



# BUILDING YOUR FUTURE: Life Skills for Success!



**Open to youth who are entering or  
have completed 4<sup>th</sup> and 5<sup>th</sup> grade**



**Botvin LifeSkills** promotes healthy alternatives to risky behavior through activities designed to:

- ✓ teach students the necessary skills to resist social (peer) pressures
- ✓ help students to develop greater self-esteem and self-confidence
- ✓ enable students to effectively cope with anxiety

## TOPICS INCLUDE:

- self esteem
- decision making
- smoking information
- advertising
- dealing with stress
- communication skills
- social skills
- assertiveness



Participants are eligible for attendance incentives!  
**SPACE IS LIMITED! RESERVE YOUR SPOT TODAY!**

## Class Dates & Time

- **June 7 from 2-4 pm**
- **June 9 from 2-4 pm**
- **June 14 from 2-4 pm**
- **June 16 from 2-4 pm**

**Location:** Pike County Fairgrounds  
313 Mill Street, Piketon, OH 45661

**Cost:** **FREE!**

**Details:** Must call 740-289-4837 to reserve a spot

## Contact information:

**Tammy Jones**

[jones.5640@osu.edu](mailto:jones.5640@osu.edu)