



UPDATE

August 15, 2017

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*Prepared by the U.S. Department of Health and Human Services,
National Institutes of Health, National Institute of Mental Health,
Office of Constituency Relations and Public Liaison*

MOOD STABILIZING MEDICATIONS AN EFFECTIVE OPTION FOR OLDER ADULTS WITH BIPOLAR DISORDER

Two standard medications for bipolar disorder were effective in controlling symptoms at doses tailored to older people in a clinical trial of treatment in adults over age 60. The findings are an important step towards filling an existing gap in evidence-based guidance for treatment of bipolar disorder in older adults. This study, funded by the National Institute of Mental Health (NIMH), sought to provide information on the effectiveness of lithium or a traditional alternative, divalproex, in older adults.

Science Update: <https://www.nimh.nih.gov/news/science-news/2017/mood-stabilizing-medications-an-effective-option-for-older-adults-with-bipolar-disorder.shtml>

BREAKTHROUGH METHOD YIELDS TROVE OF NEURON SUBTYPES, GENE REGULATORS; MOLECULAR PROFILING MAY BE KEY TO COMPILING BRAIN'S "PARTS LIST"

With funding from the National Institutes of Health (NIH) BRAIN Initiative, NIMH-funded researchers have discovered a trove of neuronal subtypes and gene regulators, using a new method they developed. It allows for the discovery of subtypes based on their unique profiles of molecular switches that regulate gene expression within the cell. This opens the door to potentially discovering any changes in such profiles that may be traceable to specific neuron subtypes in brain disorders, say the researchers.

Press Release: <https://www.nimh.nih.gov/news/science-news/2017/breakthrough-method-yields-trove-of-neuron-subtypes-gene-regulators.shtml>

PATIENT-DERIVED SUPPORT CELLS STUNT MOUSE BRAIN DEVELOPMENT; ERRANT GLIA MAY UNDERLIE CHILDHOOD-ONSET SCHIZOPHRENIA ILLNESS PROCESS

At least some cases of schizophrenia may be caused by an illness process rooted in wayward support cells instead of the neurons they sustain, suggest experiments by NIMH-funded researchers. Such glial cells, generated via a disease-in-a-dish technology from patients with childhood onset schizophrenia, stunted neural circuit development when grafted into developing mouse brains. The animals grew up to display anxiety-like behaviors, antisocial tendencies, sleep-disturbances, and a lack of motivation, mimicking some features of the human illness. They reported on their findings in *Cell Stem Cell*. An accompanying editorial heralds their discovery as “one of the most creative and compelling uses of stem cell technology for disease modeling” – with potential implications for improved treatments.

Science Update: <https://www.nimh.nih.gov/news/science-news/2017/patient-derived-support-cells-stunt-mouse-brain-development.shtml>

MIDLIFE CARDIOVASCULAR RISK FACTORS MAY INCREASE CHANCES OF DEMENTIA; NIH FUNDED STUDY SUPPORTS LINK BETWEEN COGNITION AND VASCULAR HEALTH

A large, long-term study suggests that middle-aged Americans who have vascular health risk factors, including diabetes, high blood pressure, and smoking, have a greater chance of suffering from dementia later in life. The study, published in *JAMA Neurology*, was funded by the NIH.

Press Release: <https://www.nih.gov/news-events/news-releases/midlife-cardiovascular-risk-factors-may-increase-chances-dementia>

PAIN RELIEF MOST REPORTED REASON FOR MISUSE OF OPIOID PAIN RELIEVERS; STUDY SUGGESTS NEED FOR IMPROVED ACCESS TO EVIDENCE-BASED PAIN MANAGEMENT

More than one-third of adults nationwide reported prescription opioid use in 2015, with substantial numbers reporting misuse and use disorders, reveals a report compiled to estimate the prevalence of, and explore the motivations for, opioid use and misuse. The data showed that pain relief was most commonly cited as the reason for the misuse of opioids and that close to half of those who misused obtained them free from a family member or friend. This research could help inform strategies to address prescription opioid misuse and overdose deaths as well as other related health and social problems. The results also indicate that economic disadvantage and behavioral health problems may be associated with prescription opioid misuse. It was authored by scientists from the U.S. Department of Health and Human Services (HHS), including the National Institute on Drug Abuse (NIDA), the Substance Abuse and Mental Health Services Administration (SAMHSA), and the Office of the Assistant Secretary for Planning and Evaluation.

News Release: <https://www.drugabuse.gov/news-events/news-releases/2017/07/pain-relief-most-reported-reason-misuse-opioid-pain-relievers>

ENERGY DRINKS AND RISK TO FUTURE SUBSTANCE USE

New research funded by NIDA suggests that college students who regularly consume energy drinks are at a greater risk for future alcohol use disorder, cocaine use, or nonmedical use (misuse) of prescription stimulants.

