



DOWNTOWN YONGE AT HOME



Nature Enthusiast

**9:00AM****Give Yourself a Boost**

Take the long route and grab your favourite light breakfast from a nearby business. Today sounds like a good day to grab a high-energy smoothie at Booster Juice. Check out our [business map](#) for more inspiration.

10:30AM**Bring the outdoors in**

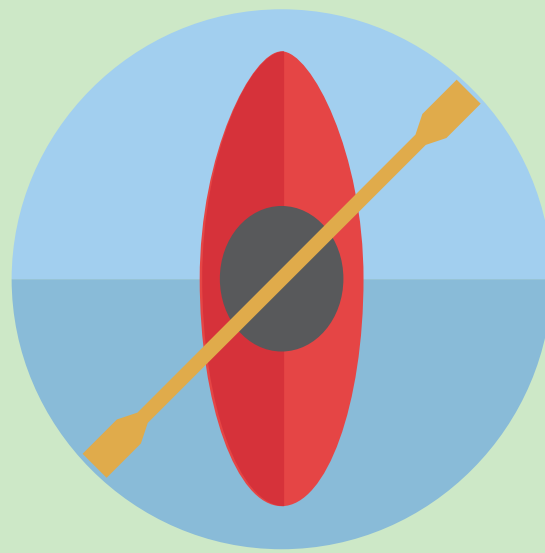
Being stuck inside, away from nature can cause anyone to feel a bit blue. Why not stop by [Tiny Flower](#) and get some indoor plants to boost your mood.

**12:00PM****Broaden your green thumb**

[Ryerson University's Chang School of Continuing Education](#) offers plenty of courses to broaden your knowledge; including Landscape Design Theory, Sociology of Food and Eating and more.

**2:00PM****Find a new hobby**

Check out the [Canadian Tire website](#) for a new outdoor hobby. Do you want to take up bird watching or kayaking perhaps? They've got all the outdoor equipment you could possibly need and they do curbside pick-up!

**5:00PM****Take care of your new friends**

Now that you have your new apartment plants, make sure you learn how to take care of them. Check out the [Toronto Public Library's ebook and audiobook selection](#) for some guides on soil, planting and more!

