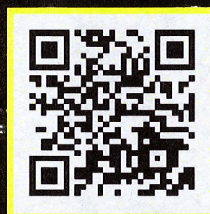


THE GLOW RUN5K

Glow the Distance
with the Portsmouth Chapter of



August 26, 2017
Check-in 7:00 p.m.
Race Starts 9:00 p.m.
Shawnee State University



WHAT IS GLOW THE DISTANCE 5K RUN?

- A family friendly fun event
- Runners & Walkers Welcome
- Kids Fun Run
- Proceeds support Yvonne & Jeff Hale in their quest for the 2018 DWOS Mirror Ball Trophy and the life-saving programs of the local American Red Cross

SCHEDULE

7:00 p.m. Last Minute Registration & Packet
Pick Up Open at Start/Finish
Location
8:30 p.m. Last Minute Registration & Packet
Pick Up Closes
8:30 p.m. Kids Fun Run begins
(ages 12 and under)
8:40 p.m. Costume Contest
9:00 p.m. 5k Start
9:30 p.m. DJ Starts Bustin' Jams

REGISTRATION

5K - \$20

(postmarked August 1, 2017)

5K - \$25

After August 1, 2017

REGISTRATION FEE

INCLUDES:

5K

Glow the Distance Tee Shirt

Glow Stick

Goody Bag

Refreshments before & after run

Kids Fun Run - \$10

ONLINE REGISTRATION

<http://www.tristateracer.com/event.php?RaceID=9572>

MORE INFORMATION

Contact the ORV American Red Cross 740.354.3293



**Dancing With
Our Stars**

March 24, 2018
SOMC Friend's Community Center
Portsmouth, OH

