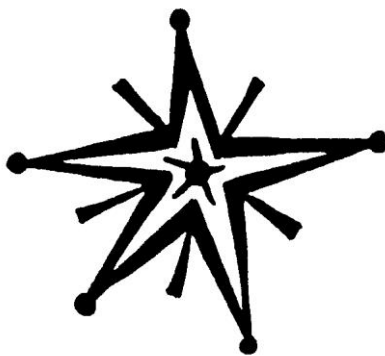


The Fourth Sunday after the Epiphany



Holy Eucharist

January 29, 2023 • 9 am

WELCOME TO ST. MARY'S EPISCOPAL CHURCH!

Our mission is to be a Christian community of all ages
grounded in worship, well-being and service.

We hope you will experience God's own welcome here and return again and again.

Find us online at www.smcportsmouth.org and on Facebook.

NOTES ABOUT WORSHIP AT ST. MARY'S

- If you are our guest today, please complete a welcome card and give it to the greeter or priest. This will give us a chance to learn your name welcome you more personally.
- In the spirit of worship, kindly silence your cell phone.
- It is our pleasure to welcome children and their parents at all services. We understand that children's energy and voice is a gift they may share during worship.
- If you have need, restrooms are accessible on both levels of the parish house. You will find two restrooms on each level.
- All Christians are invited to the Holy Table to receive communion. If it is difficult for you to walk, please notify a greeter, and we will bring communion to you.
- We have a hearing loop system to assist with hearing during worship. Please ask a greeter if you need assistance with this.
- If you would like to make an offering electronically you may do so using the QR code below.



The Holy Eucharist

Welcome and Announcements

As the bell rings all may stand as you are able.

Processional Hymn 525 The church's one foundation

Aurelia

The musical score is written in G major (one flat) and 4/4 time. It consists of four systems, each with a vocal line and a piano accompaniment line. The lyrics are as follows:

1 The Church's one foun - da - tion is Je - sus Christ her Lord;
2 E - lect from ev - ery na - tion, yet one o'er all the earth,
3 Though with a scorn - ful won - der men see her sore op - pressed,
4 Mid toil and tri - bu - la - tion, and tu - mult of her war
5 Yet she on earth hath un - ion with God, the Three in One,

1 she is his new cre - a - tion by wa - ter and the word:
2 her char - ter of sal - va - tion, one Lord, one faith, one birth;
3 by schi - sms rent a - sun - der, by her - e - sies dis - tressed;
4 she waits the con - sum - ma - tion of peace for ev - er - more;
5 and mys - tic sweet com - mun - ion with those whose rest is won.

1 from heaven he came and sought her to be his ho - ly bride;
2 one ho - ly Name she bless - es, par - takes one ho - ly food,
3 yet saints their watch are keep - ing, their cry goes up, "How long?"
4 till with the vi - sion glo - rious her long - ing eyes are blessed,
5 O hap - py ones and ho - ly! Lord, give us grace that we

1 with his own blood he bought her, and for her life he died.
2 and to one hope she press - es, with ev - ery grace en - dued.
3 and soon the night of weep - ing shall be the morn of song,
4 and the great Church vic - to - rious shall be the Church at rest.
5 like them, the meek and low - ly, on high may dwell with thee.

Words: Samuel John Stone (1839-1900) Music: *Aurelia*, Samuel Sebastian Wesley (1810-1876)

Opening Acclamation

Celebrant Blessed God: Father, Son, and Holy Spirit.

People And blessed be his kingdom, now and forever. Amen.

Song of Praise WLP 751 Ev'ry time I feel the Spirit

Negro Spiritual

Harmony

Ev' - ry time I feel the spir - it, mov - ing
in my heart, I will pray. Ev' - ry time I feel the
spir - it, mov - ing in my heart, I will pray. **Fine**

unison

1. Up on the moun - tain my Lord spoke, out of his
2. Jor - dan ri - ver chil - ly and cold, chills the
mouth came fire and smoke. All a - round me looked so
bod - y but not the soul. There ain't but one train runs this

D.C.

fine, track, asked runs to my heav - en Lord if all was mine. and runs right back.

