Dear Potential Client,

We are delighted that you are considering using Meals on Wheels of Central Maryland, Inc. services to extend your independence!

Meals on Wheels of Central Maryland, Inc. can provide you with two nutritious meals (one hot and one cold) each day, Monday through Friday, as well as with personal contact, and related services.

Enclosed you will find information about our Home Delivered Meal program, in addition to information about our Grocery Shopping Assistance program, our Companion and Phone Pal programs, and our Kibble Connection pet food donation program.

 Please feel free to return your completed application to us by using the pre-paid envelope included. Once we receive your application, a staff member will give you a call to confirm your information, and to ask any questions to complete your application. At that time, we will also let you know about any service fees that may be involved, and we can also schedule a date on which you will begin to receive services. After we are able to reach you, we can usually begin your service within two to three days.

 If you have any questions about the application and intake process, do not hesitate to give us a call or send us an email.

You can reach the Southwest Regional Office at (410) 730-9476,

or by email at swoffice@mowcm.org.

Thank you so much for thinking of us. We very much look forward to serving you!