

## Wednesday Night Together



## *Food, Fellowship, Faith, and Fun for All Ages!*

Featuring food preparation and service by  
THE SWEET ADDICTION catering and  
St. Mark's United Methodist Men.

**This Week's Menu, 11/20**  
*Apple Curry Pork Roast, Wild Rice,  
Buttered Corn with Green Peppers,  
Naan, and Apple Cake*

### **November 20 Opportunities, 6:00 – 7:00 p.m.:**

**Holiday Missions Night** Join in a night of giving as we prepare Christmas cards for persons who are incarcerated to send to their loved ones, and assemble holiday "Go Bags" for children, youth and adults residing at Murfreesboro's Domestic Violence Shelter, and in other local shelters.

**The Grand Sweep** Large group discussion on the scripture readings from Week #47 led by Rev. Loyd Mabry in the Banquet Hall.



## **Make Reservations Now to Give Thanks to God at St. Mark's UMC Church Family Thanksgiving Dinner & Worship**

**Tuesday, November 26th, 5:00 p.m. Turkey Dinner,**

**6:00 p.m. Traditional Worship in the Sanctuary**

**Reservations Due Sunday, November 24th!**



# **Triumph Over Trauma**

## **Offers Healing Through the Holidays**

Trauma comes in many forms and can have severe, long-lasting effects on individuals, families, and communities. Identifying trauma, learning to deal with it, healing from it, and moving forward can help you and those around you. **Triumph over Trauma** is a focused on helping people discuss trauma in group settings and develop coping mechanisms. It's not meant to replace other forms of mental health care, such as therapy, but is intended to aid it.

For some, the Holidays are "the most wonderful time of the year." For others, it's a season of sadness, anxiety, and pressure. **Healing through the Holidays** offers weekly sessions which include inspiring messages, relaxation exercises, time for self-reflection, and an opportunity to community with those who care. You will feel seen, supported, and inspired to experience the holidays differently.

Four weekly sessions beginning Monday, December 2, 12 pm - 1 pm CDT through Monday, December 23. Register at <https://forms.gle/E1zNABxGrmqATR6B8>

A donation of \$25 is appreciated but not required. Donations can be made at <https://harperhill.global/donate>."

**THE GOSPELS**  
**ADULT CHRISTIAN EDUCATION**  
**SPECIAL EVENT**

**Sunday, December 1, 9:15 – 10:15 a.m.**  
**in St. Mark's Sanctuary**  
**with Dr. Amy-Jill Levine**



Dr. Levine is a highly sought-after speaker, author, and commentator on Jewish-Christian matters, outspoken about the need for Jews and Christians to come to know each other better, and more accurately. She is a great friend of Christianity and an outstanding example of openness between the Jewish and Christian communities, showing how both traditions are growing, learning and being enriched from their encounter with the other.

Amy-Jill Levine is University Professor of New Testament and Jewish Studies and Mary Jane Werthan Professor of Jewish Studies Emerita at Vanderbilt and Rabbi Stanley M. Kessler Distinguished Professor of New Testament and Jewish Studies, Hartford International University for Religion and Peace.

In Spring 2019 she was the first Jew to teach New Testament at Rome's Pontifical Biblical Institute. In 2022 she received the Seelisberg Prize for Jewish-Christian Relations from the International Council of Christians and Jews; in 2023 she received the H. Walter Award for Reconciliation and Interfaith Cooperation from Archbishop of Canterbury. She has been a frequent guest at St. Mark's Sunday evening Disciple Bible Study classes.

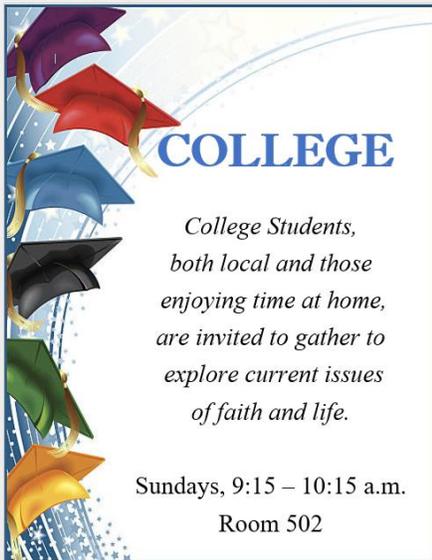
Holding the B.A. from Smith College, and the M.A. and Ph.D. from Duke University, she has honorary doctorates from the University of Richmond, the Episcopal Theological Seminary of the Southwest, the University of South Carolina-Upstate, Drury University, Christian Theological Seminary, and Franklin College. A self-described Yankee Jewish feminist, Professor Levine is a member of Congregation Sherith Israel, an Orthodox Synagogue in Nashville, although she is often quite unorthodox.

