



**Holy Communion at Mt. Olive**

**Offering Holy Communion at every Sunday Worship Service**

***Wine, Grape Juice, Wafers, and Gluten Free Wafers available***

Welcome to the celebration of Holy Communion, a central part of this community of faith. We believe, as you commune, you are confessing the following as a baptized Christian:

*I believe I am a sinner and need God's grace for the forgiveness of my sins.*

*I believe the risen Christ is truly present in the Sacrament; with the bread and wine I receive His body and blood.*

*I believe Jesus Christ is Lord and gives forgiveness of sins, life and salvation to all who have faith.*

*I resolve, by the power of the Holy Spirit, to dedicate my life to the service of the Lord in His Body – the Church – by regular worship, sacrificial giving and thankful living.*

If you have questions about these beliefs or our teachings, please see the Pastor before partaking of Christ's body and blood.

For communion, the ushers will invite the congregation forward by row. All adults and children are welcome at the communion rail. If communing, please extend your hand to receive the host (wafer). After you receive the wine (a white grape juice option is available in the center of the tray), if you so desire, you may remain at the communion rail before returning to your seat via the outer aisle. Please place empty cup in the stand at the outer end of the front row.

**Common cup** (wine only) is also available. Allow the individual cups to pass; the common cup will immediately follow. Please help tip the common cup as you drink.

**Gluten-free wafers** are available from the center aisle stand as you approach the altar.

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