

## **CBI COVID POLICY GUIDELINES**

1. **PERMITTED ATTENDEES:** In the beginning, we will limit the number of participants for both indoor and outdoor events to 50. This is subject to the social distancing requirements set forth below. The number of permitted attendees will be revisited periodically by the COVID Committee.
2. Please do not attend in person if you are subject to quarantine or isolation. It is also important to consider your own risk factors. For information about risks, including information about conditions that give rise to increased risk, please click [here](#).

For those who are eligible, we strongly recommend obtaining a vaccine.

3. **SIGNUP:** In order to help us to do contact tracing in the event someone becomes ill, all people who will be attending in person are asked to sign up in advance for all events. In the event you are not able to sign up in advance, please call the office.
4. **PLEASE COMPLETE A SELF-ADMINISTER A HEALTH SURVEY:** No one should come to any event if they are ill or have recently been exposed to COVID-19.

Ask yourself the following series of questions to assess your own health. If the answer to any of these questions is "yes," please stay home and join us remotely:

- a. Have you had a fever (100.4 degrees fahrenheit +) or felt hot/feverish in the past 10 days?
- b. Have you experienced shortness of breath or other difficulties breathing (other than arising from a chronic condition) in the past 10 days?
- c. Have you had a cough, sore throat, or flu-like symptoms such as chills, headache, muscle/body ache or fatigue in the past 10 days?
- d. Have you had gastrointestinal symptoms such as abdominal pain, nausea, diarrhea or vomiting in the past 10 days?
- e. Have you experienced recent loss of taste or smell?
- f. Are you in contact with any confirmed or suspected COVID-19 positive patients, such as household or other family members?
- g. Have you traveled in the past 14 days to any regions affected by COVID-19 / that are subject to quarantine? Click [here](#) for the list of states affected by the NJ travel advisory.

In addition, if you have heart disease, lung disease, kidney disease, diabetes or any auto-immune disorder, please note the heightened risk in-person attendance may pose to you. See here for more:

<https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-with-medical-conditions.html>

Anyone suffering from any of the systems described above may consider being evaluated by a healthcare provider.

If you test positive for COVID-19 after attending an event at CBI, please contact the CBI office immediately.

5. **FACE COVERINGS:** We ask that all attendees wear mask/face coverings (without a respiratory valve) that cover the nose and mouth at all times.

For indoor events, masks must be worn at all times, including by the service leaders. We recommend attendees wear either (a) a KN95 mask or (b) both a cloth and paper mask. For information about the benefits of double masking, click [here](#).

For outdoor events, face coverings may be removed **only** by clergy when leading services. Clergy will stay at least 15 feet away from any other person during this time.

6. **PLEASE KEEP YOUR DISTANCE:** We will maintain social distancing of 8 feet. If you come to an event with a family “pod” member, you and your family member can be together but you must be more than 8 feet from any other participants or pods.
7. **BYOK/BYOT/BYOC:** Please bring your own kippah tallit and chair.
8. **ONEG/KIDDUSH:** There will be no food prepared or served at CBI other than for specified pre-approved events.

When food is served at a pre-approved event, please (a) continue to wear masks other than when food is being consumed; (b) maintain an 8 foot distance when eating.

9. **HAND SANITIZER:** Hand sanitizer is available in the building and outside and should be applied frequently.
10. **RESTROOMS:** We strongly encourage people to use restrooms before coming to CBI. Anyone who uses the facilities must wipe down the facilities, including door handles, after use, and we will have wipes available.