



### Social Services still open - Downtown Toronto -September 11, 2020

**NOTE:** During the COVID-19 pandemic, please assist clients seeking shelter to call the Central Intake Line at 416-338-4766, 1-877-338-3398 toll-free or 311 to be referred to available shelter and respites spaces. Temporary shelter and respite sites may not have space to accommodate walk-in referrals. Calling Central Intake in advance is recommended to minimize unnecessary travel in keeping with physical distancing guidelines provided by Toronto Public Health.

Details: <https://www.toronto.ca/community-people/housing-shelter/homeless-help/>

Name	Street Address	Contact Details	Changes/Programs
<b>Church of the Holy Trinity</b>	19 Trinity Square	(416) 598-4521	Food service only at front door <ul style="list-style-type: none"> <li>• Mon-Fri 11:00am-1:00pm</li> </ul>
<b>Covenant House</b>	20 Gerrard St E	(416) 598-4898	<ul style="list-style-type: none"> <li>• All youth programs still running.</li> <li>• Closed for external visitors, except youth and staff.</li> </ul>
<b>Good Shepherd</b>	412 Queen St E	(416) 869-3619	Drop in: <ul style="list-style-type: none"> <li>• Food: Daily 2-4pm</li> </ul>
<b>Lawyers Feed the Hungry</b>	130 Queen St W	(416) 947-3412	Open, no dine-in service, just takeout. <ul style="list-style-type: none"> <li>• Tues &amp; Wed 5pm;</li> <li>• Thurs 6:45am,</li> <li>• Sun 10am</li> </ul>

DOWNTOWN



<p><b>All Saints' Church Community Centre</b></p>	<p>315 Dundas St. East</p>	<p>(416) 368-7768</p>	<p>Drop-In Open. WIFI &amp; Computers available</p> <ul style="list-style-type: none"> <li>• Mon- Thurs- 8am-3pm</li> <li>• Breakfast for women &amp; Trans-identified sex workers- Fri 8am-10:30am</li> <li>• General population-             <ul style="list-style-type: none"> <li>○ Mon, Tues, Thurs- 8am-3pm</li> <li>○ Wed- 10:30am-3pm</li> <li>○ Fri- 10:30am-11am</li> </ul> </li> <li>• Clothing (emergency clothing available) Mon-Thurs- 8am-3pm</li> <li>• Phone access- Mon-Thurs- 8am-3pm</li> </ul>
<p><b>Fred Victor/ Adelaide Resource Centre for Women</b></p>	<p>Fred Victor Open House Drop-In- 145 Queen St East</p> <p>Adelaide Resource Centre for Women- 67 Adelaide St. East</p>	<p>Fred Victor- 416-364-8228</p> <p>Adelaide- (416) 392-9243</p>	<ul style="list-style-type: none"> <li>• Shelters, Women's 24/7 drop-in and respite remain open.</li> <li>• Consumption and treatment services remain open with regular hours.</li> <li>• Food services at 145 Queen and 40 Oak continue to serve meals through takeout.</li> <li>• Employment and Training services closed to walk-ins.</li> <li>• Housing programs continue.</li> <li>• Drop-in at 40 Oak St is closed.</li> </ul> <p><b>Adelaide Resource Centre:</b></p> <ul style="list-style-type: none"> <li>• Open 24/7</li> <li>• Food: 9am, 12pm, 6pm.</li> </ul> <p><b>Fred Victor Drop in-</b></p> <ul style="list-style-type: none"> <li>• Mon-Fri 12-4pm;</li> <li>• Food during these times</li> </ul>
<p><b>Art Heart</b></p>	<p>585 Dundas St E</p>	<p>(416) 203-0034</p>	<p>Closed</p>
<p><b>Salvation Army Gateway</b></p>	<p>107 Jarvis St</p>	<p>(416) 368-8710</p>	<p>Open;</p> <ul style="list-style-type: none"> <li>• Mon, Wed, Thurs, Fri, Sat, Sun 1pm-7pm.</li> <li>• Food during those hours.</li> </ul>

DOWNTOWN



<b>St James Cathedral</b>	106 King St E	(416) 364-7865	<ul style="list-style-type: none"> <li>• Drop-in offering take-away lunch Tuesdays at 1:30pm until further notice, all other programs closed.</li> </ul>
<b>Council Fire</b>	439 Dundas Street East	(416) 360-4350	<p>Open.</p> <ul style="list-style-type: none"> <li>• Mon-Fri 7:30am-4pm, Sat-Sun, 10am-3pm</li> <li>• Food- <ul style="list-style-type: none"> <li>○ Mon-Sun 12:pm-12:30pm</li> <li>○ Tues-Thurs 4pm-4:30pm</li> </ul> </li> </ul>
<b>416 Community Support for Women</b>	416 Dundas St E	(416) 928-3334	Closed
<b>The 519</b>	519 Church St	(416) 392-6874	<p>Building is closed, takeaway meals provided 7 days a week at 519 patio;</p> <ul style="list-style-type: none"> <li>• Mon-Fri, 1pm- 4pm,</li> <li>• Sat-Sun, 12:30pm;</li> <li>• Friendly check-in by phone or email offered (check-ins done once weekly).</li> <li>• <b>Call in for information and referrals:</b></li> <li>• Mon-Fri 10am-7pm, Sat and Sun 10am-4pm</li> </ul>
<b>CRC (Christian Resource Centre)</b>	40 Oak St	(416) 363-4234	<ul style="list-style-type: none"> <li>• Emergency Meal Program take-away items</li> <li>• (Mon &amp; Fri 9-10am, Mon, Tues, Thurs, Fri 12pm-1pm)</li> </ul>
<b>Haven Toronto</b>	170 Jarvis St	(416) 366-5377	<ul style="list-style-type: none"> <li>• Open 8am-5pm daily, take-out meals at breakfast (8am) and lunch (12pm and 3pm).</li> <li>• Access to mail service, laundry and showers.</li> </ul>