News Release: <https://www.drugabuse.gov/news-events/news-releases/2017/08/energy-drinks-risk-to-future-substance-use>

NIMHD ANNOUNCES RECIPIENTS FOR THE INAUGURAL WILLIAM G. COLEMAN, JR., PH.D. MINORITY HEALTH AND HEALTH DISPARITIES RESEARCH INNOVATION AWARD

Three postdoctoral fellows within the NIH Intramural Research Program have been selected to receive the first William G. Coleman, Jr., Ph.D. Minority Health and Health Disparities Research Innovation Award. This competitive award seeks to support innovative research ideas and concepts - proposing potential for high impact in areas of minority health and health disparities research. While progress has been made in recent years to address existing inequities in health care and research among minorities; health disparities persist. The National Institute on Minority Health and Health Disparities (NIMHD), part of the NIH, seeks to improve the health status of minorities and other health disparity populations. One of the awardees will explore young adult Pacific Islander needs, attitudes, and beliefs regarding mental health and factors that encourage or hinder their participation in health care services, access, and utilization.

Press Release: <https://www.nih.gov/news-events/news-releases/nimhd-announces-recipients-inaugural-william-g-coleman-jr-phd-minority-health-health-disparities-research-innovation-award>

NIH ACCELERATES THE USE OF GENOMICS IN CLINICAL CARE; NEW FUNDING AWARDS FOCUS ON DIVERSE AND UNDERSERVED POPULATIONS.

NIH is awarding \$18.9 million towards research that aims to accelerate the use of genome sequencing in clinical care. The new awards will generate innovative approaches and best practices to ensure that the effectiveness of genomic medicine can be applied to all individuals and groups, including diverse and underserved populations, and in health care settings that extend beyond academic medical centers.

Press Release: <https://www.nih.gov/news-events/news-releases/nih-accelerates-use-genomics-clinical-care>

NEW BEHAVIORAL HEALTH BAROMETERS PROVIDE IN-DEPTH DATA FOR ALL 50 STATES AND DC

SAMHSA released the fourth edition of its *Behavioral Health Barometer* state reports that provide a powerful overview of behavioral health in each state and the District of Columbia (DC). Each report includes data about key behavioral health issues such as the prevalence of substance use, serious thoughts of suicide, serious mental illness, and related treatment, as well as their comparisons with the corresponding national annual averages. Texas (3.5 percent) had the lowest percentage of past-year serious thoughts of suicide among adults aged 18 or older compared to the corresponding national annual average of four percent in 2014-2015. On the contrary, Utah (5.3 percent), Montana (4.9 percent), and New Hampshire (4.9 percent), had the highest percentage of past-year serious thoughts of suicide among adults aged 18 or older.

Press Release: <https://www.samhsa.gov/newsroom/press-announcements/201708101100>

NEW FROM NIH

FEATURE STORY: FOR RURAL PEOPLE WITH CHRONIC DISEASES, POVERTY AND DEPRESSION GO HAND IN HAND

This feature summarizes findings from an NIMHD-funded study attempting to understand some of the factors that predict depression in patients with chronic disease. The researchers focused on poor people who live in rural areas, who can have a particularly tough time getting treatment and managing their chronic disease. The study found that poor rural people with diabetes or high blood pressure are much more likely to have depression if they have been unable to afford their medications in the last year.

<https://nimhd.nih.gov/news-events/features/community-health/chronic-diseases.html>

FINDINGS FROM NIMHD MINORITY MENTAL HEALTH MONTH TWITTER CHAT

NIMHD co-hosted a Twitter chat in observance of Minority Mental Health Month with Omega Psi Phi Fraternity, the HHS Office of Minority Health, and SAMHSA. The chat addressed the mental health of adults in minority groups at the community level and reached health organizations, researchers, federal agencies, mental health professionals, community health workers, and other members of the public health community. Read a summary of discussion points and learn about resources shared during the chat.

<https://content.govdelivery.com/accounts/USNIHNIMHD/bulletins/1ad0e38>

IS GENETIC TESTING RIGHT FOR YOU?

This article describes the different types of genetic testing and the pros and cons of genetic testing.

<https://medlineplus.gov/magazine/issues/summer17/articles/summer17pg18-19.html>

ALZHEIMER'S AND DEMENTIA: AN OVERVIEW

This article defines Alzheimer's and dementia, and describes the different phases of Alzheimer's.

<https://medlineplus.gov/magazine/issues/summer17/articles/summer17pg14.html>

NIH-SUPPORTED RESEARCH AIMS TO BETTER UNDERSTAND ALZHEIMER'S

This article describes the *Alzheimer's Disease Neuroimaging Initiative study*, one of the largest research projects on Alzheimer's disease. The study's purpose is to understand how brain functions change over time. <https://medlineplus.gov/magazine/issues/summer17/articles/summer17pg16-17.html>

MEET THE *ALL OF US* CHIEF ENGAGEMENT OFFICER

In this *All of Us* video blog, Chief Engagement Officer, Dr. Dara Richardson-Heron, introduces herself and shares her passion for engaging and empowering people. <https://allofus.nih.gov/news-events-and-media/videos/dish-meet-all-us-chief-engagement-officer-dr-dara-richardson-heron>

THE *ALL OF US* RESEARCH PROGRAM INITIAL PROTOCOL RELEASED

The *All of Us* Research program has released its initial research protocol. A protocol is a scientific document with in-depth plans for a specific research effort. Writing one is an important first step in the research process, to help researchers explain what they want to learn and how they'll carry out their work. The *All of Us* protocol outlines the program's enrollment and data collection plans, online surveys, and consent forms. <https://allofus.nih.gov/news-events-and-media/announcements/all-us-research-program-initial-protocol>

