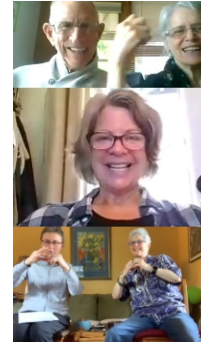




Join our unique ongoing Zoom community! First Visit Free for New Participants



MiniWise

Expand your circle of friends by joining [Elderwise](#) for an ongoing series of weekly hour-long Zoom MiniWise gatherings. We warmly welcome all to forge meaningful connections as we sip our coffee or tea and take part in discussions surrounding a weekly theme—like your favorite decade or car.

We'll also share stories, move our bodies, and most importantly, relish one another's company. Gatherings will take place on Mondays from 11am – noon.

People living with memory loss and their care partners are invited to participate. Each session is \$20 and will be led by 2 trained facilitators. There is a maximum of 7 couples.

To register or for more information, please contact Nancy Lang at nancy@elderwise.org.



Sarah English has been working with individuals with memory loss for over 7 years and is very excited to begin facilitating MiniWise Zoom groups! She earned a certificate in Gerontology from The University of Washington in 2017 and is currently working toward a Master's in Social Work at the university. When she isn't studying or working, she enjoys reading, biking, camping and spending time with her daughter.



Nancy Lang joined the Elderwise community in 2019 as Program Coordinator. Her previous experience as a Creative Engagement Specialist, and background in Human Development and Gerontology, create a holistic approach to her work with our program participants. She is excited about this opportunity to co-facilitate our MiniWise gatherings.