

New Series!

Growing thru Grief

**Six-week Introduction to Grief series:
March 5 through April 9**

Offering Help for Those Who Mourn

Growing thru Grief is a coalition of Triangle area religious and civic organizations to bring ongoing support and comfort to those who mourn. This program features small group discussion.

We meet every Tuesday except holidays from 4-6 pm at St. Paul's Lutheran Church, 1200 West Cornwallis. All are welcome!

This spring's series will explore five different responses we take toward grief and what they say about our need for wholeness.



Photo by Leonard Beeghley

Five Ways We Grieve

Aaron Klink is Chaplain and Bereavement Coordinator at Pruitt Hospice in Rocky Mount, NC. He is a graduate of the Lutheran Theological Seminary at Philadelphia, Yale Divinity School and Duke Divinity School. He has served as chaplain, pastor, and bereavement coordinator for over two decades. He will discuss the following topics:

March 5: When the World Falls Apart: Grief, Loss, and Relearning the World

March 12: The Nomad

March 19: The Memorialist

March 26: The Normalizer

April 2: The Activist

April 9: The Seeker

This is an open program, with each week standing on its own. Feel free to come when you can.