NIDA NOTES: WHY FEMALES ARE MORE SENSITIVE TO COCAINE

This research examined why females are more sensitive than males to the rewarding and motivational effects of stimulant drugs. <https://www.drugabuse.gov/news-events/nida-notes/2017/08/why-females-are-more-sensitive-to-cocaine>

NIDA SCIENCE HIGHLIGHT: STUDY IDENTIFIES QUALITY MEASURES LINKED TO BETTER OUTCOMES IN PATIENTS WITH OPIOID USE DISORDERS

With limited resources to treat and manage patients with opioid use disorders, it is important to identify patient characteristics and treatment measures more likely to reduce overdoses and death. A NIDA-funded study has identified certain process measures that are linked to lower mortality rates in people with opioid use disorders, and others that do not appear to affect mortality. <https://www.drugabuse.gov/news-events/latest-science/study-identifies-quality-measures-linked-to-better-outcomes-in-patients-opioid-use-disorders>

VIDEO: THE IMPORTANCE OF THE NIH OPIOID INITIATIVE

NIDA Director Dr. Nora Volkow talks about the importance of the NIH opioids crisis initiative. <https://youtu.be/b03pYrT62qc>

INFOGRAPHIC: PLAY TO LEARN

This infographic from the National Institute for Child Health and Human Development provides tips for parents to encourage play and learning. A healthy balance between children playing on their own and having structured play with parents is important for early learning and development. <https://www.nichd.nih.gov/news/resources/links/infographics/Pages/PlayToLearn.aspx>

NEW FROM SAMHSA

TIPS FOR SURVIVORS: COPING WITH GRIEF AFTER A DISASTER OR TRAUMATIC EVENT

This tip sheet contains information about grief, the grieving process, and what happens when the process is interrupted and complicated, or traumatic grief occurs. It also offers tips and resources for coping with both types of grief. <https://store.samhsa.gov/product/SMA17-5035>

TIPS FOR HEALTH CARE PRACTITIONERS AND RESPONDERS: HELPING SURVIVORS COPE WITH GRIEF AFTER A DISASTER OR TRAUMATIC EVENT

This tip sheet provides health care practitioners and disaster responders with guidelines for communicating with survivors experiencing grief. <https://store.samhsa.gov/product/SMA17-5036>

CHILDREN'S ADVOCACY CENTER DIRECTORS' GUIDE TO QUALITY MENTAL HEALTHCARE

SAMHSA's National Child Traumatic Stress Network (NCTSN) and the National Children's Alliance have developed this web-based training resource to help non-clinicians understand, evaluate, and manage mental health service delivery for Children's Advocacy Centers.

http://www.nctsn.org/products/cac_director_guide_to_quality_mental_healthcare

INTERVENTION FACTSHEET: EARLY PATHWAYS

The intervention, Early Pathways, uses child-led play to strengthen the parent-child relationship to help caregivers better understand and manage their child's behavior and emotional problems.

http://www.nctsn.org/sites/default/files/assets/pdfs/ep_general_072517.pdf

REMEMBERING TRAUMA: CONNECTING THE DOTS BETWEEN COMPLEX TRAUMA AND MISDIAGNOSIS IN YOUTH

This NCTSN short film highlights the story of a traumatized youth from early childhood to older adolescence illustrating his trauma reactions and interactions with various service providers (including probation officers, school counselors, and therapists). This product was created to support the critical importance of using a trauma lens in work within child-serving systems and the potentially detrimental impact of not incorporating a trauma framework. <http://www.nctsn.org/products/remembering-trauma-connecting-dots-between-complex-trauma-and-misdiagnosis-youth>

HOW IMPLEMENTATION SCIENCE CAN BE APPLIED TO TREAT THE RURAL OPIOID EPIDEMIC

This blog post describes how implementation science can help communities apply policy recommendations for increasing access to Medication-Assisted Treatment (MAT) and other needed recovery supports in rural communities.

<http://www.attcnetwork.org/find/news/attcnews/epubs/addmsg/August2017article.asp#top>

NEW FROM CDC

QUICKSTATS: SUICIDE RATES FOR TEENS AGED 15-19 YEARS, BY SEX — U.S., 1975–2015

In 1975, in the United States (U.S.), there were 1,289 suicides among males and 305 suicides among females aged 15-19 years. In 2015, there were 1,537 suicides among males and 524 among females aged 15-19 years. The suicide rate for males aged 15-19 years increased from 12.0 to 18.1 per 100,000 population from 1975 to 1990, declined to 10.8 by 2007, and then increased 31 percent to 14.2 by 2015. The rate in 2015 for males was still lower than the peak rates in the mid-1980s to mid-1990s. Rates for females aged 15-19 were lower than for males aged 15-19, but followed a similar pattern during 1975-2007 (increasing from 2.9 to 3.7 from 1975 to 1990, followed by a decline from 1990 to 2007). The rates for females then doubled from 2007 to 2015 (from 2.4 to 5.1). The rate in 2015 was the highest for females for the 1975-2015 period.

