

# **Special Event: Book Discussion and Signing!**

*NAMI Queens/Nassau is honored to present*



**Dr. Lloyd I. Sederer,**

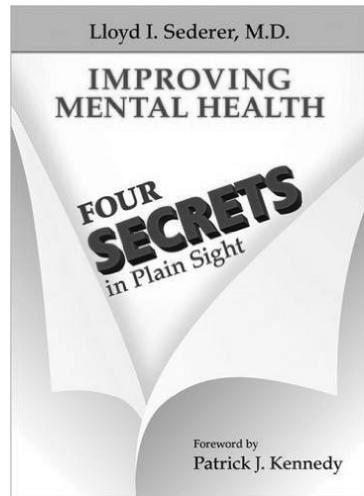
Chief Medical Officer, NYS Office of Mental Health  
Medical Editor, mental health for the Huffington Post

*who will discuss and sign his book*

## **Improving Mental Health: Four Secrets in Plain Sight**

February 22, 2017\* at 7:00-9:30pm  
Zucker Hillside Hospital, Sloman Auditorium

\*please note the February monthly meeting will not meet on February 15th,  
but on this date instead.



As Patrick Kennedy writes in the book's forward, "In the pages that follow, Lloyd I. Sederer, M.D., has distilled the lessons he has learned after more than 40 years of helping people with mental illness and addictions return to lives of love and contribution. As the Chief Medical Officer of the NYS Office of Mental Health, the nation's largest state mental health system, he has invaluable insights to share with the next generation of professionals and the patients and families they serve."

At the heart of the message is a fundamental recognition of the dignity and worth of each person—both practitioner and patient. As Dr. Sederer acknowledges, no one chooses to have a mental illness or addiction; we are all wired for human connection, to love and be accepted. Knowing the biological basis for these illnesses is only the first step in treating them, and the traditional medical response is only one leg of the stool. Any comprehensive treatment must include a strong psychosocial component."

Don't miss this special opportunity to hear Dr. Sederer discuss his insights and ideas! (Books will be available for purchase.)



**AnneMarie Ciccarella**

NAMI Queens/Nassau's Social Media Coordinator

*will also be there to talk about*

**How to use social media to bring awareness,  
build community, and broaden the conversation.**