

Blue = Bus Trip **OCTOBER 2019**

Su n	Mon	Tue	Wed	Thu	Fri	S at
		110AM- Leave ZP to hike up MT. Tom,meetingat the entrance on Prosper Rd. around 10:15. Return to ZP at 12:00pm. 1PM -Drumming with Ted 3PM -Yoga withTita 4:15PM - Reading with Diane Dugan	210:45- Leave for the Windsor American Legion for the "Harvest Dance" 11:30- 1:15, lunch included! Leave Windsor at 1:30, arriving Zack's Place at 2PM. 3PM - Singing with Kerry 4:15PM - Reading with Bettyanne	3 10AM- Leave for Cycling with VT Adaptive on the Rail trail. (Bring a lunch) Leave cycling at 1:15 arriving ZP at 2PM. 3PM -Yoga with Amanda	4 10AM- Leave for Maple Lanes Bowling in Claremont. Leave ML at 1:15 arriving ZP at 2PM. 3PM -Art with Caitlin	5
6	7 10AM -Leave for UVAC for swimming. Leave swimming at 11:30 arriving ZP at 12pm. 1PM -Art with Bonnie and Lolly. 3PM -Karaoke with Kitty	8 11AM- Story telling with Jools 1PM -Cooking with sarah 3PM -Yoga withTita 4:15PM - Reading with Diane Dugan	99:30AM -Leave for Apple picking atWellwoodorchards.Leav eWellwood orchards at 11:30 arriving ZP at 12pm. 1PM - Art with Lynn VanNatta 3PM - Singing with Kerry 4:15PM -Reading with Bettyanne	10 10AM- Leave for Cycling with VT Adaptive on the Rail trail. (Bring a lunch) Leave cycling at 1:15 arriving ZP at 2PM. 3PM -Yoga withLalita	11 11AM -Yoga/Dance with Liz Barker 1PM -Music with Mark and Kathleen 3PM -Art with Caitlin	1 2
13	14 CLOSED FOR COLUMBUS DAY!!	159AM- Leave for LOH to see "Bubblemania" 10-11. Leave LOH at 11:15 arriving ZP at 12 noon. 1PM - Drumming with Ted 3PM -Yoga with Jamie 4:15PM - Reading with Diane Dugan	16 11AM - Fitness with Bari 1PM - Art with Lynn VanNatta 3PM - Singing with Kerry 4:15PM - Reading with Bettyanne	17 10AM -Leave for Riverview Farm in Plainfield NH for a stroll through the corn maze, a picnic lunch and checking out the pumpkin patch. (if you would like to purchase a pumpkin, bring \$\$.) 3PM -Yoga withAmanda	18 9:30AM -Leave for Vins& explore the new canopy walk ,at 11am join in the raptor program. Return to ZP at 12/12:15pm 1PM -Cooking with Doug 3PM -Art with Caitlin	1 9
20	21 10:30AM -Billings Farm Program 1PM -Pottery with Fiona at Artistree 3PM -Walk around town, deliver turkey trot posters, visit friends at local businesses, or crafts with Kitty, weather depending...☺	22 10AM- Leave for Maple Lanes Bowling in Claremont. Leave ML at 1:15 arriving ZP at 2PM. 3PM -Yoga with Lalita 4:15PM - Reading with Diane Dugan	23 9AM- Leave for the HOP to see "Isango Ensemble". 10-11. Leave the HOP at 11:15 arriving ZP at 12 noon 1PM - Art with Lynn VanNatta 3PM - Singing with Kerry 4:15PM - Reading with Bettyanne	24 11AM- Story telling with Jools 1PM -Games with Carl 3PM -Yoga withAmanda	25 11AM -Yoga/Dance with Liz Barker 1PM -Music with Mark and Kathleen 3PM -Art with Caitlin	2 6
27	28 10AM -Leave for UVAC for swimming. Leave swimming at 11:30 arriving ZP at 12pm. 1PM -Pottery with Fiona at Artistree 3PM - Pumpkin decorating with Kitty	29 10:30AM -Billings Farm Program 1PM -Games with Carl 3PM -Yoga with Jamie 4:15PM - Reading with Diane Dugan	30 11AM - Fitness with Bari 1PM - Art with Lynn VanNatta 3PM - Singing with Kerry 4:15PM - Reading with Bettyanne	31 10AM -Meet at the town hall thetar to view "Hocus pocus" on the big screen 1:00PM -Get into Halloween costumes, have a small Halloween party,at 1:50, walk to the green to watch the WES Halloween parade! 3PM - Yoga with Lalita	HAPPY HALLOWEEN 	