# A Message from Francesca

**Break a Leg!**

I am sending encouragement to those in our community who are a part of a theater production this week! I am definitely the kind of person who likes to watch Godzilla and the Meg movies in IMAX. As much as I love the cinematic thrill of pretending I am being eaten by a giant shark, there is something enchanting and timeless about watching a live performance that you cannot get from another medium.

When you expend your efforts into a goal, what you are creating or working toward becomes a part of you. When you put your time into something, you are pouring your energy into it. When the audience can feel the power of the cumulative creativity energy that has been transferred into the production by all the people involved in real time. The live collaborative effort of everyone involved is part of what makes the theater so magical.

No matter the outcome of the shows this week, though I am sure it will be fantastic… I honor the hours, the thoughts, the skill, the imagination, the discipline, the you-ness that is being poured into these upcoming performances.

For all the unseen work that we wonder if anyone will notice, I extend my respect to the energy and dedication you have put forth to the collective success and beauty of the show. I hope you have fun and break a leg!

Wishing you a nourished spirit,
Francesca :)