



**Open to youth who are entering or have completed 6th, 7th, and 8th grade!**

Sessions will include education, hands-on practice and enjoying foods you prepare!

**In this class, *You're the Chef!***

### **Topics covered:**

- nutrition education
- food safety
- measuring basics
- knife skills
- reading recipes
- label reading
- healthy food choices
- baking basics
- cooking techniques

**DATES:** June 7, 9, 14, & 16

**TIME:** 10:00am – noon

**LOCATION:**

OSU Extension Pike County (fairgrounds)  
313 Mill Street, Piketon

**COST:** \$40.00

**REGISTRATION:**

Call 740.289.4837 to register or  
email Tammy at [jones.5640@osu.edu](mailto:jones.5640@osu.edu)

**Space is limited! Register today!**

