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FOR IMMEDIATE RELEASE

Adena Health holds run/walk for colon cancer awareness

CHILLICOTHE, OH (January 30, 2024) – It's estimated that annually 150,000 Americans will be newly diagnosed with colon cancer. Colon cancer is preventable, treatable and beatable. So, why is it still the second leading cause of cancer-related deaths in the United States?

Adena Health is helping to raise awareness of the symptoms, prevention, screenings, and treatment of colon cancer by hosting a two mile run/walk on March 23.

Registration for the event, held on the campus of Adena Regional Medical Center at the Adena Cancer Center, is now open. Proceeds from the event will support the Adena Health Foundation's cancer fund.

WHAT: Adena Health Colon Cancer Awareness 2 Mile Run/Walk

WHERE: Adena Cancer Center, 4435 State Route 159, Chillicothe

WHEN: Saturday, March 23, 2024

- 9:30 a.m. Kids Fun Run
- 10 a.m. Run/Walk begins

Participants will receive a t-shirt, and the event will feature music, food, prizes, and an inflatable colon that attendees can tour.

For more information, and to register, visit Adena.org/colonevent.

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Adena Health

Adena Health is an independent, not-for-profit and locally governed health care organization delivering on its mission, "called to serve our communities," for more than 125 years. A regional economic catalyst, Adena Health is composed of more than 4,200 employees – including more than 200 physicians and 150 advanced practice providers. With hospitals containing a total of 341 beds, regional health centers, emergency and urgent care services, and primary and specialty care practices, Adena Health serves more than 400,000 residents across nine counties in south central and southern Ohio through its network of more than 40 locations. Its hospitals include the 266-bed Adena Regional Medical Center in Chillicothe and three 25-bed critical access hospitals—Adena Fayette Medical Center in Washington Court House; Adena Greenfield Medical Center in Greenfield; and Adena Pike Medical Center in Waverly. Adena Health specialty services include orthopedics and sports medicine, heart and vascular care, pediatric and women's health, and oncology services.