<https://www.cdc.gov/mmwr/volumes/66/wr/mm6630a6.htm>

FEATURE: INSHAPE--FITNESS FOR INDIVIDUALS WITH SERIOUS MENTAL ILLNESS AND OBESITY

This Centers for Disease Control and Prevention (CDC) article describes the effectiveness of the InSHAPE program in helping people with serious mental illness (SMI) who are overweight or have obesity to lose weight and to be more physically fit. A series of studies found that those who can benefit from the wellness programs include those with SMI who are overweight to seriously obese with Body Mass Index (BMI) greater than 25 and less than 40 and severely obese with BMI greater or equal to 40.

<https://www.cdc.gov/features/obesity-mental-illness/index.html>

FEATURE: SCHOOLS START TOO EARLY

Not getting enough sleep is common among high school students and is associated with several health risks, including being overweight, drinking alcohol, smoking tobacco, and using drugs as well as poor academic performance. One of the reasons adolescents do not get enough sleep is early school start times.

<https://www.cdc.gov/features/school-start-times/index.html>

NEW FROM AHRQ

INTERACTIVE MAP HIGHLIGHTS STATE-SPECIFIC TRENDS IN OPIOID-RELATED HOSPITALIZATIONS

A new interactive map from the Agency for Healthcare Research and Quality allows users to explore state-specific information about opioid-related hospital stays. The map uses data from 44 states and DC, including hospitalization trends from 2009 to 2014, and patient sex, age group, geographic area, and income group with the highest rate in 2014. <https://www.ahrq.gov/news/opioid-hospitalization-map.html>

SPANISH-LANGUAGE SUMMARY FOR CONSUMERS: TREATING DISRUPTIVE BEHAVIOR DISORDERS IN CHILDREN AND TEENS

This summary translated into Spanish describes disruptive behavior disorders (DBDs) and how DBDs are treated, including psychosocial treatments and medications.

<https://www.effectivehealthcare.ahrq.gov/search-for-guides-reviews-and-reports/?pageaction=displayproduct&productID=2487>

TRENDS IN HOSPITAL INPATIENT STAYS IN THE UNITED STATES, 2005-2014

This statistical brief presents data on trends in national hospital utilization and costs from 2005 to 2014 as well as the most common diagnoses for hospital inpatient stays during these years. Trends in the number of inpatient stays over the 10-year period are provided by hospitalization type (maternal, neonatal, mental health, injury, surgical, and medical). Mental health/substance use accounted for nearly six percent of all inpatient stays in 2014, up 20.1 percent from 2005. <https://hcup-us.ahrq.gov/reports/statbriefs/sb225-Inpatient-US-Stays-Trends.jsp>

MANAGEMENT OF INSOMNIA DISORDER IN ADULTS: CURRENT STATE OF THE EVIDENCE

This new guide for clinicians describes the evidence that cognitive behavioral therapy (CBT) for insomnia can be effective and safe as a treatment. Some short-term studies found that medications were also effective for treating insomnia, but they have potential side effects.

<https://www.effectivehealthcare.ahrq.gov/index.cfm/search-for-guides-reviews-and-reports/?pageaction=displayproduct&productid=2493>

GUIDE FOR PATIENTS ABOUT MANAGING INSOMNIA DISORDER

This guide helps inform treatment option discussions between clinicians, patients, and caregivers.

<https://www.effectivehealthcare.ahrq.gov/index.cfm/search-for-guides-reviews-and-reports/?pageaction=displayproduct&productid=2492>

NEW FROM ACF

PODCASTS: COLLABORATING BETWEEN CHILD WELFARE AND MENTAL HEALTH

In this podcast, hear about a joint training and collaborative effort designed for child welfare and mental health professionals to better understand each other by sharing target outcomes for children and families, understanding each systems' particular needs, and learning how to recognize and assess signs and symptoms of potential mental health disorders. <https://www.acf.hhs.gov/cb/resource/child-welfare-podcast-collaborating-between-cw-mental-health>

THE FAMILY ENGAGEMENT INVENTORY: A BRIEF CROSS-DISCIPLINARY SYNTHESIS

The Family Engagement Inventory was designed to enable professionals in the fields of child welfare, juvenile justice, behavioral health, education, and early childhood education to access information on family engagement and how it is defined and implemented in their respective fields of study.

<https://cbexpress.acf.hhs.gov/index.cfm?event=website.viewArticles&issueid=188§ionid=1&articleid=4984>

SPOTLIGHT ON ENGAGING FATHERS

This issue of *Children's Bureau Express* features articles about how having an involved father can lead to better outcomes for children; how responsible fatherhood programs can benefit from fathers' accounts of the challenges of co-parenting; how community-based organizations can address challenges to fathers and their children and provide solutions in their fatherhood programs; and a three-part web series that explores partnerships between child welfare agencies and community fatherhood organizations that work toward engaging fathers and paternal-side family members.

