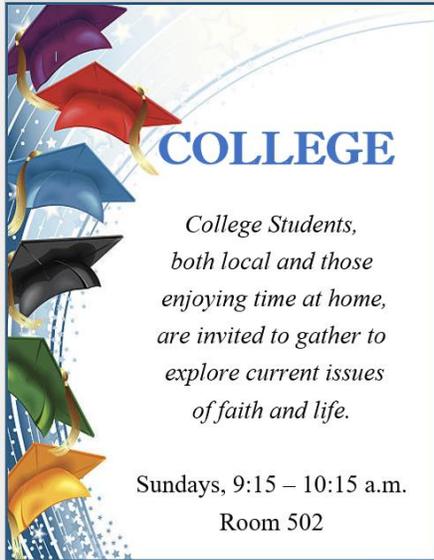


Spring into Faith with Adult Ministries!

- **Books of Faith: Mark** study begins soon!
- Wednesday Night Together's **Mental Health Month** concludes
- Dr. Jim Clardy completes **Lenten Meditation** Bible Study
- **Freeing the Anxious Generation** with Dr. Trey Duke, April 9th
- Register now for **Summer 2025 Mission Trip to Henderson Settlement!**
- **2026 Mission to UMCOR Depot** in Sager Brown, Louisiana
- Sign up now to serve at St. Mark's **Habitat for Humanity Panel Build**
- **Play Golf** for the Wesley Foundation!



COLLEGE

*College Students,
both local and those
enjoying time at home,
are invited to gather to
explore current issues
of faith and life.*

Sundays, 9:15 – 10:15 a.m.
Room 502

COLLEGE MINISTRY

All college students and friends are invited to be part of the College group, meeting Sundays, 9:15 – 10:15 a.m. in Room 502 across from the church office. A light breakfast is served, everyone is welcome, bring a friend!



scan here to register and find
partnership information or go to our
website at
www.wesleyfoundationmt.org

WESLEY FOUNDATION GOLF TOURNAMENT

APRIL 26, 2025

\$100 per
person

8:00am Shotgun start

Smyrna Golf Course





Food, Fellowship, Faith, and Fun for All Ages!

Featuring food preparation and service by THE SWEET ADDICTION catering and St. Mark's United Methodist Men.

Upcoming Menu: 3/26

Pulled Pork Sandwich w/ Apple Slaw, Mac & Cheese, Baked Beans, Salad Bar, and Banana Pudding

MARCH IS MENTAL HEALTH MONTH at WNT!

Local providers will lead us in exploring concerns for children, youth, and adults in Room 402/404

March 26: The Science of Addiction with Dr. Brian Wind



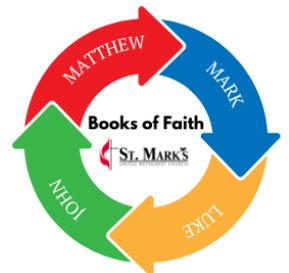
BIBLE STUDY: LENTEN MEDITATIONS

Dr. Jim Clardy leads this study on Christian faith and discipleship in Room 403.

March 26: The Grace of the Cross – Ephesians 2:8-9

BOOKS OF FAITH: MATTHEW

Join the conversation as we open the scriptures together and dig deeper into Matthew under the leadership of our retired clergy. This focused study allows time to savor and enjoy the stories of Jesus and his disciples more fully. This week, we'll study Lesson #7 with Rev. Barry Culbertson in the Banquet Hall.



COMING UP AT WNT:

April 2nd – WNT is on Spring Break; The Books of Faith: Matthew Study will meet!

April 9th – Freeing the Anxious Generation – A special event with Dr. Trey Duke

April 17th – (Thursday) – Holy Thursday Dinner and Worship

April 23rd – Church Family Feud Fun Night!

