



TRAINING OPPORTUNITY

Hosted by the Area Agency on Aging District 7

“Sensitivity to Aging”

Presenters: Carissia Houser and Cindy Throckmorton

This training strives to make us aware of the special needs of the aging population, and the myths and stereotypes that are often associated with aging. Aging is a normal process and as we age, there are normal aging-related changes that develop from a psychosocial as well as physical perspective. It is the goal of “Sensitivity to Aging” to discuss these normal aging processes and how they affect the older adult. It is also the goal to make us aware of the impact of aging-related physical changes and how they affect the individual’s ability to meet their everyday needs so that we, as professionals, can develop an understanding and empathetic approach as we help our aging client population meet these needs.

March 16, 2022

9:00 am – 12:30 pm

Virtual Training Presentation • Cost \$50

CEU Information Included on Back Page

REGISTER ONLINE – Please follow these instructions:

- 1) Log on to www.aaa7.org
- 2) Go to the “Training” Tab
- 3) Click on “Training Registration”
- 4) Complete the registration form
- 5) Promptly mail in your check to:
Area Agency on Aging District 7
Attn: Sherri McCollum
PO Box 154
Rio Grande, OH 45674

IMPORTANT – Registration deadline is March 2nd so that we can mail you items needed for the training. You must send in your payment promptly in order to receive further instructions on how to access the webinar. We must receive your payment by March 15th. Once your check is received, we will e-mail you the information for the webinar training. Certificate of Completion will be e-mailed after the training is complete. **ALSO NOTE** - Internet connection is the participant’s responsibility – make sure you have a strong internet connection and test everything before the webinar begins.

Please see back page for more information about this training including course objectives, speaker bio and CEU information.

Sensitivity to Aging

Course Objectives

At the conclusion of this workshop participants will be able to:

- Describe common attitudes and stereotypes about aging.
- Summarize demographics about the aging population.
- Describe social characteristics of older adults.
- Explain the impact of generational experiences on values and attitudes.
- Identify normal aging-related changes in older adults.
- Describe how aging-related sensory losses, decreased joint mobility, and decreased fatty tissues could affect an older person's feelings and functions.
- Discuss the impact of aging-related physical changes on the ability of older adults to do routine tasks.

More About the Speakers

Carissia "Cari" Houser, MSW, LSW

Cari has been with the Area Agency on Aging District 7 (AAA7) since 2016. She has worked as a Care Manager for the Ohio Home Care Waiver, Consumer-Directed PASSPORT, and is now the PASSPORT Team Leader for the Pike Office in Waverly, Ohio. Cari received her BSW from the University of Rio Grande in 2010, and received her MSW with concentration in Community Organization and Social Administration from West Virginia University in 2018. Prior to working at the AAA7, Cari worked for the Ohio Department of Corrections as a trainer, social worker and victim advocate. Cari also has worked at Help Me Grow in Jackson County, Ohio, and Southern Ohio Behavioral Health in Ironton, Ohio.

Cindy Throckmorton

Cindy has over 30 years of long-term care experience having worked in the health care field in both nursing homes and home care since 1988. Cindy has been with the AAA7 since 2007, having many roles and responsibilities including, Care Coordination Case Manager and Pre-Transition Case Manager for over five years. She attended one year of Nursing School at Shawnee State University. Cindy received ODA Clinical Staff Certification and has completed the Sensitivity to Aging Train the Trainer.

CEU Information – Pending approval by the National Association of Social Workers (NASW) Ohio Chapter for three (3) hours of CEUs for social workers.

The Ohio Board of Nursing accepts social work hours for RN CEUs. NASW is recognized as a Continuing Education Approver for social work CEUs by the OCSWMFT Board. If you are audited, provide the above number. This number does not match the format for other provider's numbers because NASW is a continuing education approver rather than a provider.

Approved for three (3) CEUs with the Board of Executives of Long-Term Services and Supports (BELTSS) – 39406-SS-22.

The Area Agency on Aging District 7, Inc., does not discriminate on the basis of race, color, sex, religion, national origin or disability. If you need special accommodations due to a disability, please let us know.