<https://cbexpress.acf.hhs.gov/index.cfm?event=website.viewSection&issueID=188&subsectionID=77>

YOUTH ENGAGEMENT BLUEPRINT SERIES: HAVE THE RIGHT PEOPLE

The Youth Engagement Blueprint Series aims to build capacity to promote a culture and climate that encourages youth engagement at all levels of a child welfare organization. The "Having the Right People" factsheet describes characteristics of the right people to engage youth and the results of their work with young people. It also offers practical guidance for building organizational capacity for recruiting, hiring, and retaining these employees; building a shared commitment to working with youth through recruitment, training, and agency staff support; and building collaboration with community partners.

https://capacity.childwelfare.gov/states/focus-areas/youth-development/blueprint-series/?utm_source=july&utm_campaign=yeb&utm_medium=cwigelert&utm_content=yebseries

NEW FROM DEPARTMENT OF JUSTICE

DRUG USE, DEPENDENCE, AND ABUSE AMONG STATE PRISONERS AND JAIL INMATES, 2007-2009

This report presents prevalence estimates of drug use, drug use disorders, and participation in drug treatment programs among state prisoners and sentenced jail inmates.

<https://www.bjs.gov/index.cfm?ty=pbdetail&iid=5966>

INDICATORS OF MENTAL HEALTH PROBLEMS REPORTED BY PRISONERS AND JAIL INMATES, 2011-2012

This report presents prevalence estimates of mental health indicators among state and federal prisoners and jail inmates by different time periods, demographics, criminal justice history, most serious offense, mental health treatment received while incarcerated, and rule violations.

<https://www.bjs.gov/index.cfm?ty=pbdetail&iid=5946>

SUMMARY OF SCHOOL SAFETY STATISTICS

This report provides data to support or dispel common perceptions related to school safety. Federal agencies, including the Departments of Education and Justice, and school safety experts collected the data reported in this publication. Topics addressed include school crime; school shootings and violence; traumatic events, such as bullying; and the threat of violence using social media.

<https://www.ojjdp.gov/enews/17juvjust/170801.html>

DEA RELEASES 2017 DRUGS OF ABUSE RESOURCE GUIDE

The U.S. Drug Enforcement Administration (DEA) released the 2017 edition of *Drugs of Abuse: A DEA Resource Guide*. The guide provides important science-based information about the harms and consequences of drug use, describing a drug's effects on the body and mind, overdose potential, origin, legal status, and other key factors. The 2017 edition updates the 2015 *Drugs of Abuse* publication with the most current information on new and emerging trends in drug misuse and abuse, including fentanyl, other opioids, and synthetic drugs. https://www.dea.gov/pr/multimedia-library/publications/drug_of_abuse.pdf

DEPARTMENT OF DEFENSE VIDEO: THE LIGHT IN THE DARK: A COMBAT VETERAN'S STORY

Retired Marine Corps Sgt. Daniel Krietzer talks about his experiences with post-traumatic stress disorder (PTSD) and offers a message of hope for others struggling with PTSD. <https://youtu.be/iuoJNOBVAMU>

DCOE BLOG POSTS

FUTURE MEDICINE: CAN BIOMARKERS PREDICT MENTAL HEALTH DISORDERS?

Scientists use biology to predict medical conditions and clinical outcomes. In the future, the study of biological markers may help inform mental health treatments. This Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury (DCoE) blog post describes what biomarkers are, what they can tell us about different psychological disorders, and what's next for the field. <http://dcoe.mil/blog/17-07-25/future-medicine-can-biomarkers-predict-mental-health-disorders>

PEOPLE WITH PTSD MAY HAVE OVERACTIVE 'FIGHT OR FLIGHT' RESPONSE

The "fight or flight" response occurs when tough situations or stressors challenge or threaten one's mind and body. Although the fight or flight response is "normal," service members and combat Veterans with PTSD may have an elevated fight or flight response.

<http://dcoe.mil/blog/17-08-08/people-ptsd-may-have-overactive-fight-or-flight-response>

IMPROVE YOUR MENTAL HEALTH WITH TIME AWAY FROM WORK

This blog post encourages service members to find the time to recharge to help minimize the negative effects of stress and improve performance after returning to work. <http://dcoe.mil/blog/17-08-02/improve-your-mental-health-time-away-work>

NEW FROM REAL WARRIORS

BEHAVIORAL TREATMENT FOR INSOMNIA

This article discusses CBT as an effective treatment for insomnia. <https://www.realwarriors.net/active/treatment/insomnia-therapy.php>

NON-DRUG TREATMENT OPTIONS FOR MANAGING PAIN

This article explores alternative options for managing pain and highlights CBT as an option instead of prescription drugs. <https://www.realwarriors.net/active/treatment/pain-treatment-options.php>

DEALING WITH DEPRESSION: SYMPTOMS AND TREATMENT

This article explains how to identify the signs of depression, and discusses potential causes and treatment options. <https://www.realwarriors.net/active/treatment/depression.php>

EVENTS

WEBINAR: THERE IS HOPE: TREATMENT, RECOVERY, AND PREVENTION

AUGUST 16, 2017, 12:00-1:15 PM ET

The HHS Center for Faith-based and Neighborhood Partnerships, in collaboration with SAMHSA and CDC, presents this webinar reviewing early intervention and treatment, and the essential role the community plays in recovery support and prevention. The webinar will also address the impact of adverse childhood experiences on the development of a substance use disorder (SUD), and how upstream preventative action can restore hope and a brighter and healthier future for generations to come.

