy Simmons Recreation Centre	870 Queen St. E	Washrooms	Monday to Friday 9 a.m. to 10 p.m. Saturday & Sunday 9 a.m. to 5 p.m.
Masaryk-Cowan recreation centre	220 Cowen avenue	Washrooms	Monday to Friday 9 a.m to 9 p.m Saturday – 9 a.m. to 5 p.m. Sunday – 9 a.m. to 6 p.m.
HTO Park	339 Queens Quay W.	Washrooms	Monday to Sunday 9 a.m. to Dusk



John Innes Community Recreation Centre	150 Sherbourne St.	Washrooms	Monday to Sunday 9 a.m. to 5p.m.
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Be Sun Safe - Sunscreen available

- 11 Dockside Dr. Sugar Beach/Sugar Beach Park: Locations on walkway near Queens Quay East and at the splash pad.
- 61 Dockside Dr. at Sherbourne Common near the splash pad.
- 339 Queens Quay West - HTO Beach/HTO Park West: Locations on the beach and at Toronto Music Garden

Portable Toilets:

- Alexandra Park, 275 Bathurst St.
- Allan A Lamport Stadium, 1155 King St. W.
- Charles Sauriol Park, 1191 Lawrence Ave E.
- Cherry Beach, 1 Cherry St.
- Dufferin Grove Park, 875 Dufferin St.
- Fleet St. / Bathurst / Fort York, 701 Fleet St.
- Jimmie Simpson Park, 879 Queen St. E.
- Moss Park, 140 Sherbourne St.
- Nordheimer Ravine, 326 Spadina Rd. (Spadina Road and Russell Hill Drive)
- Parkdale Amphitheatre, 1258 Queen St. W.
- Regent Park, 600 Dundas St. E.
- Rosedale Valley, 500 Rosedale Valley Road (approximately)
- Trinity Bellwoods Park, 155 Crawford St.
- Trinity Square, 97-99 James St.



Mobile Healing
Information Sheet

Anishnawbe Health Toronto's 'Mobile Healing' RV will bring COVID-19 testing capability to the Indigenous homeless living rough on the streets of Toronto.

Previous pandemics such as SARS and H1N1 proved to be especially traumatic, distressful, and overwhelming to the health and well-being of Indigenous people. Death, too often was the outcome. Health risk factors and their high prevalence among Indigenous people include diabetes, respiratory illnesses such as pneumonia and others present as vulnerabilities to infectious viruses like COVID-19.

Indigenous people make-up 1 to 2 per cent of Toronto's population and is disproportionately represented at 16 per cent of the homeless population, a high of 38 per cent sleep outdoors.*

The 'MOBILE HEALING' RV in addition to COVID-19 testing will also provide:

- **Primary health care**
- **Wound care**
- **Rapid access to housing and supports**
- **Mental health + Addiction supports/referral**
- **Emergency supplies i.e. water**

Staffing for the '**MOBILE HEALING**' RV will include a Nurse Practitioner, Mental Health & Addictions Counsellor and Housing Worker. Starting June 1, service will operate Monday through Friday, 9:30 AM to 5:00 PM. **For additional information please contact: Jane Harrison, Coordinator 'Mobile Healing' at 416 920-2605 (269) or 416 305-3192. Jharrison@aht.ca**

*Street Needs Assessment, 2018, City of Toronto

*Updated July 8th 2021