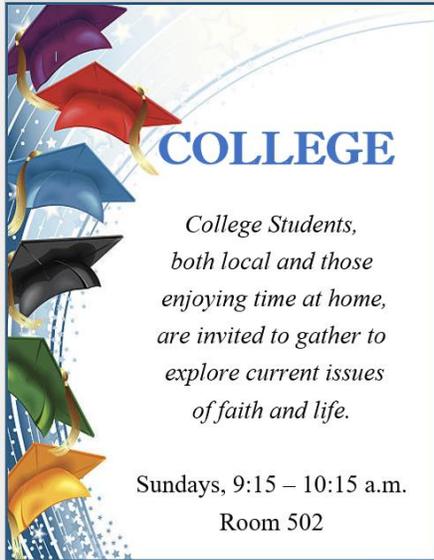


## Spring into Faith with Adult Ministries!

- **Freeing the Anxious Generation** with Dr. Trey Duke, this Wednesday, April 9<sup>th</sup>
- Register now for **Summer 2025 Mission Trip to Henderson Settlement!**
- Take the **Survey** for our **Church Family Feud** by April 15<sup>th</sup>!
- **2026 Mission to UMCOR Depot** in Sager Brown, Louisiana
- Meet our **Habitat for Humanity Homeowner**, Elizabeth
- **Play Golf** for the Wesley Foundation!



**COLLEGE**

*College Students,  
both local and those  
enjoying time at home,  
are invited to gather to  
explore current issues  
of faith and life.*

Sundays, 9:15 – 10:15 a.m.  
Room 502

## COLLEGE MINISTRY

All college students and friends are invited to be part of the College group, meeting Sundays, 9:15 – 10:15 a.m. in Room 502 across from the church office. A light breakfast is served, everyone is welcome, bring a friend!



**WESLEY  
FOUNDATION  
GOLF TOURNAMENT**

APRIL 26, 2025

\$100 per person

8:00am Shotgun start

scan here to register and find partnership information or go to our website at [www.wesleyfoundationmt.org](http://www.wesleyfoundationmt.org)

Smyrna Golf Course



# Wednesday Night Together



## *Food, Fellowship, Faith, and Fun for All Ages!*

Featuring food preparation and service by THE SWEET ADDICTION catering and St. Mark's United Methodist Men.

### **Upcoming Menu: 4/9**

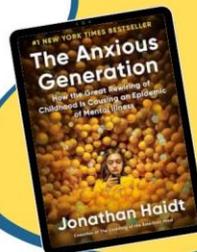
Chicken Cacciatore over Fettuccini, Sautéed Spinach, Bread Sticks, Salad Bar, Pineapple Upside Down Cake

## **FREEING THE ANXIOUS GENERATION**

*A Conversation for Parents*

**Wednesday, April 9th, 6:00pm in St. Mark's Sanctuary**

You are invited to join in a special night of enrichment at **Wednesday Night Together** as **Dr. Trey Duke** leads a discussion of the research-based effects of screen time on children's brains. This parent friendly conversation is designed to help provide impactful tools and strategies to support your family and help your children thrive.



Key Insights based on the #1 New York Times Bestseller

The Anxious Generation by Jonathan Haidt



Murfreesboro City Schools & ST. MARK'S

In conjunction with MTSU College of Liberal Arts, and Read To Succeed

## **COMING UP AT WNT:**

April 17<sup>th</sup> – (Thursday) – Holy Thursday Dinner and Worship

April 23<sup>rd</sup> – Church Family Feud Fun Night!

April 30<sup>th</sup> – St. Mark's Talent Show and Final WNT

# UMCOR

United Methodist Committee On Relief

## **St. Mark's 2026 Adult Mission Trip**

Relief work goes on year-round at the historic United Methodist Committee on Relief (UMCOR) Depot in Sager Brown, Louisiana, where most anyone of any age or ability can contribute directly to disaster response around the globe. The work available includes processing and shipping kits (in a climate-controlled facility) donated relief supplies including flood buckets and relief, repairing homes, serving in a women's shelter or Food Bank, and tutoring young children.

