

The First Sunday in Lent



February 26, 2023 • 9 am

WELCOME TO ST. MARY'S EPISCOPAL CHURCH!

Our mission is to be a Christian community of all ages
grounded in worship, well-being and service.

We hope you will experience God's own welcome here and return again and again.

Find us online at www.smportsmouth.org and on Facebook.

NOTES ABOUT WORSHIP AT ST. MARY'S

- If you are our guest today, please complete a welcome card and give it to the greeter or priest. This will give us a chance to learn your name welcome you more personally.
- In the spirit of worship, kindly silence your cell phone.
- It is our pleasure to welcome children and their parents at all services. We understand that children's energy and voice is a gift they may share during worship.
- If you have need, restrooms are accessible on both levels of the parish house. You will find two restrooms on each level.
- All Christians are invited to the Holy Table to receive communion. If it is difficult for you to walk, please notify a greeter, and we will bring communion to you.
- We have a hearing loop system to assist with hearing during worship. Please ask a greeter if you need assistance with this.
- If you would like to make an offering electronically you may do so using the QR code below.



THE HOLY EUCHARIST

WELCOME AND ANNOUNCEMENTS

All may stand as they are able for the Great Litany.

THE GREAT LITANY

I.

Holy God, Creator of heaven and earth,
Have mercy on us.

Holy and Mighty, Redeemer of the world,
Have mercy on us.

Holy Immortal One, Sanctifier of the faithful,
Have mercy on us.

Holy, blessed and glorious Trinity, One God,
Have mercy on us.

The Procession Begins.

II.

From all evil and mischief; from pride, vanity and hypocrisy;
from envy, hatred and malice; and from all evil intent,
Savior deliver us.

From sloth, worldliness and love of money; from hardness of heart
and contempt for your word and your laws,
Savior deliver us.

From sins of body and mind; from deceits of the world, flesh and the
devil,
Savior deliver us.

From famine and disaster; from violence, murder, and dying unprepared,
Savior deliver us.

In all times of sorrow; in all times of joy; in the hour of our death and at the day of judgment,

Savior deliver us.

By the mystery of your holy incarnation; by your birth, childhood and obedience; by your baptism, fasting and temptation,

Savior deliver us.

By your ministry in word and work; by your mighty acts of power; by the preaching of your reign,

Savior deliver us.

By your agony and trial; by your cross and passion; by your precious death and burial,

Savior deliver us.

By your mighty resurrection; by your glorious ascension; and by your sending of the Holy Spirit,

Savior deliver us.

III.

Hear our prayers, O Christ our God.

Hear us, O Christ.

Govern and direct your holy Church; fill it with love and truth; and grant it that unity which is your will.

Hear us, O Christ.

Give us boldness to preach the gospel in all the world, and to make disciples of all the nations.

Hear us, O Christ.

Enlighten your bishops, priests and deacons with knowledge and understanding, that by their teaching and their lives they may proclaim your word.

Hear us, O Christ.

Give your people grace to witness to your word and bring forth the fruit of your Spirit.

Hear us, O Christ.

Bring into the way of truth all who have erred and are deceived.

Hear us, O Christ.

Strengthen those who stand; comfort and help the fainthearted; raise up the fallen; and finally beat down Satan under our feet.

Hear us, O Christ.

IV.

Guide the leaders of the nations into the ways of peace and justice.

Hear us, O Christ.

Give your wisdom and strength to Joseph, the President of the United States, and Dan the Governor of this state, that in all things they may do your will, for your glory and the common good.

Hear us, O Christ.

Give to the Congress of the United States, the members of the President's Cabinet, those who serve in our state legislature, and all others in authority the grace to walk always in the ways of truth.

Hear us, O Christ.

Bless the justices of the Supreme Court and all those who administer the law, that they may act with integrity and do justice for all your people.

Hear us, O Christ.

Give us the will to use the resources of the earth to your glory and for the good of all.

Hear us, O Christ.

Bless and keep all your people,

Hear us, O Christ.

V.

Comfort and liberate the lonely, the oppressed, and the bereaved, remembering especially the Stevenson and Updegrove families.

Hear us, O Christ.

Keep in safety those who travel and all who are in peril.

Hear us, O Christ.

Heal the sick in body, mind or spirit especially Rene, Fred, Lynne, Bill, Anne, Donald, Diane, Joanne, Claire, Christina, Carol, Caitlin, Jenna, Leilani and provide for the homeless, the hungry and the destitute.

Hear us, O Christ.

Guard and protect all children who are in danger.

Hear us, O Christ.

Shower your compassion on prisoners, hostages and refugees, and all who are in trouble.

Hear us, O Christ.

