



*even at the grave  
we make our song*

## LENT AT ST. MARY'S

### The First Sunday in Lent

March 8, 2025 • 5 pm & March 9, 2025 • 10 am

#### **WELCOME TO ST. MARY'S EPISCOPAL CHURCH!**

Our mission is to be a Christian community of all ages  
grounded in worship, well-being and service.

We hope you will experience God's own welcome here and return again and again.  
Find us online at [www.smcpportsmouth.org](http://www.smcpportsmouth.org) and on Facebook.

## NOTES ABOUT WORSHIP AT ST. MARY'S

- If you are our guest today, please complete a welcome card and put it in the offering plate or give it to the greeter. This will give us a chance to learn your name welcome you more personally.
- It is our pleasure to welcome children and their parents at all services. We understand that children's energy and voices are gifts they may share during worship. That is how God made them and we are grateful they are worshiping with us. Feel free to step out and step back in as needed. Sitting as close to the front as possible helps them to see.
- If you have need, restrooms are accessible on both levels of the parish house.
- Text written in **bold** in this bulletin is to be spoken by all. When printed, the ✡ indicates an appropriate time to make the sign of the cross.
- All Christians are invited to the Holy Table to receive communion. If it is difficult for you to walk, please notify a greeter, and we will bring communion to you.  
If you do not wish to receive communion, you may come forward for a blessing. If you are interested in Holy Baptism, please speak with our rector, Jennifer or our associate rector, Meaghan. We welcome the opportunity to prepare people of all ages for baptism.
-  We have a hearing loop system to assist with hearing during worship. Please ask a greeter if you would like to use a receiver with headphone, or you may prefer to use your own ear buds. If you have hearing aids with the T-coil function, adjust to that setting.
- Music Notes:  
Our music books for worship include Wonder Love and Praise, WLP & The Hymnal 1982. Both can be found in the pew. Additional music can be found in the bulletin.

To find out what's happening at St. Mary's this week and in the coming weeks, visit our on line calendar by scanning the QR code below!



## The Holy Eucharist

### Welcome and Announcements

**Processional Hymn**      Forty days and forty nights (verses 1-3)      Hymnal 1982, 150

### Opening Acclamation

*Celebrant*      Bless the Lord who forgives all our sins;  
*People*      **His mercy endures forever.**

If we say that we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God, who is faithful and just, will forgive our sins and cleanse us from all unrighteousness.      *1 John 1:8,9*

### Confession and Absolution

*Celebrant*      Let us confess our sins against God and our neighbor.

*All may bow or kneel as you are able. Silence is kept.*

*Celebrant and People*  
**Most merciful God,**  
**we confess that we have sinned against you**  
**in thought, word, and deed,**  
**by what we have done,**  
**and by what we have left undone.**  
**We have not loved you with our whole heart;**  
**we have not loved our neighbors as ourselves.**  
**We are truly sorry and we humbly repent.**  
**For the sake of your Son Jesus Christ,**  
**have mercy on us and forgive us;**  
**that we may delight in your will,**  
**and walk in your ways,**  
**to the glory of your Name. Amen.**

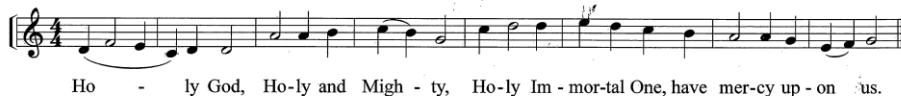
*Celebrant*      Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

# Trisagion

## Holy God

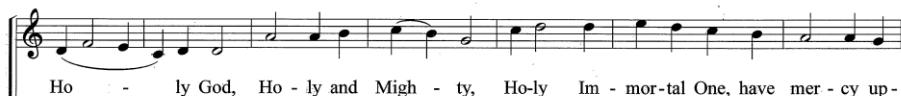
R. Fabian

Unison



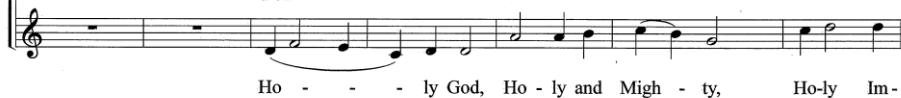
Ho - - ly God, Ho - ly and Migh - ty, Ho - ly Im - mor-tal One, have mer - cy up - on us.