<https://register.gotowebinar.com/register/958872380186877187>

WEBINAR: SUCCESS STORIES: IMPLEMENTING BEHAVIORAL HEALTH IN A SPECIALTY CARE SETTING

AUGUST 16, 2017, 2:00-3:30 PM ET

Join the SAMHSA-Health Resources and Services Administration Center for Integrated Health Services for a webinar to learn about a successful partnership between a hospital system and an oncology practice, which has woven behavioral health screening and treatment into their practice, and the lessons they have learned along the way. https://goto.webcasts.com/starthere.jsp?ei=1155302&tp_key=d38b65ac9b

WEBINAR: MEDICAID COVERAGE AND FINANCING OF MAT, CURRENT STATUS, AND PROMISING PRACTICES

AUGUST 17, 2017, 3:30-5:00 PM ET

In this SAMHSA webinar, learn about the forthcoming update to the 2014 SAMHSA report, *Medicaid Coverage and Financing of Medications to Treat Alcohol and Opioid Use Disorders*. Presenters will review information on state Medicaid payment policies for MAT, and will present case studies of innovative MAT models. This up-to-date information about Medicaid MAT coverage will be helpful for consumers and family members, providers, health plan and Medicaid staff, policymakers, and government officials. https://goto.webcasts.com/starthere.jsp?ei=1155875&tp_key=0fca03eea7

WEBINAR: PEER SUPPORT ROLES IN CRIMINAL JUSTICE SETTINGS

AUGUST 22, 2017, 3:00-4:00 PM ET

Peer support is implemented in many ways and in many different settings. Even within criminal justice settings, there is a wide spectrum of peer support roles. Understanding the many different peer support roles in criminal justice settings can be challenging. This webinar, presented by SAMHSA's GAINS Center, will highlight some of the peer support roles that exist at each intercept of the Sequential Intercept Model, and provide guidance to agencies and organizations seeking to implement or expand peer support services in criminal justice settings. <https://t.e2ma.net/click/kpq0k/4ce6po/o8b5yc>

WEBINAR: MENTAL HEALTH ECONOMICS: ANALYZING VALUE

AUGUST 22, 2017, 9:00-10:30 AM ET

This NIMH Global Mental Health webinar is aimed primarily at researchers and health care practitioners interested in addressing or better understanding issues of cost, cost-effectiveness, and value in their work. There is an increasing expectation and need to demonstrate not only the health and other impacts of

interventions and innovations in health, but also assess what it takes in terms of resources to develop, maintain, or scale-up an intervention, and to link resources and costs to primary outcomes of interest. Accordingly, the webinar will start with an overview of key principles of health economic analysis, before moving into a presentation of analytical steps, methods, and data requirements. Participants should come away with a better grasp of why economic analysis is needed, what is required to do it, and how to go about it. <http://nimhglobalwebinars.thebizzellgroup.com/aug22>

WEBINAR: TREATMENT TARGETS, TARGET ENGAGEMENT, AND TARGET POPULATIONS IN MENTAL HEALTH SERVICES RESEARCH TO IMPROVE PUBLIC HEALTH: EXAMPLES FROM THE FIELD

AUGUST 23, 2017, 9:00-10:30 AM ET

In this NIMH Global Mental Health webinar, NIMH program officers will present a brief overview of the experimental therapeutics paradigm, which provides a framework to understand targets and mechanisms of action for all NIMH-funded clinical trial research, including mental health services research. Drs. Mary McKay and Mary Acri will then discuss two of their ongoing and high priority NIMH-funded research studies in the context of the experimental therapeutic paradigm: 1) Family Groups for Urban Youth with Disruptive Behavior and 2) African Regional Research Partnerships for Scaling Up Child Mental Health Evidence-Based Practices. <http://nimhglobalwebinars.thebizzellgroup.com/aug23>

WEBINAR: LATEST MOBILE APPS, CLINICAL SUPPORT TOOLS AVAILABLE FOR SERVICE MEMBERS, VETERANS, AND FAMILIES

AUGUST 24, 2017, 1:00-2:30 PM ET

Research shows that technology can help behavioral health patients follow treatment plans and engage better with their providers. Yet many clinicians don't have guidance on how to effectively and safely use these resources. The goal of this DCoE webinar is to share the latest Defense Department (DoD) and Department of Veterans Affairs (VA) mobile health apps and clinical support tools developed to help the military community. Presenters will review the latest research on using mobile apps to improve patient outcomes, and share best practices for using them in the clinical care setting. <http://dcoe.cds.pesgce.com>

WEBINAR: RECOVERY AND REENTRY - THE FIRST 30 DAYS

AUGUST 24, 2017, 2:00-3:00 PM ET

In this virtual event, SAMHSA's Bringing Recovery Supports to Scale Technical Assistance Center Strategy will convene leaders working to support justice-involved individuals returning to their communities following incarceration. Panelists will discuss essential recovery services for the first 30 days of reentry and share

examples of challenges experienced and offer strategies for supporting successful reintegration during this critical period. <https://www.eventbrite.com/e/recovery-and-reentry-the-first-30-days-tickets-36161575245>

WEBINAR: CULTURAL, HISTORICAL, AND GENDER ISSUES: UNDERSTANDING THE IMPACT OF HISTORICAL TRAUMA ON COMMUNITIES

AUGUST 28, 2017, 1:00-2:30 PM ET

This webinar hosted by SAMHSA's National Center for Trauma-Informed Care and Alternatives to Seclusion and Restraint will address historical trauma in communities and identify strategies that work to address the importance of understanding intergenerational trauma.