Forgive our enemies, persecutors and slanderers, and turn their hearts.

Hear us, O Christ.

Hear us as we remember those who have died especially Sarah Gibbs our founder, Donald Kaull, Cindy Simmons, Brad Stevenson and Kathleen Updegrove, grant us with them a share in your eternal glory.

Hear us, O Christ.

VI.

Give us true repentance; forgive us our sins of negligence and ignorance and our deliberate sins; and grant us the grace of your Holy Spirit to amend our lives according to your word.

Holy God,

Holy and Mighty,

Holy Immortal One,

Have mercy on us.

Kyrie Eleison

239 LEVAS

Freedom Mass

Ky - ri - e

Ky - ri - e - le - i - son. Ky - ri -

Chri - te

e e - le - i - son. Chri - ste, e - le - i -

Ky - ri - e

son. Chri - ste, e - le - i - son. Ky - ri -

e e - le - i - son. Ky - ri - e - le - i - son.

(o)

COLLECT OF THE DAY

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

The People may be seated.

FIRST READING Genesis 2:15-17, 3:1-7

The LORD God took the man and put him in the garden of Eden to till it and keep it. And the LORD God commanded the man, “You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.”

Now the serpent was more crafty than any other wild animal that the LORD God had made. He said to the woman, “Did God say, ‘You shall not eat from any tree in the garden?’” The woman said to the serpent, “We may eat of the fruit of the trees in the garden; but God said, ‘You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.’” But the serpent said to the woman, “You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.” So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

Reader The Word of the Lord.
People **Thanks be to God.**

PSALM 32

refrain sung by all

S. Soper



For I turn to you, Lord, in time of trouble,
and you fill me with the joy of salvation.

Text © 1969, 1981, 1997, ICEL. All rights reserved. Used with permission.

Music © 2016, Scott Soper. Published by OCP. All rights reserved.

Reprinted with permission under ONE LICENSE, License # A-722357. All rights reserved.

SECOND READING Romans 5:12-19

As sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned-- sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

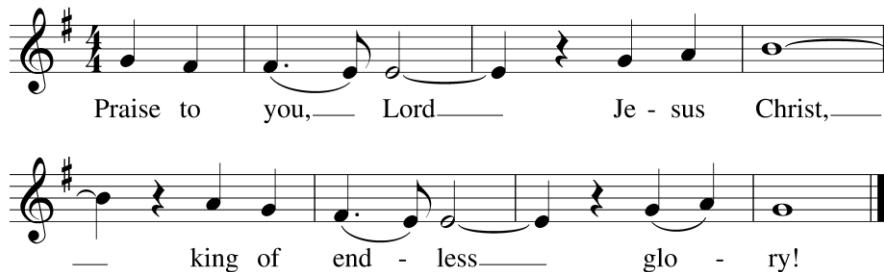
Reader The Word of the Lord.
People Thanks be to God.

All may stand for the Sequence Hymn and Holy Gospel.

SEQUENCE HYMN

J. Mattingly

REFRAIN



Praise to you, Lord Je - sus Christ, _____
— king of end - less glo - ry!

Text © 1969, 1981, 1997, ICEL.

Music copyright © 2000, World Library Publications.

Reprinted with permission under ONE LICENSE, License # A-722357. All rights reserved.

HOLY GOSPEL Matthew 4:1-11

Gospeller ✕ The Holy Gospel of our Lord Jesus Christ according to Matthew.
People **Glory to you, Lord Christ.**

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, “If you are the Son of God, command these stones to become loaves of bread.” But he answered, “It is written,

‘One does not live by bread alone,
but by every word that comes from the mouth of God.’”

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, “If you are the Son of God, throw yourself down; for it is written,

‘He will command his angels concerning you,’
and ‘On their hands they will bear you up,
so that you will not dash your foot against a stone.’”

Jesus said to him, “Again it is written, ‘Do not put the Lord your God to the test.’”

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, “All these I will give you, if you will fall down and worship me.” Jesus said to him, “Away with you, Satan! for it is written,

‘Worship the Lord your God,
and serve only him.’”

Then the devil left him, and suddenly angels came and waited on him.

Gospeller The Gospel of the Lord.
People **Praise to you, Lord Christ.**

SERMON

The Rev. Cathy Tyndall Boyd

All may stand for the Creed.

NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

If we say that we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God, who is faithful and just, will forgive our sins and cleanse us from all unrighteousness. (1 John 1:8,9)

The Celebrant then says

Let us confess our sins against God and our neighbor.

Silence is kept.

Minister and the People.

Most merciful God,
We confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we might delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Celebrant stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.
Amen.

