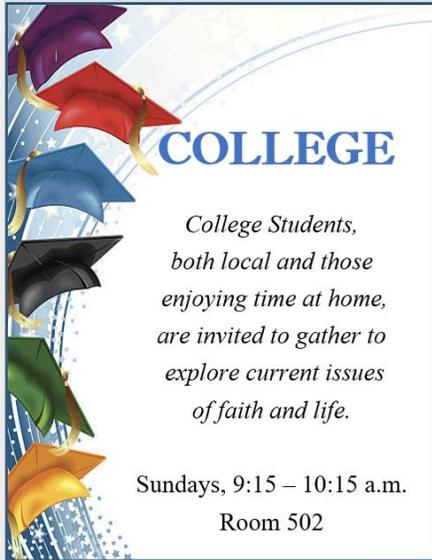


## **Spring into Faith with Adult Ministries!**

- Reserve your book today for “Books of Faith: Mark” Gospel study
- March is Mental Health month at Wednesday Night Together
- Dr. Jim Clardy to Lead “Lenten Meditation” Bible Study
- Mission Opportunities to Henderson Settlement and UMCOR Depot
- St. Mark’s to host Habitat for Humanity Panel Build



## COLLEGE MINISTRY

All college students and friends are invited to be part of the College group, meeting Sundays, 9:15 – 10:15 a.m. in Room 502 across from the church office. A light breakfast is served, everyone is welcome, bring a friend!



## ***Food, Fellowship, Faith, and Fun for All Ages!***

Featuring food preparation and service by THE SWEET ADDICTION catering and St. Mark's United Methodist Men.

### **Upcoming Menu: 3/12**

*Smothered Pork Chops with Twice Baked Potatoes, Asparagus, Biscuits, Salad Bar, and Apple Crumble*

## **MARCH IS MENTAL HEALTH MONTH at WNT!**

*Local providers will lead us in exploring concerns for children, youth, and adults, including the pandemic effect, addiction, anxiety, dementia, and more! Room 402/404*



**March 12: Mind Matters** with Dr. Ellen Slicker

**March 19: Mental Health with Children and Youth** with Dr. Jay Campbell

**March 26: The Science of Addiction** with Dr. Brian Wind

## **BIBLE STUDY: LENTEN MEDITATIONS**

Dr. Jim Clardy leads this special Lenten study on Christian faith and discipleship in Room 403.



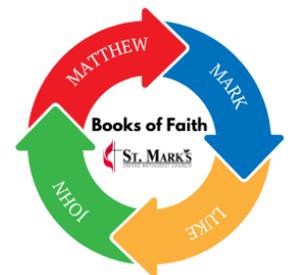
**March 12: The Call to Discipleship** – Luke 9:23-25

**March 19: Repentance and Renewal** – Psalm 51:10-12

**March 26: The Grace of the Cross** – Ephesians 2:8-9

## **BOOKS OF FAITH: MATTHEW**

Join the conversation as we open the scriptures together and dig deeper into Matthew under the leadership of our retired clergy. This focused study allows time to savor and enjoy the stories of Jesus and his disciples more fully. On March 12, we will study Lesson #5 with Rev. Mike Waldrop in the Banquet Hall.



# UMCOR

United Methodist Committee On Relief

## **St. Mark's 2026 Adult Mission Trip**

Relief work goes on year-round at the historic United Methodist Committee on Relief (UMCOR) Depot in Sager Brown, Louisiana, where most anyone of any age or ability can contribute directly to disaster response around the globe. The work available includes processing and shipping kits (in a climate-controlled facility) donated relief supplies including flood buckets and relief, repairing homes, serving in a women's shelter or Food Bank, and tutoring young children. For more information about the UMCOR Depot, visit <https://umcmmission.org/umcor-supply-depots/> or [watch this video](#):

St. Mark's has possible dates in Fall of 2025 and January of 2026 for mission at the UMCOR Depot. The cost of this trip is around \$300/person for lodging and meals at the Depot, plus transportation, lodging and meals for the trips there and back. To express your interest in this trip and learn more information, email [martha@stmarkstn.org](mailto:martha@stmarkstn.org).





# **BOOKS OF FAITH**

## **NEXT STUDY:**

# **The Gospel of Mark**

## **Coming Soon!**

Join the conversation as we open the scriptures and dig deeper into the Gospels. These focused studies allow time to savor and enjoy the stories of Jesus and his disciples more fully.

Each study uses a guide for reading a few chapters of the Gospel each week with a devotional focus. The next study will be the Gospel of Mark, beginning in April. To place your order for a \$10 study book, email [martha@stmarkstn.org](mailto:martha@stmarkstn.org).

Weekly study groups include:

Sundays, 9:15 – 10:15 a.m. led by Rev. Martha Touchton in Room 504

Wednesdays, 6:00 – 7:00 p.m. led by our retired clergy in the Banquet Room

Fridays, 10:00 – 11:00 a.m. led by Claudia Hunter in Room 503/505

## ST. MARK'S YOUTH & ADULT MISSION TRIP Henderson Settlement, Frakes, KY

### OPPORTUNITIES FOR MINISTRY IN THESE AREAS:

Thrift Store, Greenhouse, Infant Supply House,  
Food Pantry, Home Repair, and Sewing Class

### INFORMATION MEETING

Sunday, March 23<sup>rd</sup>, 6:00 p.m. in the Youth Center  
\$50 Deposits Due Sunday, March 30<sup>th</sup>



## SAVE THE DATE: SATURDAY, MAY 3<sup>rd</sup> St. Mark's Panel Build!



Rutherford County Area  
**Habitat**  
for Humanity®

**Together, we will frame the walls  
for the next St. Mark's house!**

- *No Construction Skills required*
- *Volunteers must be 14 or older*
- *4 shifts, 8:00 a.m. – 3:00 p.m.*
- *15 Volunteers needed per shift*
- *Lunch provided on site*
- *All tools and materials provided*
- *Special building activities for kids!*