<https://www.nasmhpd.org/content/community-vln>

WEBINAR: CULTURAL, HISTORICAL, AND GENDER ISSUES: THE ALI FORNEY CENTER

AUGUST 28, 2017, 3:00-4:00 PM ET

This SAMHSA webinar will feature insights from staff at the Ali Forney Center (AFC) in New York, NY, the largest program dedicated to meeting the needs of lesbian, gay, bisexual, transgender, and questioning (LGBTQ) homeless youth in the nation. AFC provides a comprehensive range of services to LGBTQ homeless and street-based youth, including a drop-in center, mobile outreach, and emergency housing. Their Peer Educator program was created based on the recognition that homeless youth are most likely to trust outreach workers who have been formerly homeless themselves. In addition, their community outreach program is designed to help mental health providers to serve LGBTQ youth in a more culturally-competent manner. <https://www.nasmhpd.org/content/crisis-services-vln>

WEBINAR SAVE THE DATE: MENTAL HEALTH DISPARITIES RESEARCH AT NIMH: COLLABORATIVE RESEARCH TO REDUCE THE BURDEN OF SUICIDE IN TRIBAL YOUTH

AUGUST 29, 2017, 3:00-4:30 PM ET

Save the date for NIMH's next webinar on mental health disparities research. The webinar will focus on the NIMH-funded hubs for collaborative research to reduce the burden of suicide in tribal youth. Registration forthcoming. <http://nimhhealthdisparities.thebizzellgroup.com/>

WEBINAR: BUILDING NETWORKS OF SUPPORT FOR SERVICE MEMBERS, VETERANS, AND THEIR FAMILIES

AUGUST 30, 2017, 2:00-3:00 PM ET

A network of support in the community is essential to ensuring Veterans and their families make a successful transition to civilian community life. SAMHSA's Service Members, Veterans, and their Families Technical Assistance Center will host a webinar that highlights three examples of veteran service organizations and other veteran initiatives that are partnering with the community to better serve the behavioral health needs of veterans and their families, including the George W. Bush Institute's Military Service Initiative; the Cohen Veterans Network; and the Student Veterans of America. Participants will learn how they can work together with these organizations and others to strengthen their community's network of support.

https://praincevents.webex.com/mw3200/mywebex/default.do?nomenu=true&siteurl=praincevents&service=6&rnd=0.5103738424614546&main_url=https%3A%2F%2Fpraincevents.webex.com%2Fec3200%2Feventcenter%2Fevent%2FeventAction.do%3FtheAction%3Ddetail%26%26%26EMK%3D4832534b0000004240b9a1124d74a648efc0503aebbfd2b5b262528a47609d91eca99eb7c23e22%26siteurl%3Dpraincevents%26confViewID%3D69919991075470355%26encryptTicket%3DSDJTSwAAAQBgdzZFq00L891aqUb7ZTXeFKsKx5zq00LhsKbBCi9ig2%26

WEBINAR: VIRTUAL-MOBILE CRISIS INTERVENTION: THE SPRINGFIELD, MO MODEL

SEPTEMBER 5, 2017, 4:00 PM ET

SAMHSA's GAINS Center will host a webinar providing information on Springfield, Missouri's Virtual-Mobile Crisis Intervention model. The webinar will address the model's promising early results—including diversion from inpatient psychiatric hospitalization or incarceration, engagement with behavioral health specialists, and time savings for law enforcement—and provide information on additional components of the effort, including officer training, data and outcomes monitoring, and the expansion of the

program. https://praincevents.webex.com/mw3200/mywebex/default.do?nomenu=true&siteurl=praincevents&service=6&rnd=0.8251229058032082&main_url=https%3A%2F%2Fpraincevents.webex.com%2Fec3200%2Feventcenter%2Fevent%2FeventAction.do%3FtheAction%3Ddetail%26%26%26EMK%3D4832534b000000473d0e851e3c1a349b40f5cd35d9ae6b0b79d61ad954017f84803cd459659cb4a%26siteurl%3Dpraincevents%26confViewID%3D69919810512781307%26encryptTicket%3DSDJTSwAAAASChMPGjjpgKTISNBqyhU-tDheTqNI2On3AKtN335By8CQ2%26

VIDEOCAST LECTURE: A NATION UNDER PRESSURE: THE PUBLIC HEALTH CONSEQUENCES OF STRESS IN AMERICA

SEPTEMBER 7, 2017, 11:00 AM-12:00 PM ET, BETHESDA, MD

In this year's Stephen E. Straus Distinguished Lecture in the Science of Complementary Therapies, the 19th U.S. Surgeon General Dr. Vivek Murthy will share his perspectives on stress in America. In a conversation with NIH Director Dr. Francis Collins, he will explore the individual- and population-level impact of stress and steps we can take to reduce its effect on our health and our lives.

