

Bert Coffman-LGBTQ Liason- (212) 889-4262	Jayette Lansbury- Criminal Justice- (631) 988-7619	<h1>AFFILIATE INFORMATION</h1>		12/22/2020	
NAMI Buffalo & Erie County	Office # Michele Brooks, Exec. Dir. Liz Carone, President	PO Box 146, Buffalo, NY 14223-0146 Physical Address- 636 Starin Ave., Buffalo www.namibuffalony.org	namibuffalony@gmail.com; mbrooks@namibuffalony.org; ecarone@namibuffalony.org	(716) 226-6264	Office Open. Helpline; leave a voice mail and the call will be returned within 2 business days. NAMI Family Support Groups online (choose one of the five groups.): 1st Wednesday of the month, 12-1:30 pm 2nd Thursday of the month, 7-8:30 pm 3rd, Wednesday of the month, 7-8:30 pm 3rd Thursday of the month, 7-8:30 pm 4th Wednesday of the month, 7-8:30 pm Space is limited. Email online@namibuffalony.org with the group you prefer, and your name and phone number for us to call to register you; or call 716-226-6264 for more info.
NAMI Capital Region	Office (cell) # Mary Beth Honsinger, President	PO Box 397, West Sand Lake, NY 12196-0397 No Office www.namicapitalregionny.org	namicapitalregionny@gmail.com; marybeth@namicapitalregion.org	(518) 588-6949	Calls are still being answered. NAMI Family Support Group every Thursday at 5:30pm through Zoom. NAMI Connections Effective January 4 2021, every Monday at 11:00am via Zoom Contact Affiliate for more information.
NAMI Cattaraugus County	Office # Lenny Liguori, Admin.	512 W State St., Directions in Independent Living, Olean, NY 14760	lliguori@oleanilc.org	(716) 373-4602 x8720	Reduced office hours, in office 8-12.
NAMI Cayuga County	Office # Terri & Bart Wasilenko, Co-Presidents	Auburn Memorial Hospital, 17 Lansing St., 2nd Floor, Auburn, NY 13021	2maestros@twc.com	(315) 255-7443	Office Closed. Helpline; leave a voice mail, calls are checked and returned twice a day. Support Groups & Classes on hold.
NAMI Champlain Valley	Office # Amanda Bulris, Exec Director Loretta Rietsema, President	304 New York Road, Plattsburgh, NY 12903 HelpLine (8-4, Mon-Fri) www.nami-cv.org Clinton County Mobile Crisis Team, 8am-8pm, 866-5PREVENT Essex HOPELINE (800) 440-8074 (24/7) Essex County Mental Health Association: Westport (518) 962-2077 (8-3:30) Ticonderoga (518) 585-9072 (8-3:30)	info@nami-cv.org; amanda@nami-cv.org; lrietsema@gmail.com	(518) 561-2685 x4	Office Closed. Working remotely. Phones have been forwarded and staff are answering during business hours. All Support Groups on hold.
NAMI Chemung County	August Troccia, Advocacy	No Office	ajt060491@gmail.com	Cell #- (607) 857-1415	No changes at this time.
NAMI Columbia County	Nicole Corey, President	PO Box 269, Valatie, NY 12184 No Office www.namiccnny.org	namiccnny@gmail.com; tomco100@gmail.com	(518) 336-0246	Helpline; leave a voice mail and calls are checked and returned twice a day. Family Support Group , 6:00-7:30 PM, Monthly on the 1st and 3rd Wednesday. To join group use link below: https://us02web.zoom.us/j/81485161902?pwd=VW5YQURMVmU3YmVwNjJLSlZKRmJoUT09 Meeting ID: 814 8516 1902, Password: 921645