DOWNTOWN



<p><b>Margaret's</b></p>	<p>323 Dundas St E</p>	<p>(647) 367-2100</p>	<ul style="list-style-type: none"> <li>• Mon-Sun:             <ul style="list-style-type: none"> <li>○ Breakfast: 7am-8:30am</li> <li>○ Lunch: 10:30am-12pm</li> <li>○ Dinner: 6:30-7:30pm</li> </ul> </li> </ul>
<p><b>Sanctuary Ministries</b></p>	<p>25 Charles St E</p>	<p>(416) 922-0628 ext. 210</p>	<p>Open except AA Group now online.</p> <ul style="list-style-type: none"> <li>• AA Group: Mon, Fri 12pm-1pm.</li> <li>• Food: Tues 10:30am-3pm, Thurs 4:30pm-8pm.</li> <li>• Art Studio: Mon 1:30pm-4:30pm.</li> <li>• Women's Group: 2pm-5pm (upstairs).</li> <li>• Wifi available (5 people at a time in the drop-in) Tues &amp; Fri: 11am-4pm, Thurs &amp; Sun- 5pm-9pm</li> <li>• Clothing: During drop-in hours</li> </ul>
<p><b>Out of the Cold Program</b></p>	<p>Dixon Hall Building- Bleecker St and Carlton St</p>	<p><a href="tel:4168630499">(416) 863-0499</a></p>	<ul style="list-style-type: none"> <li>• All closed. Dixon Hall still open for overnight guests only; 6pm-7:30am.</li> <li>• Tickets handed out at 5pm;</li> <li>• 45 guests per night.</li> </ul>



**Supervised Consumption Sites**

	<b>Regent Park CHC 465 Dundas St. E (at Parliament)</b>	<b>Street Health 338 Dundas St. E (at Sherbourne)</b>	<b>Moss Park 134 Sherbourne (at Queen St. E)</b>	<b>Fred Victor 139 Jarvis (at Queen St. E)</b>	<b>The Works 277 Victoria St. (at Dundas St. E)</b>
<b>Monday</b>	10am-3:30pm	10am-4pm	CLOSED	8:30am-11pm	10am-10pm
<b>Tuesday</b>	12pm-3:30pm	11am-4pm	12-6pm	8:30am-11pm	10am-10pm
<b>Wednesday</b>	10am-3:30pm	10am-4pm	12-6pm	8:30am-11pm	10am-10pm
<b>Thursday</b>	10am-3:30pm	10am-4pm	12-6pm	8:30am-11pm	10am-10pm
<b>Friday</b>	10am-3pm	10am-4pm	12-6pm	8:30am-11pm	10am-10pm
<b>Saturday</b>	CLOSED	CLOSED	12-6pm	11am-7pm	10am-10pm
<b>Sunday</b>	CLOSED	CLOSED	12-6pm	8:30am-11pm	10am-10pm
					<b>By Appointment Only- NO WALKINS</b>

**Access to Phone/Wifi**

<b>Wifi</b>	<b>Phone Access</b>
<b>Sanctuary (25 Charles St. E. - 5 people at a time in the drop-in) Tues &amp; Fri 11am to 4pm, Thurs &amp; Sun 5pm to 9pm</b>	<b>Margaret's Drop-in (323 Dundas St. E)</b>
<b>All Saints Church Community Centre (315 Dundas St. E) Mon to Thurs 8am to 3pm - Computers available</b>	<b>All Saints Church Community Centre (315 Dundas St. E) Mon to Thurs 8am to 3pm</b>



