



# *Here's to the Future!*

## **An Intergenerational Conversation about Aging and End-of-Life**

**Date/Time:** Saturday, July 12<sup>th</sup>, 6:30pm-8:00pm

**Location:** Bellingham Unitarian Fellowship (1207 Ellsworth St.)

**Sponsored by:** *Aging Well Whatcom*, an initiative of *Chuckanut Health Foundation*, and *Bellingham Unitarian Fellowship*

*A suggested Donation of \$5-\$15 will go to support the work of  
Dementia Support Northwest*

Mother and daughter team, Rebecca and Erika Crichton, both bring extensive experience in the fields of aging, caregiving, and end-of-life planning. They will discuss how adult children and older parents can learn more about one another by openly discussing the joys and challenges of aging well in our modern world.

Please join them for an interactive evening where attendees will learn how to begin having their own conversations related to aging, living with a serious illness, and planning for the right care support through end-of-life.