Her most recent book, Jesus for Everyone, places Jesus of Nazareth within his historical context, bringing him vividly into focus and inviting everyone from faithful Christians, agnostics, and the most committed nonbelievers to appreciate his lasting impact on our world today.

***Mark your calendar for this final session:***

➤ **January 12, 2025: 9:15 – 10:15 a.m. Revelation with Dr. Rebecca Wright**

10:30 a.m. Worship with Bishop Joe E. Pennel, Jr., retired United Methodist bishop  
11:30 a.m. – 1:00 p.m., The Grand Sweep Celebration Luncheon, reservations required



## COLLEGE MINISTRY

All college students and friends are invited to be part of the College group, meeting Sundays, 9:15 – 10:15 a.m. in Room 502 across from the church office. A light breakfast is served, everyone is welcome, bring a friend!

## A FEW MORE VENDOR SLOTS AVAILABLE!

### For Merry Mission Marketplace

Non-Profits who offer items for sale at the MMM retain 100% of their profits. Crafters and other for-profit vendors donate 20% of their profits to a non-profit agency.

Need a Vendor Application or know a possible crafter who has a heart for mission?

Contact Rev. Martha Touchton, [martha@stmarkstn.org](mailto:martha@stmarkstn.org)



**Wednesday, December 4<sup>th</sup>**

**6:00 - 8:00 p.m.**

St. Mark's United Methodist Church Recreation Center  
1267 N. Rutherford Blvd., Murfreesboro, TN 37130

- Alternative Christmas Market
- Give gifts that give back to the community
- Make shopping a mission!
- Teach your children and grandchildren about giving to the community
- Many new vendors!

**Make Shopping Your Mission!**

**Lidia Oprean: Essential Oils /**

**Popcorn / St. Mark's Youth Ministries**

**Fancy Pecans and Cashews: Murfreesboro Lions Club**

**Marcy's Art: Hand Painted Art / Greenhouse Ministries**

**Robert Reaver: Small Woodwork Items: St. Mark's UMC**

**Donah Hall: Crystal Glassware / St. Mark's Youth Ministries**

**Unique Upcycled and Bejeweled Magnets: The Journey Home**

**JBLoom: Personalized Fashion Jewelry and Cups / Ambassadors for Christ**

**Marcy Jams!: Delicious homemade jams and jellies / The Sweet Addiction**

**Sew Diva: Sewn burp cloths, bibs, play tents and more / ACI International**

**Ah Mint and More: Vegan & Gluten Free Snacks / Grace Center of Franklin**

**Sugarbush Farms: Holiday Wreaths and other live decorations / Gracie's Acres**

**Rustic Lather Soaps: Fragrant goats milk soap / Bunny Puff's Exotic Animal Refuge**

**Holiday Goodies, Quiches, Cinnamon Rolls, Children's Aprons / The Sweet Addiction**

**Designs by Sally: Aromatic Rice Bags, Walker Caddies, Fidget Mats / P.E.O. International**



***WE ARE FED***



***THAT WE MIGHT  
FEED OTHERS***

*As part of our preparation for  
the sacrament of Holy Communion,  
you are invited to donate canned and dry foods to  
St. Mark's Food Bank every 1st Sunday.  
Collection tubs will be located just outside the Sanctuary,  
or you can bring your donation to the  
bins in the Narthex or Room 407/409.*

***Sunday, December 1<sup>st</sup> is the next  
Communion Sunday,  
Please bring Cans of Fruit!***

*"For I was hungry, and you gave me food..."  
Matthew 25:35*