

## RESEARCH OPPORTUNITY

NAMI is committed to ensuring that the most effective treatments for mental illness are available to those who need them. Determining which treatments are most effective requires research.

When NAMI learns of new studies by physicians and other scientists involving new treatment methods, such as psychotherapies, medications, methods of medication delivery, etc. we become excited. That excitement comes from knowing that scientists continue to learn more about mental illness and look for ways to improve the lives of those affected by it. When NAMI is approached to be involved in research of any type, at any level, we take it very seriously. NAMI's medical director, Dr. Ken Duckworth and I consider all requests thoroughly reviewing the research protocols, methodology and the documentation that the study has been approved an Institutional Review Board (IRB) assuring the safety of those involved.

NAMI will be developing a research landing page on [nami.org](http://nami.org) that will list clinical trials and other research studies that are looking for participants. For now, we are sharing any such opportunities with you, our leaders in the field. We are not requiring that you do anything with this information other than consider sharing it with your members in case any of them are interested. If you have questions about research at NAMI, please email [research@nami.org](mailto:research@nami.org).

## WHAT IS THE STUDY?

This study is looking at whether a medication called brexpiprazole is safe and effective in the treatment of manic episodes related to bipolar I disorder. This medication has already been approved in the United States for the treatment of schizophrenia and for the treatment of major depressive disorder. The goal of this study is to increase treatment options available for people who experience manic episodes related to bipolar I disorder.

## WHO CAN PARTICIPATE?

Participants may be eligible for this study if they:

- Are 18 - 65 years old
- Have received a diagnosis of bipolar I disorder
- Are experiencing symptoms of a manic episode

## HOW DO I LEARN MORE?

If you have questions or would like more information, please refer to the [clinical trial website](#).