NAMI Delaware & Otsego Counties	Walt Keller, Advocacy Lynn Tweedie, Programs	PO Box 506, Roxbury, NY 12474 No Office	namidelawareco@gmail.com; brigandwalt@verizon.net; fibarw@gmail.com	(607) 267-2335	No changes at this time.
NAMI Finger Lakes	Office # Deborah Grantham, President Beth McGee, Executive Director	Mailing Address: PO Box 6544, Ithaca, NY 14851 Physical Address- 108 N Cayuga www.namifingerlakes.org	Email: help@namifingerlakes.org Executive Director Email:namiflexec@namifingerlakes.org	Office #607-288-2460, HELP Line- 607-273-2462	Physical office is CLOSED during COVID-19 response Support Groups and other regular programming are operating online at this time- to register for Support Group call 607-288-2460 or call namiflsupport@namifingerlakes.org
NAMI Huntington	Jayette Lansbury, President	No Office	lansburyhunt@aol.com	(631) 385-0754	Helpline; leave voice mail and calls will be returned. Support Groups changed to Conference Calls. All classes have been cancelled.
NAMI Mid-Hudson	Office # George Czornyj, Exec. Dir. Samuel Finnerman, President	PO Box 787, Poughkeepsie, NY 12602 Physical Address- 130 Hudson Ave., Poughkeepsie www.namimidhudson.org	contact@namimidhudson.org; georgecz@optonline.net; sam@hudsoncommercial.com	(845) 206-9892	Calls and emails are being answered. All groups, classes via Zoom or phone. Family Support Groups •1st Wednesday of every Month 6:30 pm - 8:30 pm Facilitators: Jo Ann and Madeline •2nd Monday of every Month 6:30 pm - 8:30 pm Facilitators: Jane and Karen •3rd Tuesday of every Month 6:30 pm - 8:30 pm Facilitators: Judy and Sherrill •4th Monday of every month 6:30 pm - 8:30 pm Facilitators: Kie and Masashi, Ulster County Connection Adult Recovery Support Group 2nd Friday of every Month 6:30 pm - 8:00 pm For information on registering please call (845) 206-9892 or email contact@namimidhudson.org
NAMI Montgomery, Fulton & Hamilton Counties	Office # Marie McNeil, Office Assistant Kenneth Russo, President	2390 Riverfront Center, Amsterdam, NY 12010 Office Hours (Mon, Wed & Fri 8-4...Tues & Thur 8-5)	namimfh@gmail.com; krusso222@hotmail.com	(518) 843-3261	
NAMI New York City Metro	Office # Matt Kudish, Executive Director Cornelia Kiley, Co- President Raymond Schwartz, Co-President	505 8th Ave., Suite 1103, New York, NY 10018-4541 HelpLine (212) 684-3264 (10-6, Mon- Friday) www.naminycmetro.org	helpline@naminyc.org; admin@naminyc.org; mkudish@naminyc.org;	(212) 684-3365	Office Closed. Helpline; leave a voice mail, calls are checked and returned. Offering most of their week day Support Groups via telephone or video. Please see affiliates website for more information.

NAMI NYC Staten Island	Office # Wilson, Exec. Director Rachid Ottley, President	Linda 930 Willowbrook Road, Bldg 41A, Staten Island, NY 10314-4276 (9-5, Mon-Fri.) www.namistatenisland.org	Helpline info@namistatenisland.org; linda@namistatenisland.org; rachid@namistatenisland.org	(718) 477-1700	Calls are still being answered. All meetings via Zoom Family Support Meetings every Wednesday at 7 PM and NAMI Connections Peer Support meetings every Saturday at 1:30 PM. Where: https://zoom.us/j8923293610 Who: info@namistatenisland.org or Call: 1 646 558 8656 You will be asked to dial the meeting ID. The Meeting ID: 892 329 3610
NAMI Orange County	Dhanu Sannesy, President	PO Box 637, Middletown, NY 10940 No Office (866) 906-6264 (24/7) www.namiorangeny.org	HelpLine namiorangeny@warwick.net; dsannesy@gmail.com	(845) 956-6264	Calls are still being answered. All Groups are online. Family support group 1st & 3rd Monday's, 6:30-8 pm Connection recovery support group 1st & 3rd Thursdays, 7- 8:30 pm To join group contact namiorangeny@warwick.net or dsannesy@gmail.com
NAMI Putnam County	Office # Pamela Georges-Cohen, President	PO Box 552, Mahopac, NY 10541 Office www.namiputnamcounty.org	No namiputnam@gmail.com; pgeorgescohen@gmail.com	(845) 363-1478	

