



Healthy Kids Day

at the Pike County Fairgrounds

August 1, 2019
2 - 5 p.m.

A free day of fun, fitness, and friends! Kids who complete all activity stations will receive a free Ride Day Pass, and everyone will receive a bag packed with goodies!

SCHEDULE

2 - 2:30 p.m. REFit Exercise
at Art Hall

2:30 - 4 p.m. Activity Stations
at Art Hall

Blender Bike
presented by OSU Extension Office

Spin Art Bike
presented by Adena Pediatrics

Nutrition
presented by OSU Extension Office

Farm Olympics
presented by Pike Co. Farm Bureau

CareSource Kids First

Hand Washing

Health Heroes

4 - 5 p.m. Arena Cooking Show
at the Arena

ADENA.ORG

