

							Nov ember
Septe mber	October 2026						
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
				1 10:15 AM – Leave ZP for Bowling at Maple Lanes in Claremont, NH, 11 AM -1:30 PM. 2:45 PM – Corn Hole with Sarah and Lydia at ZP.	2 10 AM - Leave ZP for Swimming at UVAC. 10:45-11:45. 12:30 PM – Lunch at ZP. 1:30 PM – Leave for Robinson's Camp (Beth) in Bridgewater, VT, for an afternoon of Fall Fun!!	3	
4	5 10:30 AM- Book group with Bobbi and friends, 10:30-11. Tom Barrett will join us from 11:00 to 11:30. 12:45 PM – Leave ZP for Clay with Fiona, 1-2 PM. 2:30 PM- Science with Linda at ZP.	6 9:45 AM- Leave ZP for the Town Hall Theater to see "Secondhand Lions" 10-12 PM. RSVP 1:30 PM – Fitness, Dance, and fun with Angel Rubino. 3-4:30 PM- Dancing with Z Stars Practice at the Little Theater	7 9:45 AM- Leave to cycle the Rail Trail with Vermont Adaptive at Pat Walsh Park in Lebanon, NH. Directions will be in the email. Bring lunch and a water bottle. RSVP 3 PM – Music with Kerry at ZP.	8 10:30 AM – Art with Sarah and Lydia at ZP. 1:15 PM – Singing with Coorie at ZP. 2:30 PM- Yoga with Amanda at ZP.	9 10 AM- Leave ZP to see "Noli Timere" at the HOP, part of the school matinee Series, 11- 12 PM. RSVP 1:30 PM – Arts and Crafts with Kiki at Zack's Place. 3 PM- Karaoke with Lydia and Kiki at ZP.	10	
11	Closed for Indigenous Peoples Day	13 9:30 AM- Program with Road to Independence, visit with the Donkeys at A T Acres in Hanover, NH. RSVP 1:30 PM – Pickleball with Sarah and Lydia at ZP. 3-4:30 PM- Dancing with Z Stars Practice at the Little Theater.	14 9:45 AM- Leave to cycle the Rail Trail with Vermont Adaptive at Pat Walsh Park in Lebanon, NH. Directions will be in the email. Bring lunch and a water bottle. RSVP 3 PM – Music with Kerry at ZP.	15 10:15 AM – Leave ZP for Bowling at Maple Lanes in Claremont, NH, 11 AM -1:30 PM. 2:45 PM – BINGO with Lydia and Sarah at ZP.	16 10 AM - Leave ZP for Swimming at UVAC. 10:45-11:45. 1:30 PM- Music and Singing with Kathleen and Mark at ZP. 3 PM- Pilates with Cathy Chambers at ZP.	17	
18	19 10:30 AM- Book group with Bobbi and friends, 10:30-11. Tom Barrett will join us from 11:00 to 11:30. 12:45 PM – Leave ZP for Clay with Fiona, 1-2 PM. 2:30 PM- Science with Linda at ZP.	20 10:30 AM – Cooking with Steve Nulsen at ZP. 1:15 PM – Pickleball with Sarah and Lydia at ZP. 3-4:30 PM- Dancing with Z Stars Practice at the Little Theater.	21 9 AM- Leave ZP for the Dead Creek Wildlife Management Area and Snow Geese Migration in Dead Creek, VT. We will make a day of it. We will have a private tour of the visitor's center and exhibits, a slideshow, a picnic lunch, a walk exploring the outdoors, and a short drive to see the migrating birds. RSVP	22 10:15 AM- Leave ZP for a farm program at Billings Farm, 10:30-11:30. 1 PM- Felting with Kaylin at ZP. 2:30 PM- Yoga with Amanda at ZP.	23 9:45 AM – Leave ZP for Tip Top Pottery, 10:30-11:30 AM. 1:30 PM – Pumpkin carving with Lydia and Kiki at ZP. 3 PM- Pilates with Cathy Chambers at ZP.	24	
25	26 10:30 AM- Book group with Bobbi and friends, 10:30-11. Tom Barrett will join us from 11:00 to 11:30. 1:30 PM– Art with Mon at ZP. 2:30 PM- Science with Linda at ZP.	27 11 AM – Art with Finnie at ZP. 1:30 PM – Pickleball with Sarah and Lydia at ZP. 3-4:30 PM- Dancing with Z Stars Practice at the Little Theater.	28 9:45 AM- Leave ZP for a program at Moonrise Farm, 10-11:30/12. We will visit the horses, do some grooming, and learn about horses and farm life. RSVP 1:30 PM – Beach Ball Volleyball with Lydia at ZP. 3 PM – Music with Kerry at ZP.	29 10 AM – Leave ZP for a Halloween Costume Party at Visions in Hanover. We will have lunch, games, and dancing!! RSVP 3 PM – Fitness, Dance, and fun with Angel Rubino.	30 10 AM - Leave ZP for Swimming at UVAC. 10:45-11:45. 1:30 PM- Mindfulness and Movement with Kaylin at ZP. 2:45 PM- Halloween crafts with Kiki at ZP and some Halloween treats.	31	