<p>NAMI Queens/Nassau</p>	<p>Office # Bob Keller, Executive Director David Sills President</p>	<p>1981 Marcus Ave., Suite C117, Lake Success, NY 11042 HelpLine (9:30-4, Mon-Fri.) www.namiqn.org NAMI Basics Is your child encountering difficulty in school? Do you feel your child has mental health challenges? Does your child seem irritable, depressed, anxious? If you can answer yes to any of these questions, NAMI Basics Education Program is meant for you. The program is designed for parents and family caregivers of people still in school. To be put on our waiting list contact David Sills, President at 516-326-0797 or dsills@namiqn.org</p>	<p>office@namiqn.org; rkeller@namiqn.org sillsdavid1@yahoo.com</p>	<p>(516) 326-0797</p>	<p>Sharing & Caring Support Group: Mondays at 5:15-6:15PM, Leaders Angela and Janet, Questions: 516-326-0797 or email ababaev@namiqn.org Click to Register for password and log-in ID. Peer Support Group: 1&3 Thursday of the month at 5 PM Every Wednesday at 1:45 PM Family Support Group: 1&3 Monday of the month at 1:45 PM 2&4 Wednesday of the month at 6 PM Partner/Spouse Support Group: 7/29 6:00 -730 PM Virtual Intro to Family to Family: Tuesdays starting 6/23 at 6 PM, Mondays starting 6/29 at 10:45 AM *If you are interested in spirituality please reach out to Ellen to confirm time and date. Leader: Ellen Ritz at elritz@namiqn.org or 516-330-9778 Family Support Group Once per month – every Third Tuesday starting 7/21 at 7 PM Leader: CarolAnn Viccora – cav14@optonline.net or 516-221-6168 UNITES will be hosting Virtual Socialization – Mondays, 6:30-7:30PM Please check the calendar for details! Leader: Janice Garfinkel, 516-326-0797 or email jgarfinkel@namiqn.org (please leave a message and someone will return your call with login information.) Chair Yoga: Wednesdays, Twice a month from 10:00 – 10:45AM with Miriam Please contact Janice Garfinkel for the password and log-in ID, 516-326-0797 or email jgarfinkel@namiqn.org Chronic Pain support group on January 5. It will be the first Tuesday of each month at 7:00P.M. For information or to sign up, contact David Sills : dsills@namiqn.org</p>
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NAMI Rochester	Office # Heather Newton, Exec. Director Sally Weiss, President	320 N Goodman St., Suite 102, Rochester, NY 14607-1185 HelpLine (9-4, Mon-Fri.) www.namiroc.org	info@namirochester.org; heather.newton@namirochester.org rg sally.weiss@yahoo.com	(585) 423-1593	Calls are still being answered. To register, please email info@namirochester.org. Family Fridays – every week @ 1:00 pm •Open to family members supporting a loved one with a mental health condition GOW Family Friday – Friday, April 17 @ 10:00 am •Open to residents of Genesee, Orleans and Wyoming and Counties *NEW* Young Adult Support Group – Friday, April 17 @ 6:30 pm College students have had their worlds turned upside down including moving home, postponed commencements and events and a general uncertainty about the future. This group will provide an opportunity for college students to connect with peers and find support, whether they are living with a mental health condition or just navigating this new reality. Facilitated by Megan Clifford, LCSW-R. Mindfulness Mondays – every week @ 1:00 pm •Open to peers, family members and all NAMI Rochester friends Wellness Wednesdays – every week @ 1:00 pm •Open to peers, family members and all NAMI Rochester friends https://conta.cc/2VwQtmP NAMI Connection Recovery Support Group Every Monday and 2nd Thursday of each month 6:00-8:30pm Via zoom, contact Jack S. Goldstein (585) 244-7231 home (585) 734-4852 cell jack.s.goldstein@gmail.com
NAMI Rockland	Office # Sandra Wolf, President	PO Box 635, Orangeburg, NY 10962-0635 Physical Address- 140 Old Orangeburg Road, Orangeburg HelpLine (9-5, Mon.-Fri.) www.namirockland.org Family Peer Advocates (845) 359-8784 Rockland County Pride Center (845) 353-6300	familia@namirockland.org; sandyw@namirockland.org; anne@namirockland.org	(845) 359-8787	Calls are still being answered. Family and Friends Connect Tuesdays April 3:30 PM - 4:30 PM Las Familias Se Conectan Thursday Afternoons 3 PM - 4 PM Family Connect: Parents of Children, Teens & Young Adults Thursday Evenings - 6 PM - 7PM Contact NAMI Rockland to receive access information for joining the call. (845) 359-8787 or EMAIL
NAMI Saratoga	Amy Hughes, Advocacy Peggy Grot, Programs	c/o Transitional Services Association, 127 Union St., Saratoga Springs, NY 12866	jandahug1@gmail.com; bpgrot@earthlink.net	(518) 399-8415	Office Closed. Calls are still being answered.
NAMI Schenectady	Cindy Sood, President	PO Box 974, Schenectady, NY 12301-0974 No Office www.namischenectady.org	namischenectady@gmail.com; c.sood@yahoo.com	(518) 371-8279	No Support Group meetings at this time.
NAMI Sullivan County	Office # Lori Schneider, Exec. Director Eileen Geysen, President	20 Crystal St., Monticello, NY 12701 Mobile Mental Health (845) 790-9111	namiofsullivan@gmail.com; egeysen@hvc.rr.com; car506@aol.com	(845) 794-1029	Leave a message and calls will be checked and returned regularly. Suspending all group activities including Support Groups, Compeer & MICA Compeer Activites and Advocacy activities.

NAMI Syracuse	Office # Mary Gandino, Office Manager Marla Byrnes, President	917 Avery Ave., Syracuse, NY 13204 Office Hours (9-3, Mon.-Fri.) www.namisyracuse.org	namisyracuse@namisyracuse.org; marla.byrnes@icloud.com	(315) 487-2085	Office Mon-Fri 9-3 answering calls and emails. Family support by zoom second Wednesday of each month. Peers doing contacts by zoom. Must contact the office first to sign up so we can screen/connect first by phone. All information can be found on website. www.namisyracuse.org
NAMI Westchester County	Office # Sharon McCarthy, Executive Director Louise Ellis, President	100 Clearbrook Road, Elmsford, NY 10523 Office Hours (9-2, Mon.-Fri.) www.namiwestchester.org The Living Room at Human Development Services in Westchester County (HDSW), must call first, (914) 882-8659 RISE Program of the Mental Health Empowerment Project, Trained Peer Mentors, Mon-Fri., 9am-9pm (914) 664-3444	info@namiwestchester.org; sharonm@namiwestchester.org; lellis@svwsjmc.org	(914) 592-5458	Office Closed. Leave a Helpline message, calls are being checked and returned. Offering 2 Support Groups remotely starting April 7th; Family & Friends 1st Tuesday and Parents & Caregivers of Adolescents & Young Adults 2nd Wednesday. Please call office for times and to register to participant.