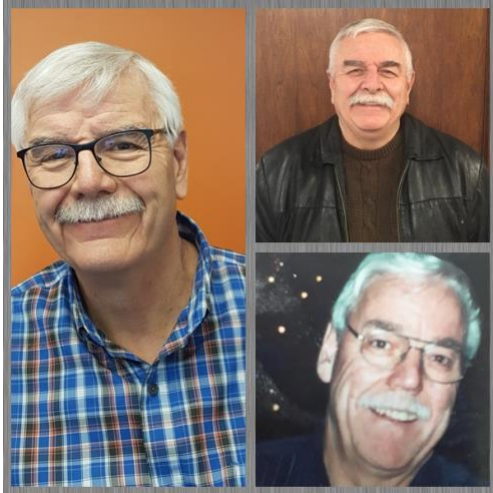




**MECHANICAL CONTRACTORS
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We can achieve together! Anderson Plumbing Blood Donor Challenge



*Left: Murray Anderson, Top right: Doug Anderson,
Bottom right: Russ Anderson.*

MCA members Russ, Murray and Doug Anderson of Anderson Plumbing Ltd., a Calgary company that has been around for over a hundred years, have been blood donors throughout their adult lives. In fact, to date they have given 802 donations between the three of them! (Russ at 305, Doug at 249 and Murray 248). These donations have consisted of whole blood, platelets, plasma and bone marrow transplants. Russ Anderson even gave bone marrow to his brother Jim which saved his life 15 years ago. The Andersons have treated being blood donors as an obligation on their part, so others may live. Congratulations to the Anderson brothers! Your commitment to giving is an inspiration to us all.

The reality of this story, however, is that the Andersons are nearing the end of their ability to donate. The Red Cross will, in a short time, no longer allow them to give their blood. Statistics show that only between three and four per cent of the population are regular blood donors, yet there is a very high probability that each of us or someone close to us will, at some point in our lives, need blood from another source. As long-time members of the MCA, the Andersons know that MCA members are, by the very nature of the mechanical industry, up to a challenge.

As heart and stroke month, we think February is a great time to roll-out the Anderson Plumbing Blood Donor Challenge. Throughout 2018 MCA, in partnership BenefitLink, our group health program advisor and Anderson Plumbing will provide opportunities for you and your staff to participate in this challenge. We will track your donations and at the end of the year we will celebrate the lives saved.

Please remember: It's in you to give!
More details to follow.



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