Part 1

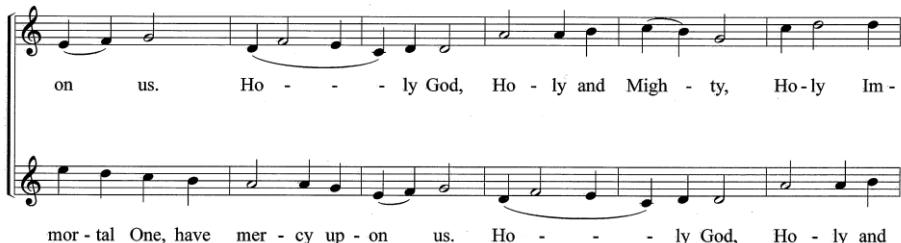


Ho - - ly God, Ho - ly and Migh - ty, Ho - ly Im - mor-tal One, have mer - cy up - on us.

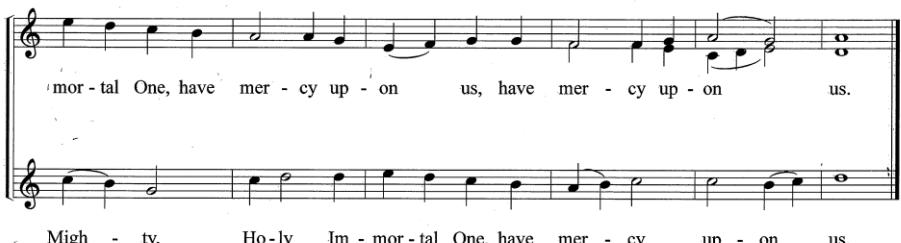
Part 2



Ho - - - ly God, Ho - ly and Migh - ty, Ho - ly Im - mor - tal One, have mer - cy up - on us.



on us. Ho - - - ly God, Ho - ly and Migh - ty, Ho - ly Im - mor - tal One, have mer - cy up - on us. Ho - - - ly God, Ho - ly and



Ho - - - ly God, Ho - ly and Migh - ty, Ho - ly Im - mor - tal One, have mer - cy up - on us. Ho - - - ly God, Ho - ly and

Music: *Canon in Mode I*, Richard Fabian (b. 1942). © All Saints' Company c/o St. Gregory's Church. Copying for local use is permitted and encouraged.

## Collect of the Day

*Celebrant* The Lord be with you.

*People* **And also with you.**

*Celebrant* Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**

*The People may be seated.*

## First Reading Deuteronomy 26:1-11

When you have come into the land that the LORD your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the LORD your God is giving you, and you shall put it in a basket and go to the place that the LORD your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, "Today I declare to the LORD your God that I have come into the land that the LORD swore to our ancestors to give us." When the priest takes the basket from your hand and sets it down before the altar of the LORD your God, you shall make this response before the LORD your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labor on us, we cried to the LORD, the God of our ancestors; the LORD heard our voice and saw our affliction, our toil, and our oppression. The LORD brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O LORD, have given me." You shall set it down before the LORD your God and bow down before the LORD your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the LORD your God has given to you and to your house.

*Reader* The Word of the Lord.

*People* **Thanks be to God.**

## Psalm 91

*Cantor will intone the refrain. Then choir & congregation repeat the refrain.  
Cantor will chant the verses followed by the choir & congregation singing the refrain.*

### *On other Sundays and Weekdays*

A musical score for 'The Star-Spangled Banner' in G major. The vocal line is in soprano C-clef, and the piano accompaniment is in bass F-clef. The vocal part begins with a dotted half note followed by an eighth note, then a dotted half note, and a dotted quarter note. The piano part consists of eighth-note chords.

He shall give his angels charge over you, to keep you in all your ways.

1 He who dwells in the shelter of the Most High, \*  
abides under the shadow of the Almighty.

2 He shall say to the LORD,  
"You are my refuge and my stronghold, \*  
my God in whom I put my trust." (Refrain)

9 Because you have made the LORD your refuge, \*  
and the Most High your habitation,

10 There shall no evil happen to you, \*  
neither shall any plague come near your dwelling.

11 For he shall give his angels charge over you, \*  
to keep you in all your ways. (Refrain)

12 They shall bear you in their hands, \*  
lest you dash your foot against a stone.

13 You shall tread upon the lion and adder; \*  
you shall trample the young lion and the serpent under your feet.

14 Because he is bound to me in love,  
therefore will I deliver him; \*  
I will protect him, because he knows my Name. (*Refrain*)

15 He shall call upon me, and I will answer him; \*  
I am with him in trouble;  
I will rescue him and bring him to honor.

16 With long life will I satisfy him, \*  
and show him my salvation. (*Refrain*)

## Second Reading Romans 10:8b-13

"The word is near you,  
on your lips and in your heart"

(that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, "No one who believes in him will be put to shame." For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, "Everyone who calls on the name of the Lord shall be saved."

*Reader* The Word of the Lord.

*People* **Thanks be to God.**

*All may stand for the Lenten Gospel Acclamation and Holy Gospel.*

**Lenten Gospel Acclamation** Mass of Our Lady of Light J. Manibusan, F.Bauer



Glo - ry to you, O Word of God, Lord Je - sus Christ.

