



SHELTER IN PLACE OF THINGS TO DO

Organize, Organize & Organize!

Closets
Drawers
Garage
Desk
Shelves

Garden:

Start a vegetable garden
Pull those weeds
Mow the lawn
Hedge the lawn
Trim bushes & trees
Plant spring plants
Plan a landscape
Find out what flower, shrubs, trees thrive best in our environment

Spring Clean:

Wash carpets, drapes, windows, steam clean furniture, if your ready put away winter clothes/bedding & bring out spring/summer
Start a vegetable or flower garden
Get those household projects done, paint, roof, plumbing, carpet, floors, cabinets, etc
Clean your garage
Collect all items you no longer need and place them for sale online
Clean out that spare room

Automobile:

Clean it out
Wash/wax your car, clean windows inside & out, detail it, vacuum, clean upholstery & deodorize it.
Shop for a new car online
If you know, how self-maintenance your car go for it.

Health/Exercise:

Watch & conduct a new physical activity online: yoga, tai chi, Pilates, aerobics, dance etc
Workout with your weights
Ride your exercise bike, elliptical, rowing machine, total gym
Walk, hike, run or bike...but keep your social distance
Learn all about vitamins & essential oils
Make healthy meals; look up tons of recipes online,
Take an online nutritional cooking course
Learn how to cook healthier meals
Create a meal plan for the week
Walk or run with your dog

**Keep Busy, Stay Healthy & Be Safe
Together We Are Strong
#PacificaStrong**

Computer:

Backup your computer

Clean up your desktop, documents, trash, emails

Organize your photos

Create & order online photo products, (early holiday shopping?), albums, puzzles, blankets, pillows, mugs, mouse pads, tee shirts, sweat shirts, calendars, posters,

Change your screen saver

Create a video with your photos & video clips you been collecting

FaceTime, Skype, Webcam family and friends

Listen to a podcast

Download new music

Take care of any DMV processes online

-Learn:

A new arts and craft project

Sign up for online banking

How to make a video

An online course, watch webinars, YouTube “how to” videos

Signup for mobile apps & learn how to sell items you no longer need

Taxes: (as of 3/20 have been given a new deadline of July 15, 2020)

Download Turbo Tax and learn how to do your own taxes

Prepare and organize your tax documents

Get those receipts and mileage in order

Beauty:

Learn how to do your nails

Color your hair

Do a facial

Whiten your teeth

Do a body scrub

Soak in a bubble bath

Family/Activities:

Movie night on TV

Watch movies, sports, how-to videos, TV series, subscribe to TV apps

Outdoor hikes, walks, biking

Have everyone pitch in on a meal, create meal themed nights

Read a new book as a group

Do a big puzzle together

Do an arts & craft project

Listen to a radio series of stories as a group

Have workout equipment? Workout together or come up with a family workout plan.

Try and stay off your phones for a certain block of time

Call, FaceTime, Skype family and friends as a group

See if your elderly neighbors are ok, if not, find them the resources for assistance.

Bake a pie, cake or cookies together. Use fun cookie cutouts & decorate

Plan and act out a skit, play a board game or charades

If anyone is musically inclined, play instruments together, write a song, or write a poem

Have everyone start a journal; this will be a time that we will not forget

Dogs: bathe, dress, groom, walk or run them, play with them, teach them a new trick