



Open to youth who are entering or have completed 6th, 7th, and 8th grade!

Sessions will include education, hands-on practice and enjoying foods you prepare!

In this class, You're the Chef!

DATES: June 7, 9, 14, & 16

TIME: 10:00am – noon

LOCATION:

OSU Extension Pike County (fairgrounds)
313 Mill Street, Piketon

COST: \$40.00

REGISTRATION:

Call 740.289.4837 to register or
email Tammy at jones.5640@osu.edu

Space is limited! Register today!

Topics covered:

- nutrition education
- food safety
- measuring basics
- knife skills
- reading recipes
- label reading
- healthy food choices
- baking basics
- cooking techniques