<https://nccih.nih.gov/news/events/lectures/SES17>

WEBINAR: CREATING INCLUSIVE HIGHER EDUCATION WORK ENVIRONMENTS FOR PEOPLE WITH MENTAL HEALTH DISABILITIES

SEPTEMBER 14, 2017, 1:00-2:00 PM ET

In coordination with the Higher Education Recruitment Consortium, the Department of Labor's Employer Assistance and Resource Network on Disability Inclusion is hosting a webinar about effective approaches for ensuring that employees with mental health conditions can succeed on the job. Webinar participants will also learn about the importance of adopting an inclusive workplace culture that supports employee mental health and wellbeing. While this webinar is geared toward the higher education environment, much of the information that will be shared is applicable to employers in any industry.

<http://www.askearn.org/event/creating-inclusive-higher-education-work-environments-people-mental-health-disabilities/>

VIRTUAL EVENT: ANNUAL SUMMIT: ADVANCES IN THE STATE OF THE SCIENCE AND BEST PRACTICE

SEPTEMBER 19-21, 2017

The 2017 DCoE Annual Summit will connect health care professionals, researchers, and academicians involved in all aspects of psychological health and traumatic brain injury care for the military community. This year's event will offer real-time access to up to 28 hours of state-of-the-science programming. Join others from around the globe to participate in panel discussions and question and answer sessions, network with professionals and peers, visit the virtual exhibit hall for resources, and earn up to 14 Continuing Education Credits during the virtual event. <http://dcoe.mil/training/events>

CORE COMPETENCIES FOR PEERS WORKING IN THE CRIMINAL JUSTICE SYSTEM

SAMHSA's GAINS Center for Behavioral Health and Justice Transformation recently convened a group of peer leaders to develop a draft set of core competencies specifically for individuals providing peer support in criminal justice settings. SAMHSA is seeking public comment on each of the additional draft core competencies. Comments accepted through August 25, 2017.

<https://www.surveymonkey.com/r/GAINS-CJPeer>

COMMENTS SOUGHT ABOUT MENTAL HEALTH AND SUBSTANCE USE DISORDER PARITY IMPLEMENTATION AND THE 21ST CENTURY CURES ACT PART 38

The Departments of HHS, Labor, and the Treasury are seeking comments on how to improve disclosure under the Mental Health Parity and Addiction Equity Act (MHPAEA) and other laws, as required by the 21st Century Cures Act. As part of the solicitation of comments, the Departments are releasing and seeking comments on a draft model form that participants, enrollees, or their authorized representatives could use to request information from their health plan about non-quantitative treatment limitations that affect their mental health or SUD benefits. In addition, the Departments request comments on whether any additional clarification is needed regarding how the requirements of MHPAEA apply to treatment for eating disorders. Comments are accepted through September 13, 2017.

<https://content.govdelivery.com/accounts/USSAMHSA/bulletins/1a3047d>

PUBLIC COMMENT FOR HEALTHY PEOPLE 2030

HHS is soliciting written comments on the proposed framework for *Healthy People 2030*, developed by the Secretary's Advisory Committee on National Health Promotion and Disease Prevention Objectives for 2030. The framework refers to the Healthy People 2030 vision, mission, foundational principles, plan of action, and overarching goals that will guide the selection and prioritization of objectives for Healthy People 2030. Members of the public—including individuals, stakeholders, and organizations—are invited to provide comments on the Healthy People 2030 framework. This round of public comment will be open until September 29, 2017 at 5:00 PM ET. <https://www.healthypeople.gov/2020/About-Healthy-People/Development-Healthy-People-2030/Public-Comment>

FUNDING INFORMATION

NIH FUNDING FOR RESEARCH ON SUICIDE PREDICTORS AND PREVENTION

<https://nccih.nih.gov/research/blog/research-suicide-prevention?nav=govd>

NATIONAL SUICIDE PREVENTION LIFELINE: REQUEST FOR PROPOSALS: STATE CAPACITY INITIATIVE

<https://suicidepreventionlifeline.org/wp-content/uploads/2017/08/RFP-Lifeline-Network-State-Capacity-Initiative-1.pdf>

ADDRESSING HEALTH DISPARITIES THROUGH EFFECTIVE INTERVENTIONS AMONG IMMIGRANT POPULATIONS

<https://grants.nih.gov/grants/guide/pa-files/PA-17-043.html>



National Institute
of Mental Health

The **Outreach Partnership Program** is a nationwide outreach initiative of the National Institute of Mental Health (NIMH) that enlists state and national organizations in a partnership to increase the public's access to science-based mental health information through partnerships with national and state organizations. For more information about the program please visit: <http://www.nimh.nih.gov/outreach/partnership-program/index.shtml>. To subscribe to receive the Update every two weeks, go to: <http://www.nimh.nih.gov/outreach/partnership-program/news-and-updates-from-the-program.shtml>.

The information provided in the **Update** is intended for use by NIMH Outreach Partners, National Partners and their associates for the express purpose of exchanging information that may be useful in the development of state and local mental health outreach, information, education and partnership programs.