

November 2019						
Su n	Mon	Tue	Wed	Thu	Fri	Sa t
		<b>BLUE= BUS TRIP</b>  Reading each week at 4:15P with Diane Dugan	Reading each week at 4:15P with Bettyanne McGuire		<b>11AM</b> -Story telling with Jools  <b>1PM</b> -Cooking with Doug, and take a walk around town for some exercise. <b>3PM</b> -Art with Caitlin	
<b>3</b>	<b>4</b> <b>11AM</b> - Games with Carl <b>12:45PM</b> - Leave for Artistree, Pottery with Fiona. Leave Artistree at 1:50PM arriving ZP at 2PM. <b>3PM</b> -Kareoke with kitty	<b>5</b> <b>10AM</b> - Leave for swimming at UVAC. Leave UVAC at 11:45 arriving ZP at 12:15.  <b>1PM</b> - Drumming with Ted <b>3PM</b> - Yoga with Jamie	<b>6</b> <b>10AM</b> - Leave for Frates Family Farm, take a hike and cut greens for flower box decorating.  <b>1PM</b> - Art with Lynn VanNatta <b>3PM</b> - Music with Kerry	<b>7</b> <b>9AM</b> -Leave for LOH "Infinitus String Trio" <b>10-11</b> .Leave LOH at 11:15 arriving ZP at 12 noon. <b>1PM</b> -Cooking with Sarah <b>3PM</b> - Yoga with Lalita	<b>8</b> <b>11AM</b> -Yoga dance with Liz Barker  <b>1PM</b> -Program with Dapica who is from Nepal. Learn about their culture and do some cooking. <b>3PM</b> -Art with Caitlin	<b>9</b>
<b>10</b>	<b>11</b> <b>CLOSED for VETERANS DAY!</b>	<b>12</b> <b>10AM</b> -Leave for Bowling at maple Lanes. Leave ML at 1:15 arriving ZP at 2PM.  <b>3PM</b> - Yoga with Tita	<b>13</b> <b>11AM</b> -Fitness with Bari  <b>1PM</b> - Art with Lynn VanNatta <b>3PM</b> - Music with Kerry	<b>14</b> <b>9:30AM</b> -Leave for Montshire Museum. Free time 10:15-11, program 11-12, lunch 12-1. Leave the Montshire at 1PM arriving ZP at 1:45.  <b>3PM</b> - Yoga with Amanda	<b>15</b> <b>11AM</b> - Yoga dance with Liz Barker  <b>1PM</b> -Music with mark and Kathleen <b>3PM</b> -Art with Caitlin	<b>16</b>
<b>17</b>	<b>18</b> <b>11AM</b> - Games with Carl <b>12:45PM</b> - Leave for Artistree, Pottery with Fiona. Leave Artistree at 1:50PM arriving ZP at 2PM. <b>3PM</b> - Crafts with Kitty	<b>19</b> <b>10AM</b> - Leave for swimming at UVAC. Leave UVAC at 11:45 arriving ZP at 12:15.  <b>1PM</b> - Drumming with Ted <b>3PM</b> - Yoga with Tita	<b>20</b> <b>11AM</b> -Fitness with Bari  <b>1PM</b> - Art with Lynn VanNatta <b>3PM</b> - Music with Kerry	<b>21</b> <b>11AM</b> -Take a walk around town with our Zack's Place Turkey, (Sarah), who will be dressed up in the turkey costume, walking with the ZP gang while promoting the Turkey Trot  <b>1PM</b> -Art with Lolly <b>3PM</b> - Yoga with Lalita	<b>22</b> <b>11AM</b> -Story telling with Jools  <b>1PM</b> -Music with mark and Kathleen <b>3PM</b> -Art with Caitlin	<b>23</b>
<b>24</b>	<b>25</b> <b>10AM</b> - Walk to Billings Farm for a Thanksgiving themed program. 10:30-11:30. <b>12:45</b> - Leave for Artistree, Pottery with Fiona. Return at 2PM. <b>3PM</b> - "Paracord"bracelet making with John and Kitty.	<b>26</b> <b>10AM</b> -Leave for Bowling at maple Lanes. Leave ML at 1:15 arriving ZP at 2PM.  <b>3PM</b> - Yoga with Jamie	<b>27</b> <b>11AM</b> -Fitness with Bari  <b>1PM</b> - Art with Lynn VanNatta <b>3PM</b> - Music with Kerry	<b>28</b> <b>Closed for Thanksgiving! Please come Join us for the Turkey Trot!!</b> 	<b>29</b> <b>Closed for the Thanksgiving holiday!</b> 	<b>30</b>