April 30th – St. Mark's Talent Show and Final WNT

UMCOR

United Methodist Committee On Relief

St. Mark's 2026 Adult Mission Trip

Relief work goes on year-round at the historic United Methodist Committee on Relief (UMCOR) Depot in Sager Brown, Louisiana, where most anyone of any age or ability can contribute directly to disaster response around the globe. The work available includes processing and shipping kits (in a climate-controlled facility) donated relief supplies including flood buckets and relief, repairing homes, serving in a women's shelter or Food Bank, and tutoring young children. For more information about the UMCOR Depot, visit <https://umcmmission.org/umcor-supply-depots/> or [watch this video](#):

St. Mark's has possible dates in Fall of 2025 and January of 2026 for mission at the UMCOR Depot. The cost of this trip is around \$300/person for lodging and meals at the Depot, plus transportation, lodging and meals for the trips there and back. To express your interest in this trip and learn more information, email martha@stmark'stn.org.





BOOKS OF FAITH NEW STUDY: The Gospel of Mark

Join the conversation as we open the scriptures and dig deeper into the Gospels. These focused studies allow time to savor and enjoy the stories of Jesus and his disciples more fully.

Each study uses a guide for reading a few chapters of the Gospel each week with a devotional focus. The next study will be the Gospel of Mark, beginning in April. Study books are available for \$10 each; email martha@stmarkstn.org for more information.

Weekly study groups include:

Sundays, 9:15 – 10:15 a.m. led by Rev. Martha Touchton in Room 504, beginning 3/30

Wednesdays, 6:00 – 7:00 p.m. led by our retired clergy beginning 5/7

Fridays, 10:00 – 11:00 a.m. led by Claudia Hunter in Room 503/505, beginning 3/28

Sign up for SATURDAY, MAY 3rd St. Mark's Panel Build!



Having a house is something many of us take for granted. More and more, it is a challenge for people in our community and across our nation.

Since being formed in 1989, the Rutherford County Habitat for Humanity affiliate has built more than 200 homes, including 35 houses in its first subdivision, Legacy Pointe. St. Mark's has contributed to many of those homes with both financial and "sweat" equity. This

spring, we have a new opportunity to make a difference in the life of a single mother and her son via a Panel Build.

A panel build is an all-day, fast-paced event where we come together as the Body of Christ to build the walls of a Habitat for Humanity home, with Habitat providing all needed materials, tools, and supervision. The build consists of five 80-minute shifts of 15 workers each, beginning at 8:00 a.m. and finishing around 3:00 p.m. It will all happen in our back parking lot near the Youth Center entrance.



No particular construction skills are required, but workers must be age 14 or older; special building activities for those under 14 will be provided in the gymnasium so parents can participate. Coffee and lunch will also be provided on site, and to keep the home construction on schedule, this build will take place rain or shine.

So how can **you** be involved in this exciting ministry? You have already taken part by



generously giving your tithes and offerings to St. Mark's UMC so that together we can invest the \$15,000 needed to fund the panel build. Now, the number one way to support this build is by volunteering to serve! If you are a member of a Christian education class or any other ministry in the church, we encourage your group to select one shift and serve together. Of course, individuals and families are also needed and encouraged to serve. To sign up, simply scan the QR code above and complete the form.

Jesus taught us that when we serve others, we are serving God, especially when we serve seeking justice, mercy, and sacrifice. This panel build gives us a unique opportunity to serve God together and make a lasting difference in a family's life. We hope to see you there!



SAVE THE DATE: SATURDAY, MAY 3rd St. Mark's Panel Build!



**Together, we will frame the walls
for the next St. Mark's house!**

- *No Construction Skills required*
- *Volunteers must be 14 or older*
- *4 shifts, 8:00 a.m. – 3:00 p.m.*
- *15 Volunteers needed per shift*
- *Lunch provided on site*
- *All tools and materials provided*
- *Special building activities for kids!*

For more information or to sign up, [click here!](#)

To learn more about the Homeowner, [click here!](#)

ST. MARK'S YOUTH & ADULT MISSION TRIP
Henderson Settlement, Frakes, KY
July 6 – 11, 2025



OPPORTUNITIES FOR MINISTRY IN THESE AREAS:

Thrift Store, Greenhouse, Infant Supply House,
Food Pantry, Home Repair, and Sewing Class

Scan here to Register!

