

ABOUT FAITH DEVELOPMENT OPPORTUNITIES DURING THIS TIME:

The Faith Development program is working on ways to engage you in some educational and spiritual development practice during this time of social distancing. You are encouraged to find your own ways to connect to your spiritual health - meditate, read or write, discuss big issues with your family, and so on.

One of the easiest ways to stay connected with your faith is to light a chalice each day along with a favorite reading (a poem, song lyrics, a passage from a novel that touches you deeply, etc.).

From time to time, we'll offer some at home activities and prompts as well as ways to circle back to the UUCGL community as we understand that connection is an important part of your spiritual well-being too. Also, keep an eye out for some online offerings – an occasional case, meditation sessions, and of course worship opportunities. AND, if you think you have something to offer, please contact me with your ideas at markelapointe@gmail.com.

THANKS,
MARK

The Creative Chalice Challenge

Our Chalice is not only the key symbol of our Unitarian Universalist Faith, but it also represents so many of our shared principles and beliefs – courage, strength, connection, and more. This activity is an opportunity for you to create and share a chalice made from things found in your home. Be it legos, or clay, food, feathers, paper mâché or whatever percolates in your imagination. It can be a 2-dimensional version as well – draw, color, paint, and glitter can go a long way. Do it as a family, or with a partner, or on your own. When done, send a picture of your chalice along with a sentence or two about it to me at markelapointe@gmail.com. These I will share on our Facebook page so we can enjoy our community's creativity and connection.



And, as an added bonus, the Faith Development program will make a donation of \$2.00 to Our Brothers Table for each chalice submitted.

All photos and descriptions should be to me no later than Friday, April 24th.

*If you make a chalice out of food, please eat it or share it with our animal friends before it goes bad.