

AUGUST 2021

LINWOOD SENIOR SERVICES NEWS

Program Coordinator.....Maria S McIntyre, maria.mcintyre@gcsc.org

Van Driver.....Tracey Brumlik-off for the summer, **HIRING for full time**

Cook & Kitchen....Cindy Ross, Fred Germain, Michele Smith, Janny Betich, the Goode guys & Grm Sue!

Home delivered Meals Coordinator...Pam Webster

194 Pollard Road

PO Box 461

Lincoln NH 03251

603-745-4705

***Thank you Home-Delivered-Meals-Drivers! We are still looking for Mon & Tuesday drivers! Please consider helping out!

Linwood Senior Center is on our organizations' website at www.gcsc.org

Hi Everyone! AUGUST? ALREADY? There are lots of community events and Senior Center events to announce for this month so make sure you read everything and call me if you have any questions.

For us to offer our services to the folks who need meals on wheels, we need volunteers to HOME DELIVER meals any day of the week. We still have a few shifts that need to be filled.

free lunch and mileage reimbursement

For us to offer services to the folks who need rides for appointments to the doctor's office, the dentist office, the hair salon, Hannaford's, Market Basket, etc... we are hiring for permanent, paid VAN DRIVER: call for details, very flexible hours, 9-passenger van, don't need a CDL



ANNUAL \$10 fundraiser discount card I have 30 left! It saves you more money than the price of the card:

**** 100% of proceeds goes to the Linwood Senior Center and its activities.

GRAB & GO or *GRAB & STAY* Have lunch still served outside, drive-up style, but stay and -HAVE LUNCH at the town's new picnic area created by the Linwood Town Recreation Department's Adventure Campers!!

PLEASE CALL AHEAD TO RESERVE **GRAB-n-GO, or GRAB-n-STAY** MEALS
(reservations will tell us how much food to order for the week, thank you)

BAKE SALE! ONCE A MONTH: see menu below: INCLUDES HOME-MADE BREAD & DONATED GOODIES (and Janny's carrot cake that can sell up to \$6 a slice, but not with our "pay by donation" rate!)

LEGION post 83 NEWS: I am in the planning stages of the first **PAINT AND SIP** in 2 years--stay tuned!♦Queen of Hearts still going strong if you want to play—proceeds benefit the post and their building of a Veteran's Center off East Side Road--Call Jim at the post for details!



Lincoln & Woodstock, NH
National Night Out Event
Tuesday August 3rd, 2021
At the Hobo Railroad
4:00PM – 8:00PM Celebrating Police,
Fire, and EMS service!
Service Animals Only. Alcohol-Free

VERMONT INSTITUTE OF NATURAL SCIENCE:
You won't want to miss this magical presentation that
will include 2 live owls! Call me to get the email link.
For Wednesday, August 18, 10:30am-11am JOIN US
ON ZOOM!



AUGUST MENU 2021

Grab and Go: every Wednesday & Thursday, 11:30-12:30, and drive-through style
Home Delivered Meals: every Wednesday, Thursday, Friday (aka; meals on wheels)

*MENU SUBJECT TO CHANGE ☺ *A \$3 donation is requested for each meal. For those under 60, the price is \$5

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>2 WE NEED DRIVERS!</p>	 <p>2 WE NEED DRIVERS!</p>	  <p>Baked Chicken Rice Pilaf Carrots n Apples Salad</p>	  <p>5 Shepherd's Pie Mashed potato Corn Cole Slaw Fruit cup</p>	 <p>6 Baked Ham Mashed Potato Green Beans Cole Slaw Fruit cup</p>
<p>9 WE NEED MEALS ON WHEELS DRIVERS FOR MONDAY AND TUESDAY'S</p>	<p>10 WE NEED MEALS ON WHEELS DRIVERS MONDAY AND TUESDAY'S</p>	<p>11 Roast Turkey Stuffing/Gravy Sweet potato Brussel Sprouts ----- Salad Fruit cup</p>	<p>12 Pot Roast Mashed Potato Peas and Carrots ----- Salad Fruit cup</p>	<p>13 Waffles Berry Sauce Sausage Hash Browns ----- Fruit cup</p>
<p>16 Bake sale Wednesday & Thursday</p>	<p>17 Bake sale Wednesday & Thursday</p>	<p>18 Meatloaf Roasted Potato Spinach ----- Cole Slaw Fruit Cup *BAKE SALE*</p>	<p>19 Roast Pork Gravy Mashed Potato ----- Carrots Fruit cup</p>	<p>20 Grilled Cheese Chicken Noodle Soup ----- Cole slaw Fruit cup</p>
 <p>23 DRIVER'S NEEDED FOR MON & TUES</p>	 <p>24 DRIVER'S NEEDED FOR MON & TUES</p>	<p>25 Hamburgers Baked Beans Home fries ----- Cole slaw Fruit cup</p>	<p>26 Baked Pollock Lemon Rice Pilaf Peas and Carrots ----- Corn Muffin Fruit Cup</p>	<p>27 Meat Lasagna Mixed Vegetable ----- Salad Fruit cup</p>

**At the Lincoln Public
Library**

August 2, 2021, 3:30pm: Fun, Games, and Root Beer Floats!

22 Church St, Lincoln, NH—an OUTDOOR event

Summer Reading Finale with local Rock & Roll musician, "BOB KING"

Please visit our site on Facebook so that we can get the word out of all that we are doing at

LINWOOD SENIOR SERVICES

