

Food Pantry Needs - As of August 24th

- Breakfast Items
 - Instant meals
 - grits, cream of wheat, pancake mix
 - Pancake syrup
 - Pop Tarts or toaster pastries
 - Shelf stable milk
 - Granola cups
 - Granola bars
 - Applesauce
 - Protein shakes
 - Protein bars
 - Breakfast cookies (belvetia)
 - Jelly / jam packets
 - Fruit cups / canned fruit
 - Brownies

- Dinner Items

- Rice
 - *minute rice, Goya box rice, variety
- Chef and Boyardee,
 - Spaghetti and Meatballs, Beef ravioli, Cheese Ravioli, Lasagna
- Velveeta Cheese boxes
 - *Shells and cheese, macaroni and cheese
- Spaghetti pasta
- Spaghetti sauce
- Canned chicken
- Vegetable oil / olive oil
- Canned vegetables
 - *Green beans, corn, mixed veggies, collard greens, cabbage, black beans, kidney beans, veggie cups
- Seasonings
 - garlic powder, onion powder, salt, pepper, taco seasonings
- Taco kit meals
- Velveeta box meals
- Velveeta skillet meals
- Homemade baked banquet meals
- Viena sausages
- Hamburger helper, variety
- Buldak noodles, variety
- Cup of noodles, ramen, variety.

Toiletries

- Deoderant (mens & womens)
- Body wash or bar soap
- Toothbrushes / toothpaste
- Shampoo / hair products for ethnic hair
 - Shea moisture, Cantu, Mielle, detangling brushes, curling custard or cream.
- Lotion
- Feminine hygiene supplies
- Disposable razors
- Toilet paper

Gift Cards / Membership Gifts

Our young people would greatly appreciate gift cards from any of the following venues in increments of \$25-\$50.

- Food Lion
- Walmart
- Target
- Lyft
- Uber