

HEALTHY WORKPLACES CONFERENCE & AWARDS 2022

Wellness to Vitality @Workplace
02 December 2022 | The Lalit, Bangalore

CONFERENCE AGENDA

2ND DECEMBER 2022

TIMING	EVENT FLOW	TOPIC	SPEAKERS
9:30 am - 10:00 am	Registration		
10:00 am - 10:10 am		Welcome remarks	Dr Nalini Saligram Founder & CEO - Arogya World
10.10 am - 10.30 am	Key Note Address	The Future of work is Holistic Employee Well being	Sunita Rebecca Cherian Chief Culture Officer & Senior Vice President Human Resources, Wipro
10.30 am - 10.40 am	Guest of Honour Address		Ranjan Kumar Mohapatra Director Human Resources, Indian Oil & Chairman, Lanka IOC
10:40 am - 11.40 am	CEO Panel Discussion	Employee Wellbeing - A business imperative	<ol style="list-style-type: none"> Santhosh Mahalingam CEO & Co-Founder, Mikro Grafeio Ashish Khanna CEO - Tata Power Renewable Energy Limited Ramkumar Narayanan VP Technology & Managing Director VMware India, NASSCOM Executive Council, Chairperson NASSCOM Product Council. Sarthak Ranade MD - Janssen India & South Asia (J&J) Nitin Dave CEO - Qness Staffing
11:40 am - 11:50 pm	Tea Break		
11:50 am - 12:05 pm	Expert's Insights	Building an Ecosystem around Holistic Wellbeing	Wolf Kirsten Co-Founder & Co-Director - Global Centre for Healthy Workplaces
12:10 pm - 1:00 pm	Debate	A Framework for the Future: Guiding Principles for Sustaining a Healthy Workplace Culture and return to work	<ol style="list-style-type: none"> Dr Ashish Vijay Jain GSK - Global Health and Wellness Leader, Employee benefits and occupational health Dr Shubnum Singh Principal advisor health policy - CII, Board Member Healthcare sector skills council. Sangeeta Chandran Head, Safety and Well Being programs at TCS, Founder - Dandelions Talk. Dr Sandeep Sharma General Manager Corporate HSE-Medical - Indian Oil Corporation Limited
1:00pm - 1:45 pm	Lunch Break		
1:45 pm - 2:10 pm	Videos	Best Practice Sharing	2022 Healthy Workplaces
2:15pm - 2:45 pm	Mental Health for Workplace Resilience	A stressbuster session	
2:45 pm - 3:20pm	Fireside Chat	Creating an environment of empathy and inclusivity - Handling mental health conversations at workplace.	Dr Ashwin Naik Workplace Mental Health & Access To Care, Founder - Manah Wellness on a Fireside chat with Mohana MD Chief People & Culture Officer BetterPlace Ex GBS Standard Chartered Bank, Ex Director HR SAP London
3:20 pm - 3:25 pm	Special Guest	Happiness Through Holistic health	Dr R Rajesh Group Head, Medical Services Reliance Industries Limited
3:25 pm - 4:25 pm	Felicitation & Awards		
4:25 pm - 4:30 pm		Closing remarks	Srabani Banerjee Head - Healthy Workplaces Program Arogya World
4:30 pm - 5:30pm	High Tea & networking		

PARTNERS & SPONSORS



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LOOK FORWARD TO SEE YOU AT THE EVENT. THANK YOU !