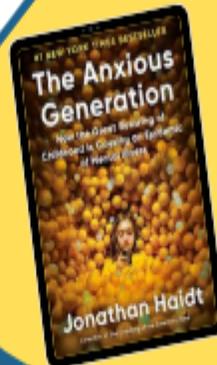
\$50 Deposit Required at Registration

\$350/Person includes Lodging, Meals, and Programs



FREEING THE ANXIOUS GENERATION

A Conversation for Parents



Key Insights based on the
#1 New York Times Bestseller

The Anxious Generation
by Jonathan Haidt

Wednesday, April 9th

6:00 - 7:00 pm

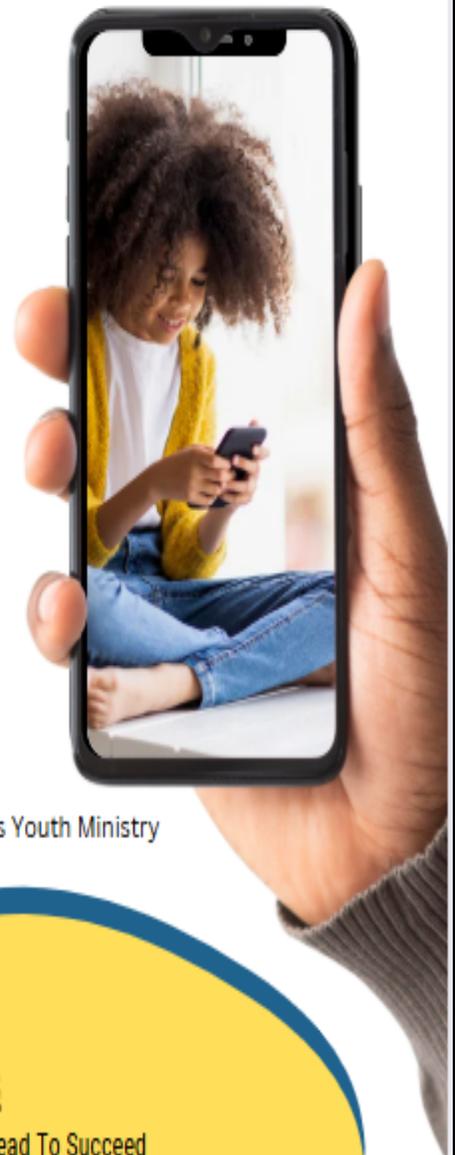
St. Mark's Sanctuary

You are invited to join in a special evening of enrichment at

Wednesday Night Together as MCS Superintendent Dr. Trey Duke

leads a discussion of the research-based effects of screen time on children's brains.

This parent-friendly conversation is designed to provide impactful tools and strategies to support your family and help your children thrive.



- 5:00 p.m. Dinner, \$10/adult, children and youth eat free.
- Reservations due Monday, April 7th, call (615) 893-3455.
- 6:00 p.m. Fun 'n Games in the Gym for children K - 5 led by St. Mark's Youth Ministry
- Nursery Care provided for children up to 4 years of age.

Murfreesboro City Schools & ST MARK'S

In conjunction with MTSU College of Liberal Arts, and Read To Succeed



WE ARE FED

***THAT WE MIGHT
FEED OTHERS***



As part of our preparation for the sacrament of Holy Communion, you are invited to donate canned and dry foods to St. Mark's Food Bank every 1st Sunday. Collection tubs will be located just outside the Sanctuary, or you can bring your donation to the bins in the Narthex or Room 407/409.

***Sunday, April 6th is the next
Communion Sunday!***

***Please bring canned chicken and tuna,
grape jelly om plastic jars, crackers***

*"For I was hungry, and you gave me food..."
Matthew 25:35*