Words: traditional Music: Negro Spiritual

Collect of the Day

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The People may be seated.

First Reading: Micah 6:1-8

Hear what the LORD says:

Rise, plead your case before the mountains,
and let the hills hear your voice.

Hear, you mountains, the controversy of the LORD,
and you enduring foundations of the earth;

for the LORD has a controversy with his people,
and he will contend with Israel.

“O my people, what have I done to you?

In what have I wearied you? Answer me!

For I brought you up from the land of Egypt,
and redeemed you from the house of slavery;

and I sent before you Moses,
Aaron, and Miriam.

O my people, remember now what King Balak of Moab devised,
what Balaam son of Beor answered him,
and what happened from Shittim to Gilgal,
that you may know the saving acts of the LORD.”

“With what shall I come before the LORD,
and bow myself before God on high?
Shall I come before him with burnt-offerings,
with calves a year old?
Will the LORD be pleased with thousands of rams,
with tens of thousands of rivers of oil?
Shall I give my firstborn for my transgression,
the fruit of my body for the sin of my soul?”
He has told you, O mortal, what is good;
and what does the LORD require of you
but to do justice, and to love kindness,
and to walk humbly with your God?

Reader The Word of the Lord.

People **Thanks be to God.**

PSALM 15

read by all

**LORD, who may dwell in your tabernacle? *
who may abide upon your holy hill?
Whoever leads a blameless life and does what is right, *
who speaks the truth from his heart.
There is no guile upon his tongue;
he does no evil to his friend; *
he does not heap contempt upon his neighbor.
In his sight the wicked is rejected, *
but he honors those who fear the LORD.**

**He has sworn to do no wrong *
and does not take back his word.**

**He does not give his money in hope of gain, *
nor does he take a bribe against the innocent.**

**Whoever does these things *
shall never be overthrown.**

Second Reading: 1 Corinthians 1:18-31

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written,

“I will destroy the wisdom of the wise,
and the discernment of the discerning I will thwart.”

Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, “Let the one who boasts, boast in the Lord.”

Reader The Word of the Lord.

People **Thanks be to God.**

All may stand for the Sequence and Gospel.

Sequence Hymn Alle, Alle, Alle

J. Angotti

REFRAIN

Al - le, al - le, al - le - lu - ia! Al - le, al - le, al - le - lu - ia!

Al - le, al - le, al - le - lu - ia! Al - le - lu - ia!___

Final
Al - le - lu - ia!___ Al - le - lu -

ia!___ Al - le - lu - ia!

John Angotti
Music © 2004, WLP

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Holy Gospel Matthew 5:1-12

Gospeller The Holy Gospel of our Lord Jesus Christ according to Matthew.
People **Glory to you, Lord Christ.**

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying:

“Blessed are the poor in spirit, for theirs is the kingdom of heaven.

“Blessed are those who mourn, for they will be comforted.

“Blessed are the meek, for they will inherit the earth.

“Blessed are those who hunger and thirst for righteousness, for they will be filled.

“Blessed are the merciful, for they will receive mercy.

“Blessed are the pure in heart, for they will see God.

“Blessed are the peacemakers, for they will be called children of God.

“Blessed are those who are persecuted for righteousness’ sake, for theirs is the kingdom of heaven.

“Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you.”

Gospeller The Gospel of the Lord.
People **Praise to you, Lord Christ.**

Sermon

The Rev. Jennifer Pedrick

All may stand for the Nicene Creed

The Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People

Let us pray for the Church, for our nation and for the world. Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

Silence

Lord, in your mercy
Hear our prayer.

Help us to stay curious and engaged as you are revealing the truth of your mercy and love. In this season of revelation help us to see, hear, and know how you are present. Keep us active in the pursuit of justice and peace. Help us to follow Jesus, loving our neighbors, changing our minds, our hearts, and accepting God's grace as we are freed from our sins.

Silence

Lord, in your mercy

Hear our prayer.

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory. Keep us grateful for the gifts that sustain and delight us, and mindful of their source.

Silence

Lord, in your mercy

Hear our prayer.

