

November 2019

Su n	Mon	Tue	Wed	Thu	Fri	Sa t
		BLUE= BUS TRIP Reading each week at 4:15P with Diane Dugan	Reading each week at 4:15P with Bettyanne McGuire		11AM -Story telling with Jools 1PM -Cooking with Doug, and take a walk around town for some exercise. 3PM -Art with Caitlin	2
3	4 11AM- Games with Carl 12:45PM- Leave for Artistree, Pottery with Fiona. Leave Artistree at 1:50PM arriving ZP at 2PM. 3PM-Kareoke with kitty	5 10AM- Leave for swimming at UVAC. Leave UVAC at 11:45 arriving ZP at 12:15. 1PM- Drumming with Ted 3PM- Yoga with Jamie	6 10AM- Leave for Frates Family Farm, take a hike and cut greens for flower box decorating. 1PM- Art with Lynn VanNatta 3PM- Music with Kerry	7 9AM-Leave for LOH "Infinitus String Trio" 10-1.Leave LOH at 11:15 arriving ZP at 12 noon. 1PM-Cooking with Sarah 3PM- Yoga with Lalita	8 11AM-Yoga dance with Liz Barker 1PM-Program with Dapica who is from Nepal. Learn about their culture and do some cooking. 3PM-Art with Caitlin	9
10	11 CLOSED for VETERANS DAY!	12 10AM-Leave for Bowling at maple Lanes. Leave ML at 1:15 arriving ZP at 2PM. 3PM- Yoga with Tita	13 11AM-Fitness with Bari 1PM- Art with Lynn VanNatta 3PM- Music with Kerry	14 9:30AM-Leave for Montshire Museum. Free time 10:15-11, program 11-12, lunch 12-1. Leave the Montshire at 1PM arriving ZP at 1:45. 3PM- Yoga with Amanda	15 11AM- Yoga dance with Liz Barker 1PM-Music with mark andKathleen 3PM-Art with Caitlin	16
17	18 11AM- Games with Carl 12:45PM- Leave for Artistree, Pottery with Fiona. Leave Artistree at 1:50PM arriving ZP at 2PM. 3PM- Crafts with Kitty	19 10AM- Leave for swimming at UVAC. Leave UVAC at 11:45 arriving ZP at 12:15. 1PM- Drumming with Ted 3PM- Yoga with Tita	20 11AM-Fitness with Bari 1PM- Art with Lynn VanNatta 3PM- Music with Kerry	21 11AM-Take a walk around town with our Zack's PlaceTurkey, (Sarah), who will be dressed up in the turkey costume, walking with the ZP gang while promoting theTurkey Trot 1PM-Art with Lolly 3PM- Yoga with Lalita	22 11AM-Story telling with Jools 1PM-Music with mark andKathleen 3PM-Art with Caitlin	23
24	25 10AM- Walk to Billings Farm for a Thanksgiving themed program. 10:30-11:30. 12:45- Leave for Artistree, Pottery with Fiona. Return at 2PM. 3PM- "Paracord"bracelet making with John and Kitty.	26 10AM-Leave for Bowling at maple Lanes. Leave ML at 1:15 arriving ZP at 2PM. 3PM- Yoga with Jamie	27 11AM-Fitness with Bari 1PM- Art with Lynn VanNatta 3PM- Music with Kerry	28 Closed for Thanksgiving! Please come Join us for the Turkey Trot!! 	29 Closed for the Thanksgiving holiday! 	30