

# VILLAGE MOVEMENT SEATTLE

## WHAT IS A VILLAGE?

- An exciting **do-it-yourself movement** across the country **driven by older people** creating supportive **intergenerational communities**.
- Villages provide choices for people to **be connected**, **stay independent and active**, and to **live where they choose**.
- **200 villages have sprung up** since 2002 with 150 more in development.
- We have **four villages in the Seattle area**:
  - Wider Horizons in Central Seattle
  - NEST in Northeast Seattle
  - PNA Village in Northwest Seattle
  - Westside Neighbors Network in West Seattle

“ I feel like I am part of the community and there is somebody who will be there when I need someone to be there. I have a second family. ”

## WHAT ARE THE GOALS OF SEATTLE VILLAGES?

- Increase choices as we age
- Increase value we place on elders
- Decrease social isolation
- Build stronger, intergenerational, communities for all

## VILLAGES = AGING WELL

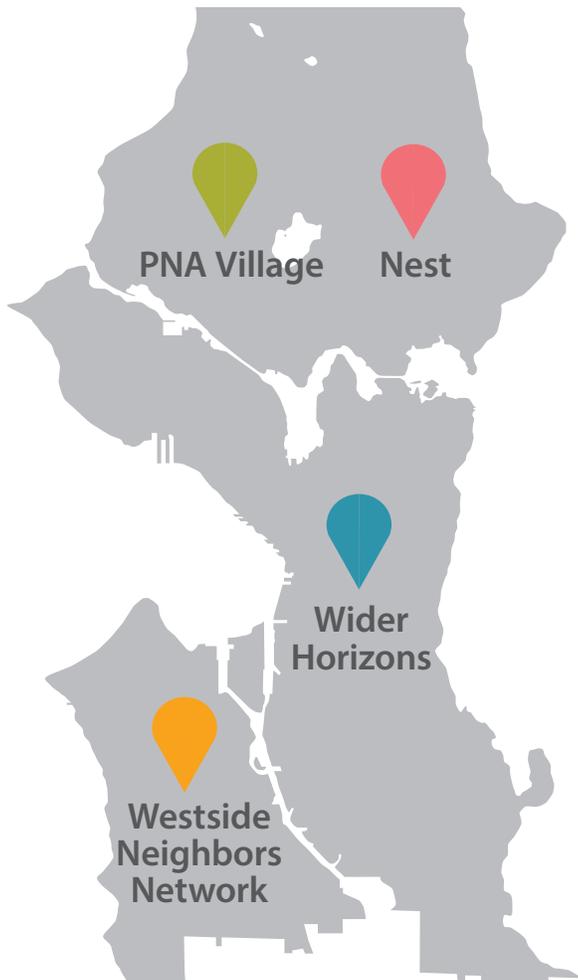


## WHY VILLAGES WORK (UNIQUE STRENGTHS)

- Grassroots and member driven
- Flexible and innovative
- Volunteer opportunities are in your neighborhood, emotionally rewarding, and at your convenience



## SEATTLE VILLAGE LOCATIONS



## 2017 CUMULATIVE VILLAGE DATA

- 465** Total Village Members
- 49%** Of members pay reduced fees
- 39-98** Member age range
- 74** Member average age
- 79%** Female
- 21%** Male
- 63%** Live alone
- 37%** Live with others
- 502** Total number of volunteers
- 13-92** Volunteer age range
- 57** Volunteer average age

“ In one weekend, Village volunteers cleaned furnace filters, picked up things that had fallen in my closet, polished a chandelier, hung my favorite Christmas lights and a new art piece, fixed a sticking drawer, and moved my computer printer to a more convenient place.

It certainly feels good to know that I don't have to do things where I might lose my balance or hurt a shoulder or hip if I tried to do them alone.

I find myself in the middle of a village—a group of people caring, sharing, and expanding my life. I intend to be a lifelong member! ”

### COMMUNITY BUILDING ACTIVITIES

- Movie nights in member homes
- Discussion groups on current events and civic engagement
- Happy Hours in neighborhood pubs
- Theatre outings
- Engaging in the arts: reading, writing, painting, visiting exhibits
- Supper clubs to explore favorite restaurants
- Walking groups
- Knitting for the homeless
- Volunteering in the community



nestseattle.org  
206.525.6378  
Opened February 2012



phinneycenter.org/village  
206.789.1217  
Opened April 2012



westsideneighborsnetwork.org  
206.937.1347  
Opened January 2018



widerhorizonsvillage.org  
206.650.3586  
Opened June 2015