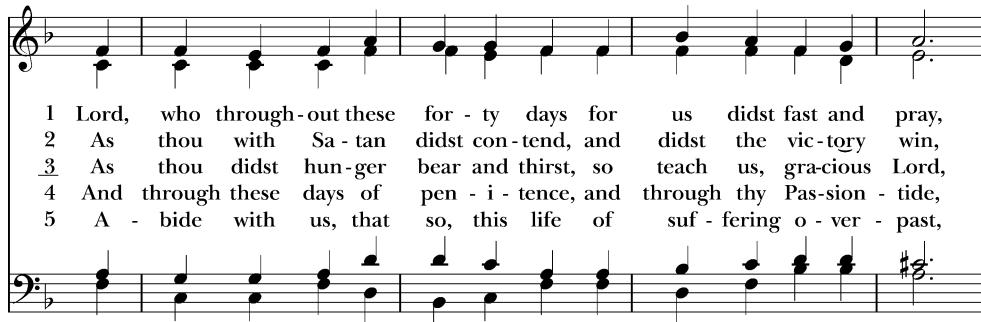
PEACE

Celebrant The peace of the Lord be always with you.
People **And also with you.**

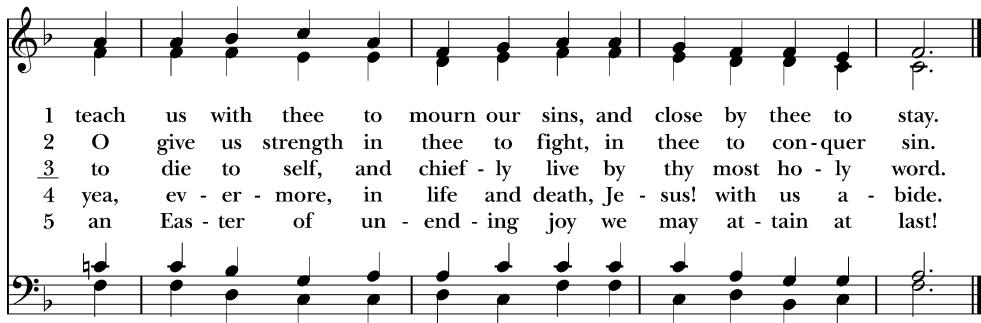
Greet one another with a sign of God's peace.

THE HOLY COMMUNION

OFFERTORY HYMN 142 Lord, who throughout these forty days *St. Flavian*



1 Lord, who through-out these for - ty days for us didst fast and pray,
2 As thou with Sa - tan didst con - tend, and didst the vic - tory win,
3 As thou didst hun - ger bear and thirst, so teach us, gra - cious Lord,
4 And through these days of pen - i - tence, and through thy Pas - sion - tide,
5 A - bide with us, that so, this life of suf - fering o - ver - past,



1 teach us with thee to mourn our sins, and close by thee to stay.
2 O give us strength in thee to fight, in thee to con - quer sin.
3 to die to self, and chief - ly live by thy most ho - ly word.
4 yea, ev - er - more, in life and death, Je - sus! with us a - bide.
5 an Eas - ter of un - end - ing joy we may at - tain at last!

Words: Claudia Frances Hernaman (1838-1898). Music: *St. Flavian*, melody from *Day's Psalter*, 1562; adapt, and harm. Richard Redhead (1820-1901).

The People may stand as the gifts are brought forward.

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give him thanks and praise.**

God of all power, Ruler of the Universe, you are worthy of glory and praise.

Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

By his blood, he reconciled us.

By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Ho - ly, ho - ly, ho - ly Lord, God of power and
 might, Ho - ly, ho - ly, ho - ly Lord,
 God of power and might, heaven and earth are
 full, full of your glo - ry. Ho -
 san - na in the high - est. Ho - san - na
 in the high - est. Blessed is he who comes
 in the name of the Lord. Ho - san - na
 in the high - est. Ho - san - na in the high - est.

The celebrant continues...

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

After supper, he took the cup of wine, gave thanks, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

**We celebrate his death and resurrection,
as we await the day of his coming.**

Lord God of our Fathers; God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

THE LORD'S PRAYER

Celebrant And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven, hallowed be thy Name,
thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread.**

**And forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.**

BREAKING OF THE BREAD

A period of silence is kept.

FRACTION ANTHEM S-161

New Plainsong

Lamb of God, you take a-way the sins of the world,
have mer-cy on us. Lamb of God, you take a-way the
sins of the world, have mer-cy on us. Lamb of God,
you take a-way the sins of the world, grant us peace.

Music: *New Plainsong III*, David Hurd, © 1981, 2018 GIA Publications, Inc.

Reprinted with permission under ONE LICENSE, License # A-722357. All rights reserved.