We pray for our government, for scientists and all those in the medical professions. We pray for all educators and parents. May all leaders and workers be blessed with strength and skill for the healing of your people everywhere.

For the special needs and concerns of this congregation, remembering especially Rene, Fred, Brad, Lynne, Bill, Anne, Kathy, Donald, Diane, Mary, Anne, Donna, Joanne, David, Sandra, Karen, Malcolm, Carrigan and those we name aloud...

Pause for the people to add their own petitions.

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

Silence

Lord, in your mercy

Hear our prayer.

We commend to your mercy all who have died, and for those we name aloud...

Pause for the people to add their own petitions.

Silence

Lord, in your mercy
Hear our prayer.

We pray to you also for the forgiveness of our sins.

Silence

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

the Celebrant says,

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Peace

Celebrant The peace of the Lord be always with you.
People **And also with you.**

Greet one another with a sign of God's peace.

HOLY COMMUNION

Offertory Hymn 517 How lovely is thy dwelling place

Brother James Air

1 How love - ly is thy dwell - ing - place, O Lord of hosts, to
 2 Be - side thine al - tars, gra - cious Lord, the swal - lows find a
 3 They who go through the des - ert vale will find it filled with
 4 One day with - in thy courts ex - cels a thou - sand spent a -

me! My thirst - y soul de - sires and longs with -
 nest; how hap - py they who dwell with thee and
 springs, and they shall climb from height to height till
 way; how hap - py they who keep thy laws nor

in thy courts to be; my ve - ry heart and
 praise thee with - out rest, and hap - py they whose
 Zi - on's tem - ple rings with praise to thee, in
 from thy pre - cepts stray, for thou shalt sure - ly

flesh cry out, O liv - ing God, for thee.
 hearts are set up - on the pil - grim's quest.
 glo - ry throned, Lord God, great King of kings.
 bless all those who live the words they pray.

Words: Para. of Psalm 84; sts. 1-2, *The Psalms of David in Meeter*, (1650); sts. 3-4, Carl P. Daw, Jr. (b.1944) *Music: Brother James' Air*, J. L. Macbeth Bain (1840?-1925)

Please stand as the gifts are brought forward.

Eucharistic Prayer

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give him thanks and praise.**

The Celebrant continues...

Therefore, we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus and Benedictus Come As You Are Mass

Delaney

Ho - ly, ho - ly, ho - ly Lord, God of
hosts. Heav-en and earth are full of your glo - ry. Ho -
san - na on high. Bless - ed is
he who comes, who comes in the name of the Lord. Ho -
san - na, ho - san - na, ho - san - na, on
high, ho - san - na on high.

The musical score is written in 4/4 time and consists of six staves. It features a melody with various note values, including quarter, eighth, and sixteenth notes, as well as rests. There are three triplet markings (indicated by a '3' over a bracket) on the first, fourth, and fifth staves. The lyrics are printed below the notes, with hyphens indicating syllables that span across multiple notes.

The people may stand or kneel then the Celebrant continues...

Celebrant Therefore, according to his command, O Father,
All **We remember his death,
We proclaim his resurrection,
We await his coming in glory.**

The Celebrant continues...

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory are yours, Almighty Father, now and for ever. **Amen.**

The Lord's Prayer

Celebrant And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

A period of silence is kept.

Fraction Come As You Are Mass

Delaney

Lamb of God, you take a - way the
sins of the world, have mer - cy, have
mer - cy, have mer - cy on us.
Lamb of God, you take a - way the
sins of the world, grant us, grant us, O
grant us your peace.

Please come forward at the invitation, "The gifts of God for the people of God."

Song at Communion Take and Eat

M. Joncas

Refrain



Take and eat; take and eat: this is my bod - y



giv - en up for you. Take and drink; take and drink:



this is my blood giv - en up for you.

