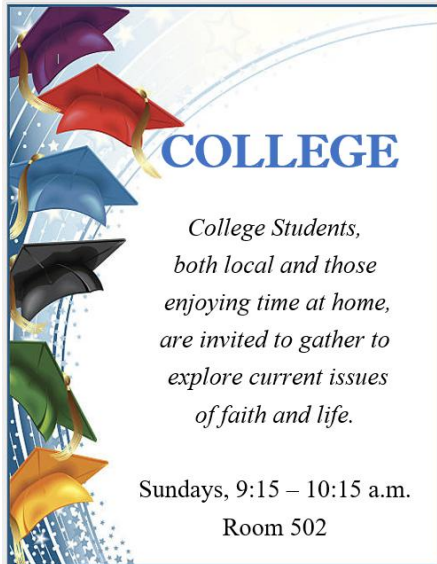


Adult Ministries are Heart-Warming this Winter!

- **New Parkinson's Support Group Forming at St. Mark's**
- **Young Singles Ministry**, FLYING SOLO, Tuesday Trivia @ Jefferson's
- **Wednesday Night Together** on Maundy Thursday, April 2nd
- **Youth/Adult Mission Planned** to Henderson Settlement, Kentucky
- **We are Fed to Feed Others** Food Bank Offering Easter Sunday, April 5th
- Students invited to join the **College Ministry**



COLLEGE MINISTRY

Sunday Mornings: All college students and friends are invited to be part of the College group, meeting Sundays, 9:15 – 10:15 a.m. in Room 502 across from the church office.

WE ARE **FED** that we might **FEED OTHERS**



As part of our mutual preparation for the sacrament of Holy Communion, you are invited to donate canned and dry foods to St. Mark's Food Bank every 1st Sunday.

***Easter Sunday, April 5th, 2026 is the next 1st Sunday,
please bring pop-top cans of fruit or tuna!***

Collection tubs located just outside the Sanctuary.

“For I was hungry, and you gave me food...” Matthew 25:35



Food, Fellowship, Faith, and Fun for All Ages!

Featuring food preparation and service by
THE SWEET ADDICTION catering and
St. Mark's United Methodist Men.

Next Week's Menu, 3/25:

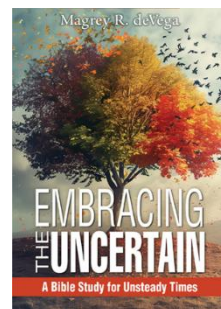
*Monterey Chicken Spaghetti, with Garlic Bread,
Salad Bar, and Tiramisu Trifle*

Adult Lenten Options, 6:00 – 7:00 p.m., February 25 – March 25

Embracing the Uncertain:

A Bible Study for Unsteady Times Led by Rev. Tommy Ward

Just turning on the news lets us know we are living in uncertain times. In *Embracing the Uncertain*, Magrey deVega invites readers to engage and wrestle with life's uncertainties, not ignore them. Each lesson will consider a story of Jesus' life and ministry that points us forward to the cross and shows us how to follow Jesus with courage, hope, and obedience.



**March 25: Class choice - The Uncertainty of Surrender (Luke 19:1-10)
or Obedience (Matthew 26:36-46)**

Building Holy Habits into a Rule of Life

Led by Rev. Martha Touchton and Friends



We are the product of our habits! Spiritual habits enable us to walk closer God and lead us to grow deeper in our relationship with God and others. Holy Habits help us orient our lives toward being disciples of Jesus Christ every day. We'll consider how we can expand and enhance these habits as adults and help them be built into the lives of our youth, children, and families.

March 25: A Life of Faith in Action – Rev. Martha Touchton



MAUNDY THURSDAY, APRIL 2ND

5:00 p.m. WNT Family Meal

Menu: Pork Chops with Orzo Pasta, Sauteed Spinach, Salad Bar, Lemon Blueberry Ricotta Cake
Reservations due Monday, 3/30

6:00 p.m. Maundy Thursday Worship

in the Spirit of the Last Supper,
with Holy Communion and the opportunity for Footwashing

**YOU ARE INVITED TO JOIN THE FUN AS WE CREATE
A NEW SPACE FOR COMMUNITY AT ST. MARK'S UMC**



A Fellowship of Young Singles, 40 and Under

Jefferson's

TUESDAY TRIVIA AT

Jefferson's on the Square

6:30 p.m. - 8:30 p.m.

Tuesday, March 24th

To RSVP or be Added to the GROUPME,
text Mark at (615) 691-1760





A new support group for persons dealing with Parkinson's Disease, including persons suffering the effects of Parkinson's as well as spouses, family members, and caregivers, is forming at St. Mark's UMC. This group will provide emotional and spiritual encouragement, share helpful resources, and celebrate victories together.

The next gathering will be at 10:30 a.m. Wednesday, March 25th, in Room 503/505, with lunch following at a local restaurant. Guests are always welcome! For more information, contact Rev. Jim Clardy or Rev. Martha Touchton at (615) 893-3455.

ST. MARK'S YOUTH & ADULT MISSION TRIP **Henderson Settlement, Frakes, KY** **July 5 – 10, 2026**



OPPORTUNITIES FOR MINISTRY IN THESE AREAS:

Thrift Store, Greenhouse, Infant Supply House,
Food Pantry, Home Repair, and Quilting Class

**For more info, see David Cowan
or Rev. Martha Touchton**

\$400/Person, \$50 Deposit Due May 1st





St. Mark's UMC
Christian Education
Spring 2026

*Teacher Appreciation
Luncheon*

Sunday, April 12th
11:30 a.m. – 1:00 p.m.
St. Mark's Banquet Hall
Catered by The Sweet Addiction

Please RSVP to
Rev. Martha Touchton
By Wednesday, April 8th
martha@stmarkstn.org