St. Mark's has possible dates in Fall of 2025 and January of 2026 for mission at the UMCOR Depot. The cost of this trip is around \$300/person for lodging and meals at the Depot, plus transportation, lodging and meals for the trips there and back. To express your interest in this trip and learn more information, email [martha@stmark'stn.org](mailto:martha@stmark'stn.org).





# **BOOKS OF FAITH NEW STUDY: The Gospel of Mark**

Join the conversation as we open the scriptures and dig deeper into the Gospels. These focused studies allow time to savor and enjoy the stories of Jesus and his disciples more fully.

Each study uses a guide for reading a few chapters of the Gospel each week with a devotional focus. The next study will be the Gospel of Mark, beginning in April. Study books are available for \$10 each; email [martha@stmarkstn.org](mailto:martha@stmarkstn.org) for more information.

Weekly study groups include:

Sundays, 9:15 – 10:15 a.m. led by Rev. Martha Touchton in Room 504, beginning 3/30

Wednesdays, 6:00 – 7:00 p.m. led by our retired clergy in the banquet hall, beginning 5/7

Fridays, 10:00 – 11:00 a.m. led by Claudia Hunter in Room 503/505, beginning 3/28

# Sign up for SATURDAY, MAY 3<sup>rd</sup> St. Mark's Panel Build!



## ***MEET OUR HABITAT HOMEOWNER***

Elizabeth was born and raised in Murfreesboro by her loving parents. The youngest of two, she and her older brother are still close to this day. Elizabeth was a very active child. She was a dancer all through elementary and middle school and then went on to join the color guard in high school.

When Elizabeth graduated from high school, she enrolled at Volunteer State Community College. She had hopes of doing something in the medical or education field. After three years of college, life circumstances caused Elizabeth to step away from school. In 2019, Elizabeth welcomed her son.

Elizabeth found herself in a season of life where she was working and raising her son but also still living at home. She knew she needed to make some changes to provide a stable future for her family. After much thought and research, she decided to go back to school to get her Dental Assistant Certification. Upon graduation, she started working as a Dental Assistant in the Medical Department of the Davidson County Sheriff's Department. Over the next couple of years, Elizabeth worked very hard to pay everything down and establish good credit.

Becoming a homeowner was Elizabeth's new goal. However, after unsuccessfully trying to qualify for a conventional loan, she quickly became discouraged. A dear friend suggested that Elizabeth should investigate the Rutherford County Area Habitat for Humanity Homeownership program. She did just that and decided to apply. When she received the news that she had been accepted, she cried tears of joy! "Honestly, I was in disbelief!" Elizabeth admitted. "I could not believe that something I had wanted for so long was finally going to happen."

Elizabeth has enjoyed the Homeowner Education classes and getting to know some of her future neighbors. Her son has also enjoyed meeting kids his own age and making new friends that he will get to play with in the Legacy Pointe neighborhood. Elizabeth is so excited about everything that is yet to come because it will bring her one step closer to owning a home. Also, she has started learning more about cooking and is looking forward to having a nice kitchen.

Elizabeth feels deeply grateful and blessed by this opportunity. "We are incredibly thankful for the kindness and generosity of the sponsors, volunteers and staff that support the RCHF mission in our community," she said smiling. "Each of you are making a difference in our lives, and we feel very fortunate!"

