

RESEARCH OPPORTUNITY

NAMI is committed to improving the lives of people impacted by mental health conditions through effective treatments, equitable public policies, and greater knowledge and understanding in society. Research is essential to advance each of these goals.

When NAMI is approached to be involved in research of any type, at any level, we take it very seriously. NAMI's Chief Medical Officer Dr. Ken Duckworth and National Director of Research and Quality Assurance Dr. Teri Brister thoroughly review the research protocols and methodology and the documentation that the study has been approved an Institutional Review Board (IRB) to assure the safety of those involved.

NAMI does not accept financial compensation for recruiting research participants. NAMI also does not endorse any products or treatments. We share these research opportunity notices with you, our field leaders, to distribute at your discretion if you believe that members of your community may be interested in participating in these studies.

If you have questions about research at NAMI, please visit [NAMI.org/research](https://www.nami.org/research) or email research@nami.org.

WHAT IS THE STUDY?

This study is an anonymous online survey about the mental health impacts of the COVID-19 pandemic (coronavirus). The goal of the study is to learn more about how the pandemic, stay-at-home orders, financial and social changes may affect your mental health and wellbeing. Participants will be asked questions about their experiences in the past three months, any physical or mental health symptoms, and how they are feeling and coping. Participants who report significant mental health difficulties, including suicidal ideation, will be offered online and virtual support resources. The survey will take approximately 45 minutes to complete.

WHO CAN PARTICIPATE?

Individuals may be eligible for this study if they:

- Are aged 18 or older

There will be approximately 2,500 people participating in this study.

WHERE IS THE STUDY TAKING PLACE?

Participants can access the survey using this link:

https://tccolumbia.qualtrics.com/jfe/form/SV_8FXhBVhIOsB3yRL

HOW DO I LEARN MORE?

If you have questions or would like more information, please refer to the study consent form available at the survey link or contact the study coordinator at Jenelle.Richards@mountsinai.org.