Verses



1. I am the Word that spoke and light was made;
2. I am the way that leads the ex - ile home;
3. I am the Lamb that takes a - way your sin;
4. I am the cor - ner - stone that God has laid;
5. I am the light that came in - to the world;
6. I am the first and last, the Liv - ing One;



I am the seed that died to be re - born;
I am the truth that sets the cap - tive free;
I am the gate that guards you night and day;
A cho - sen stone and pre - cious in his eyes;
I am the light that dark - ness can - not hide;
I am the Lord who died that you might live;



I am the bread that comes from heav'n a - bove;
I am the life that rais - es up the dead;
You are my flock: you know the shep - herd's voice;
You are God's dwell - ing place, on me you rest;
I am the morn - ing star that nev - er sets;
I am the bride - groom, this my wed - ding song;



I am the vine that fills your cup with joy.
I am your peace, true peace my gift to you.
— You are my own: your ran-som is my blood.
Like liv - ing stones, a tem - ple for God's praise.
Lift up your face, in you my light will shine.
You are my bride, come to the mar - riage feast.

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Song at Communion I have decided to follow Jesus

Indian Folk Tune

Unison ^C

1 I have de - cid - ed to fol - low Je - sus, I have de -
 2 The world be - hind me, the cross be - fore me, the world be -
 3 Though none go with me, I still will fol - low, though none go
 4 Will you de - cide now to fol - low Je - sus? Will you de -

cid - ed to fol - low Je - sus, I have de - cid - ed to fol - low
 hind me, the cross be - fore me, the world be - hind me, the cross be -
 with me, I still will fol - low, though none go with me, I still will
 cide now to fol - low Je - sus? Will you de - cide now to fol - low

Je - sus— no turn - ing back, no turn - ing back.
 fore me— no turn - ing back, no turn - ing back.
 fol - low— no turn - ing back, no turn - ing back.
 Je - sus?— no turn - ing back, no turn - ing back.

^C ^F ^C ^{C/G} ^{D9/A} ^{G7/B} ^C

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Post Communion Prayer

Celebrant Let us pray.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

Blessing and Dismissal

The celebrant offers a blessing

Celebrant Go in peace to love and serve the Lord.

People **Thanks be to God.**

Recessional Hymn Lead Me, Lord

J. Becker

Verses

1. Bless - ed are the poor in spir - it, long - ing for their
 2. Bless - ed are the mer - ci - ful, for mer - cy shall be
 3. Blest are they who through their life-times sow the seeds of

1. Lord, for God's com - ing king - dom shall be theirs.
 2. theirs, and the pure in heart shall see their God.
 3. peace, all will call them chil - dren of the Lord.

1. Bless - ed are the sor - row - ing, for they shall be con -
 2. Blest are they whose hun - ger on - ly ho - li - ness can
 3. Blest are you, though per - se - cu - ted in your ho - ly

1. soled, and the meek shall come to rule the world.
 2. fill, for I say they shall be sat - is - fied.
 3. life, for in heav - en, great is your re - ward.

Refrain

Lead me, Lord, lead me, Lord, by the light of truth to

seek and to find the nar-row way. Be my way;

be my truth; be my life, my Lord, and lead me, Lord, to -

day. day. And lead me, Lord, to - day.

Text: Matthew 5:3-12; 7:7, 13; John 14:6. Text and music © 1987, John D. Becker.
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Liturgical Ministers

Altar Guild: Carol Brierley, Sheila Benevides

Celebrant: The Rev. Jennifer Pedrick

Musicians: Michael Templeton, Julie Zecher, Brooke Huminski,
& The St. Mary's Choir

Greeters: Jennie Nestlerode, Christine Winslow

Lector and Intercessor: Carol Brierley

Acolytes: Leo Barker, Samuel Brower, Isaac Nestlerode

Crucifer/Server: Lauren Lema

Audio Visual: Brian McOsker

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The Book of Exodus-Part II



**Bible Study Today
January 29th at 10:15
St. George's Chapel**

St. Mary's Episcopal Church
324 East Main Road, Portsmouth, RI 02871
(401) 846-9700 ♦ www.smcportsmouth.org
The Reverend Jennifer L. Pedrick, *Rector*
Karen Laroche, *Parish Administrator*
Michael Templeton, *Pastoral Musician*
Jon Walker, *Property Manager*