# SAVE THE DATE: SATURDAY, MAY 3<sup>rd</sup> St. Mark's Panel Build!



**Together, we will frame the walls  
for the next St. Mark's house!**

- *No Construction Skills required*
- *Volunteers must be 14 or older*
- *4 shifts, 8:00 a.m. – 3:00 p.m.*
- *15 Volunteers needed per shift*
- *Lunch provided on site*
- *All tools and materials provided*
- *Special building activities for kids!*

# Sign up for SATURDAY, MAY 3<sup>rd</sup> St. Mark's Panel Build!



**SCAN HERE TO SIGN UP TODAY!!!**



Or [CLICK HERE!](#)

**ST. MARK'S YOUTH & ADULT MISSION TRIP**  
**Henderson Settlement, Frakes, KY**  
**July 6 – 11, 2025**



**OPPORTUNITIES FOR MINISTRY IN THESE AREAS:**

Thrift Store, Greenhouse, Infant Supply House,  
Food Pantry, Home Repair, and Sewing Class

**Scan here to Register!**

**\$50 Deposit Required at Registration**

*\$350/Person includes Lodging, Meals, and Programs*



**St. Mark's UMC**  
**CHURCH**  
**FAMILY**  
**FEUD**



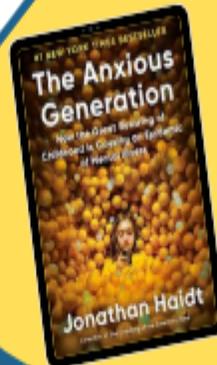
**St. Mark's Staff and Clergy**  
**VS.**

**St. Mark's Retired Clergy**

**6:00 p.m. Wednesday, April 23rd**

# FREEING THE ANXIOUS GENERATION

A Conversation for Parents



Key Insights based on the  
#1 New York Times Bestseller

The Anxious Generation  
by Jonathan Haidt

**Wednesday, April 9th**

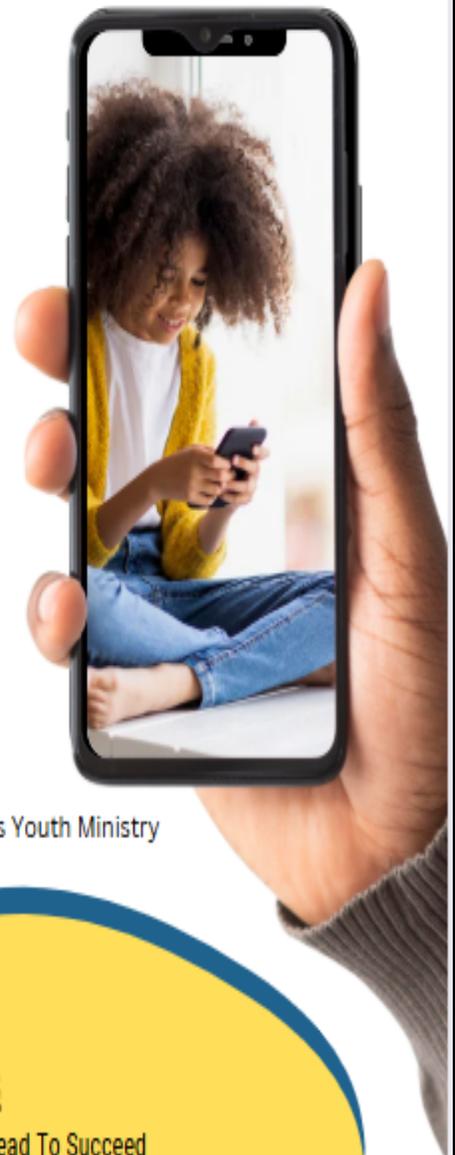
**6:00 - 7:00 pm**

**St. Mark's Sanctuary**

*You are invited to join in a special evening of enrichment at*

***Wednesday Night Together as MCS Superintendent Dr. Trey Duke***

*leads a discussion of the research-based effects of screen time on children's brains. This parent-friendly conversation is designed to provide impactful tools and strategies to support your family and help your children thrive.*



- 5:00 p.m. Dinner, \$10/adult, children and youth eat free.
- Reservations due Monday, April 7th, call (615) 893-3455.
- 6:00 p.m. Fun 'n Games in the Gym for children K - 5 led by St. Mark's Youth Ministry
- Nursery Care provided for children up to 4 years of age.

Murfreesboro City Schools & ST MARK'S

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