

## HIGH MEADOWS SCHOOL COVID-19 RESPONSE PLAN rev. July 28

In our plans for this year at High Meadows School, we will endeavor to follow guidelines, recommendations, and requirements as set forth by government, health, and professional entities. We expect information to change frequently, and we will update this plan to reflect current best practices.

Please refer to the chart below for an overview of mitigation practices we will employ in each of our operational levels.

Mitigation Layer	Red	ORANGE	YELLOW	GREEN
<b>Mask* use indoors</b>	Continue to wear masks per our Community Commitment	Yes	If physical distance is not possible	Not required
<b>Mask use outdoors</b>	Continue to wear masks per our Community Commitment	If physical distance not possible	Not required	Not required
<b>Physical distance**</b>	Continue to physical distance per our Community Commitment	Yes	If possible	Not required
<b>Cohort size</b>		Max of 12 (typically 10)	Max of 25	TBD
<b>Outdoor air circulation</b>		Whenever possible	Whenever possible	As appropriate for comfort
<b>Morning health checks</b>	Continue health checks at home	Temperature checks and health verification questions on campus, as appropriate	Parent verification of health status (including temperature)	As required by guidelines
<b>Non-Cohort Teacher Interactions/Lessons and Childcare</b>		Physical distance & masks or outdoors; in some cases virtual	Physical distance & masks or outdoors	TBD
<b>Indoor air circulation</b>		Classroom fans where possible; filtration under review	Classroom fans where possible; filtration under review	As appropriate for comfort
<b>Cohort Notification***</b>	If within 14 days of contact, cohort families will be notified if a member presents with probable symptoms or a confirmed case of COVID-19	Cohort families will be notified if a member presents with probable symptoms or a confirmed case of COVID-19	Cohort families will be notified of a confirmed case of COVID-19	Families notified of a confirmed case of COVID-19

**\*Physical distance at 6 feet whenever possible.**

CDC link: <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/social-distancing.html>

**\*\*Masks: 2-layer cloth mask (washed daily) or disposable 3-layer face mask (single use) CDC link: <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>**

**\*\*\* Respectful of medical confidentiality, we will not share identifying details of individuals.**

**We require that children and staff remain at home when they are sick or if they have taken medication within 24 hours to deal with any possible symptom of COVID-19 (not including symptoms that are known to be part of underlying chronic medical conditions).** It is vital to be consistently vigilant for symptoms of COVID-19 (see next page). Contact the main office when your child is absent either by phone or by sending an email to [absences@highmeadows.org](mailto:absences@highmeadows.org) along with the reason of the absence.

High Meadows reserves the right to send home anyone who is presenting symptoms of COVID-19 or who may have had a risk of exposure. **If COVID-19 is confirmed in a current member of our campus community,** we will contact the Fulton County Board of Health and follow their directives. Parents or guardians of all cohort members and those who have had close contact will be notified as soon as possible. Respectful of medical confidentiality, we will not share identifying details of individuals. **Anyone who may have had close contact, possibly including the entire cohort, will not be allowed to return to school until 14 days have passed since last known exposure.** Depending on the scope and impact of exposure, other school cohorts may have to move to virtual learning for a period of time.

While at school, if an individual begins to exhibit new or worsening signs/symptoms of COVID-19 they will be immediately isolated. Employees will be sent home and students are required to be picked up immediately along with other family members on campus.

Anyone exhibiting new or worsening symptoms of possible COVID-19 should consult a medical professional and receive a CDC approved COVID-19 test as recommended.

**If a student or employee has symptoms that could be COVID-19,** in order to return to school, that individual must be

- Symptom free (without medication) for 72 hours and must submit proof of a negative COVID-19 test,
- **OR** must be symptom free (without medication) for 72 hours and must submit a licensed medical professional's note clearing the individual for return based on an alternate diagnosis,
- **OR** must meet the following criteria for a person who has been diagnosed with COVID-19

**In the case of a student or employee who was diagnosed with COVID-19,** the individual may return to school/work when all three of the following criteria are met:

- At least 10 days since symptoms first appeared **and**
- At least 24 hours with no fever without fever-reducing medication **and**
- Symptoms have improved

**If a student or employee has had a known close exposure to COVID-19,** the individual shall not be allowed to return to school or work until at least 14 days from contact have passed with no symptoms presenting since the last known exposure.

## CDC SYMPTOMS OF CORONAVIRUS

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

- Anyone can have mild to severe symptoms.
- Older adults and people who have severe underlying medical conditions like heart or lung disease or diabetes seem to be at higher risk for developing more serious complications from COVID-19 illness.

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear **2-14 days after exposure to the virus**. People with these symptoms may have COVID-19:

- **Fever\***
- **Cough**
- **Shortness of breath**
- **Difficulty breathing**
- **Other respiratory symptoms**
- **Fatigue**
- **Chills**
- **Repeated shaking with chills**
- **Muscle pain**
- **Body aches**
- **Headache**
- **Sore throat**
- **New loss of taste or smell**
- **Congestion or runny nose**
- **Nausea or vomiting**
- **Diarrhea**

**\*Fever is determined by a thermometer reading 100.4 or higher or by subjective signs such as flushed cheeks, fatigue, extreme fussiness, chills, shivering, sweating, achiness, headache, not eating or drinking.**

Look for emergency warning signs\* for COVID-19. If someone is showing any of these signs, seek emergency medical care immediately:

- **Trouble breathing**
- **Persistent pain or pressure in the chest**
- **New confusion**
- **Inability to wake or stay awake**
- **Bluish lips or face**