

CFAES



BUILDING YOUR FUTURE: *Life Skills for Success!*



**Open to youth who are entering or
have completed 4th and 5th grade**



Botvin LifeSkills promotes healthy alternatives to risky behavior through activities designed to:

- ✓ teach students the necessary skills to resist social (peer) pressures
- ✓ help students to develop greater self-esteem and self-confidence
- ✓ enable students to effectively cope with anxiety

TOPICS INCLUDE:

- self esteem
- decision making
- smoking information
- advertising
- dealing with stress
- communication skills
- social skills
- assertiveness



Participants are eligible for attendance incentives!
SPACE IS LIMITED! RESERVE YOUR SPOT TODAY!

Class Dates & Time

- **June 7 from 2-4 pm**
- **June 9 from 2-4 pm**
- **June 14 from 2-4 pm**
- **June 16 from 2-4 pm**

Location: Pike County Fairgrounds
313 Mill Street, Piketon, OH 45661

Cost: FREE!

Details: Must call 740-289-4837 to reserve a spot

Contact information:

Tammy Jones

jones.5640@osu.edu



THE OHIO STATE UNIVERSITY
COLLEGE OF FOOD, AGRICULTURAL,
AND ENVIRONMENTAL SCIENCES

Ohio

**Department of
Youth Services**

Mike DeWine, Governor
Ryan Gies, Director

 **Botvin
LifeSkills[®] Training**

Evidence-Based Prevention Programs for Schools, Families, and Communities