Glo - ry to you, O Word of God, Lord Je - sus Christ.

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## Holy Gospel Luke 4:1-13

*Gospeller* ✕ The Holy Gospel of our Lord Jesus Christ according to Luke.  
*People* **Glory to you, Lord Christ.**

After his baptism, Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, "If you are the Son of God, command this stone to become a loaf of bread." Jesus answered him, "It is written, 'One does not live by bread alone.'"

Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, "To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours." Jesus answered him, "It is written,

'Worship the Lord your God,  
and serve only him.'

Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down from here, for it is written,

'He will command his angels concerning you,  
to protect you,' and  
'On their hands they will bear you up,  
so that you will not dash your foot against a stone.'

Jesus answered him, "It is said, 'Do not put the Lord your God to the test.'" When the devil had finished every test, he departed from him until an opportune time.

*Gospeller* The Gospel of the Lord.  
*People* **Praise to you, Lord Christ.**

**Sermon**

The Rev. Meaghan Brower

*All may stand for the Creed.*

## The Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

## Prayers of the People

*The people may offer prayers aloud during the silence following each petition.*

The leader will say, “Lord, in your mercy,”

*Our response will be*

**Hear our prayer.**

## Peace

*Celebrant*      The peace of the Lord be always with you.  
*People*            **And also with you.**

*Greet one another with a sign of God’s peace.*

## HOLY COMMUNION

### Offertory Hymn

Lead us, heavenly Father lead us

Hymnal 1982, 559

*If you would like to make an offering there is a plate at the rear of the church, or if electronically please use this code.*



*The People may stand as the gifts are brought forward.*

### Eucharistic Prayer A

*Celebrant* The Lord be with you.

*People* **And also with you.**

*Celebrant* Lift up your hearts.

*People* **We lift them to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

*People* **It is right to give him thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. You bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**Sanctus and Benedictus****Holy, holy, holy Lord****Hymnal 1982, S 124**

*The celebrant continues...*

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

### **The Lord's Prayer**

*Celebrant* And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven, hallowed be thy Name,  
thy kingdom come, thy will be done, on earth as it is in heaven.  
Give us this day our daily bread.**

**And forgive us our trespasses, as we forgive those who trespass against us.  
And lead us not into temptation, but deliver us from evil.  
For thine is the kingdom, and the power, and the glory,  
for ever and ever. Amen.**

### **The Breaking of the Bread**

*A period of silence is kept.*

Fraction

Lamb of God

Hymnal 1982, S 161

Lamb of God, you take a - way the sins of the world:  
have mer - cy on us. Lamb of God, you take a - way the  
sins of the world: have mer - cy on us. Lamb of God,  
you take a - way the sins of the world: grant us peace.

*Please come forward at the invitation: "The gifts of God for the people of God . . ."*

Communion Hymn

You who dwell in the shelter of the Lord

WLP, 810

Post Communion Prayer

*Celebrant* Let us pray.

Almighty and everliving God,  
we thank you for feeding us with the spiritual food  
of the most precious Body and Blood  
of your Son our Savior Jesus Christ;  
and for assuring us in these holy mysteries  
that we are living members of the Body of your Son,  
and heirs of your eternal kingdom.  
And now, Father, send us out  
to do the work you have given us to do,  
to love and serve you as faithful witnesses of Christ our Lord.  
To him, to you, and to the Holy Spirit,  
be honor and glory, now and for ever. Amen.

## **Blessing**

### **Dismissal**

*Celebrant*      Let us go forth in the name of Christ.  
*People*      **Thanks be to God.**

### **Recessional Hymn**

Shepherd of souls, refresh and bless

Hymnal 1982, 343

## **Liturgical Ministers**

**Altar Guild:** 5 pm & 10 am Joanne Gracia, Jennie Nestlerode

**Musician:** 10 am Michael DiMucci

**Greeters:** 5 pm Elise LaParle Garcia, Cory Thurston  
10 am Lee Ferreira, Mary Kay Lundberg

**Lector and Intercessor:** 5 pm Bob Vergnani  
10 am Anne Wood

**Crucifer/Server:** 5 pm Steve Bakios  
10 am Lauren Lema

**Acolytes:** Isaac Nestlerode, Connor Legassie, Sam Brower

**Audio Visual:** 10 am Jerry Culver

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**St. Mary's Episcopal Church**  
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The Reverend Jennifer L. Pedrick, *Rector*  
The Rev. Meaghan Brower, *Associate Rector*  
Michael DiMucci, *Pastoral Musician*  
Karen Laroche, *Pastoral Associate of Administration*  
Jon Walker, *Property Manager*