

Conversations about mental health don't  
have to be awkward.  
Offer support confidently with



MENTAL  
HEALTH  
FIRST AID



Anyone, anywhere can be the one to make a difference  
in the life of someone with a mental health or substance use challenge  
– if they know what to do and what to say.

**Wednesday, April 24, 2019**

**8:00 a.m. – 5:00 p.m.**

Registration begins at 7:30 a.m.

Paint Valley ADAMH Board

394 Chestnut Street | Chillicothe, OH 45601

*Mental Health First Aid is a FREE 8 hour training  
with a maximum of 30 participants.*

*No CEU's offered. A light lunch will be provided.*

This training is being provided for the residents of the ADAMH  
Board Region. In order to register, you must live or work in  
Fayette, Highland, Pickaway, Pike or Ross County.

Training provided by:



**Due to the high demand of this training, a \$25 deposit is required to secure your seat.**

**This will be refunded to you upon completion of the training.**

Please mail the completed registration form and  
\$25 deposit (check or money order only) by April 18, 2019 to:

PVADAMH/Mental Health First Aid | 394 Chestnut Street | Chillicothe, Ohio 45601

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ email: \_\_\_\_\_

I live or work in the following County: ☐Fayette ☐Highland ☐Pickaway ☐Pike ☐Ross