

Landsharks Running Club Fall Cross Country Aspen View Academy

We offer a non-competitive youth program designed to introduce running to young athletes in a safe and fun environment!

✦ Focus Areas:

- ✓ Self-Improvement
- ✓ Being an Encouraging Teammate
- ✓ Making New Friends

Open to Kindergarten through 5th Grade students!

New runners – don't forget to purchase your team race shirt if this is your first season.

Registration Opens: July 14, 2025 at 9:00 a.m.

Closes: September 11, 2025 at 5:00 p.m. or when teams hit capacity.

Runners must be registered before their first practice

✦ Register online at:

www.Landsharksrunningclub.com

Fee: \$75

or Scan the QR code for your practice and meet details

Please consider helping at practices

Questions or want to help?

Coach: Lainey Phalen

laineyphalen@gmail.com



Let's run together this fall!