Please come forward at the invitation: "The gifts of God for the people of God . . ."

COMMUNION HYMN: You who dwell in the shelter of the Lord *M. Joncas*

1. You who dwell in the shelter of the Lord, who a -
2. Snares of the fowl - er will nev - er cap - ture you, and
3. For to the an - gels God's giv - en a com - mand to

bide in his sha - dow for life, say to the Lord: "My
fam - ine will bring you no fear; un - der God's wings your
guard you in all of your ways; up - on their hands they will

bide in his sha - dow for life, say to the Lord: "My
fam - ine will bring you no fear; un - der God's wings your
guard you in all of your ways; up - on their hands they will



ref - uge with faith - ful - ness your shield.
bear you up, lest you dash your foot a - gainst a stone.

Bass line continuation with chords and bass notes.

Refrain

And I will raise you up on eagle's wings,

bear you on the breath of dawn, make you to shine like the

Bass line continuation with chords and bass notes.

sun, and hold you in the palm of my hand."

Words: Michael Joncas (b. 1951). Music: Michael Joncas. Copyright © 1979, 1991, New Dawn Music, 5536 NE Hassalo, Portland, OR 97213. All rights reserved. Used by permission.

COMMUNION MEDITATION:

Tree of Life

A. Thompson

Turn our hearts, turn our minds, make us branch - es hold-ing
 fast to the vine. Pa-tient Keep - er, draw us
 to your ten - der mer - cy, Tree of Life.

Verses

1. We remember we are mortal, breath of God but of the earth.
 Through the desert we must travel, tasting hunger, knowing thirst.
2. We are sinful, we are prideful. We have all gone astray.
 Deep within us we are needful of a clean heart day by day.
3. As we travel on our journey take our hearts and make them new.
 Jesus walked this road before us as our God, but human, too.
 Jesus walked this road before us as our God, but human, too.

Text: Aaron Thompson

Tune: Aaron Thompson; arr. by Ed Bolduc, b.1969

© 1999, 2006, Aaron Thompson. Published by World Library Publications, a division of GIA Publications, Inc.

Reprinted with permission under ONE LICENSE, License # A-722357. All rights reserved.

POSTCOMMUNION PRAYER

Celebrant Let us pray.

Almighty and everliving God,
we thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the Body of your Son,
and heirs of your eternal kingdom.
And now, Father, send us out
to do the work you have given us to do,
to love and serve you as faithful witnesses of Christ our Lord.
To him, to you, and to the Holy Spirit,
be honor and glory, now and for ever. Amen.

SOLEMN PRAYER OVER THE PEOPLE

Celebrant Bow down before the Lord.

All may bow as they are able.

Grant, Almighty God, that your people may recognize their weakness and put their whole trust in your strength, so that they may rejoice for ever in the protection of your loving providence; through Christ our Lord. **Amen.**

DISMISSAL

Celebrant Let us go forth in the name of Christ.

People **Thanks be to God.**

RECESSATIONAL HYMN

688 A mighty fortress is our God

Ein feste Burg

and, armed with cru - el hate, on earth is not his e - qual.
from age to age the same, and he must win the bat - tle.
for lo! his doom is sure, one lit - tle word shall fell him.
God's truth a - bid - eth still, his king-dom is for ev - er.

Words: Martin Luther (1483-1546); tr. Frederic Henry Hedge (1805-1890); based on Psalm 46. Music: *Ein feste Burg*, melody Martin Luther (1483-1546); harm. Johann Sebastian Bach (1685-1750).

Liturgical Ministers

Altar Guild: Ann Gizzi, Ruth Siebens

Celebrant: The Rev. Jennifer Pedrick

Preacher: The Rev. Cathy Tyndall Boyd

Organist: David Warfield

Musicians: Michael Templeton, Julie Zecher, Brooke Huminski, Elisabeth Ripley & The St. Mary's Choir

Greeters: Cory Thurston Lallo, Elise LaParle Garcia

Lector and Intercessor: Trish Culver

Acolytes: Leo Barker, Samuel Brower, Isaac Nestlerode

Crucifer/Server: Paul Westrom

Audio Visual: David Cozzens

Reprinted with permission under ONE LICENSE, License #A-722357. All rights reserved.

*Permission to podcast/stream the music is this service obtained from ONE LICENSE,
License #A-722357. All rights reserved*

St. Mary's Episcopal Church

324 East Main Road, Portsmouth, RI 02871

(401) 846-9700 ♦ www.smcpportsmouth.org

The Reverend Jennifer L. Pedrick, Rector

Karen Laroche, Parish Administrator

Michael Templeton, Pastoral Musician

Jon Walker, Property Manager