## Phone Mental Health Resources

<b>Mental Health Hotlines</b>	
<b>Victim Support Line:</b>	416-312-2447
<b>Toronto Distress Centre:</b>	416-408-4357
<b>Gerstein Centre:</b>	416-929-5200
<b>Crisis Services Canada:</b>	1-833-456-4566
<b>Obsessive Compulsive Disorder Helpline:</b>	416-920-5887
<b>Trans Lifeline (10am-4am):</b>	1-877-330-6366
<b>Indigenous Hotlines</b>	
<b>Anishnawbe Mental Health Crisis:</b>	416-891-8606
<b>Aboriginal Crisis Intervention Line:</b>	416-531-0330
<b>Talk4Healing (Indigenous Women):</b>	1-855-554-4325
<b>First Nations and Inuit Hope for Wellness Line:</b>	1-855-242-3310
<b>Youth Hotlines</b>	
<b>Kids Help Phone:</b>	1-800-668-6868
<b>Youthdale Mobile Crisis:</b>	416-363-9990
<b>Good 2 Talk (post-secondary students helpline):</b>	1-866-925-5454
<b>LGBT Youth Line:</b>	1-800-268-9688 or; Text 647-694-4275
<b>Seniors Hotlines</b>	
<b>Toronto Seniors Helpline:</b>	416-217-2077
<b>Seniors Safety Line:</b>	1-866-299-1011
<b>Other</b>	
<b>Canadian Human Trafficking Hotline</b>	1-833-900-1010



## Emergency Cooling Centres

ECCC (Environment and Climate Change Canada) issues a Heat Warning when it forecasts two or more consecutive days with daytime maximum temperatures of 31°C or warmer, together with minimum nighttime temperatures of 20°C or warmer, or when there is a forecast of two or more consecutive days with humidex values expected to reach 40 or higher. The Emergency Cooling Centres are offered to residents as a last resort, if they do not have access to a cool space and cannot keep cool in their home or outdoors. Staff who are trained to assist residents affected by the extreme heat will be on hand. Strict infection prevention and control measures will be in place.

Name	Street Address	Contact Details	Time
<b>Metro Hall</b>	55 John St.	(416) 338-0338	24 hrs
<b>Wallace Emerson Community Centre</b>	1260 Dufferin St.	(416) 392-0039	11am-7pm
<b>Regent Park Community Centre</b>	402 Shuter St.	(416) 392-5490	11am-7pm



### Public Washrooms, Showers and Drinking Water

Facility Name	Street Address	Amenities	Hours
<b>Harrison Pool</b>	15 Stephanie St.	Washrooms, Showers, Water	Tuesday to Saturday 8 a.m. to 3:30 p.m.
<b>Lampport Stadium</b>	1155 King Street West	Washrooms, Showers, Water	Starting May 24 Sunday to Thursday 8 a.m. to 3:30 p.m.
<b>Nathan Phillips Square</b>	100 Queen St. W	Washrooms	Monday to Sunday 10 a.m. to 10 p.m.
<b>Regent Park Community Centre</b>	402 Shuter St.	Washrooms, Showers, Water	Sunday to Thursday 10 a.m. to 5:30 p.m.
<b>South Market</b>	91-95 Front St. Lower Level	Washrooms	Tuesday to Friday 9 a.m. to 5 p.m. Saturday 5 a.m. to 4 p.m.
<b>The 519 Community Centre</b>	519 Church St.	Washrooms, Water	Monday to Friday 9:30 a.m. to 5 p.m. Saturday and Sunday 10 a.m. to 4 p.m.
<b>Union Station</b>	65 Front St.	Washrooms	Monday to Sunday 5:30 a.m. to 12:45 a.m.





## **Portable Toilets**

Portable toilets are available at the following locations:

- Alexandra Park, 275 Bathurst St.
- Jimmie Simpson Park, 870 Queen St. E.
- Regent Park, 600 Dundas St. E
- Wellesley Community Centre, 495 Sherbourne St. – Outside the Community Centre
- Moss Park, 150 Sherbourne St.
- Sunnyside Park, 1755 Lake Shore Blvd. W.
- Little Norway Park, 659 Queen's Quay W.
- North-West corner of Lake Shore Blvd. and Spadina Ave. near the Gardiner/Lakeshore encampment



## **'Mobile Healing'**

### **Information Sheet**

**Anishnawbe Health Toronto's 'Mobile Healing' RV will bring COVID-19 testing capability to the Indigenous homeless living rough on the streets of Toronto.**

Previous pandemics such as SARS and H1N1 proved to be especially traumatic, distressful, and overwhelming to the health and well-being of Indigenous people. Death, too often was the outcome. Health risk factors and their high prevalence among Indigenous people include diabetes, respiratory illnesses such as pneumonia and others present as vulnerabilities to infectious viruses like COVID-19. Indigenous people make-up 1 to 2 per cent of Toronto's population and is disproportionately represented at 16 per cent of the homeless population, a high of 38 per cent sleep outdoors.\*

The 'MOBILE HEALING' RV in addition to COVID-19 testing will also provide:

- **Primary health care**
- **Wound care**
- **Rapid access to housing and supports**
- **Mental health + Addiction supports/referral**
- **Emergency supplies i.e. water**

Staffing for the '**MOBILE HEALING**' RV will include a Nurse Practitioner, Mental Health & Addictions Counsellor and Housing Worker. Starting June 1, service will operate Monday through Friday, 9:30 AM to 5:00 PM. **For additional information please contact: Jane Harrison, Coordinator 'Mobile Healing' at 416 920-2605 (269) or 416 305-3192. [Jharrison@aht.ca](mailto:Jharrison@aht.ca)**

\*Street Needs Assessment, 2018, City of Toronto