

# SAGES News

February 27, 2018

Thanks to everyone who supported the Hymn Sing and Luncheon last Friday. We all had a good time. Thanks to Rev. Mary Dicken for providing the piano accompaniment. Also thanks to Lucy Cochran, our Church Librarian, for her sharing about our library. Her stories and references were wonderful.



Please remember that the UMM will be meet here on Saturday, March 3, at 7:30 for a free breakfast and a good program.

The Tennessee Conference Adult/Older Adult Ministries Team is sponsoring a Spring Leadership Conference on "The Role Of The Church In Healthy Aging." The conference will be held Thursday, March 8, at Franklin First United Methodist Church. Marie King, pastor of the St. John's UMC in Nashville, will be the keynote speaker. Three workshops will focus on how the local church can implement practical ideas to support healthy aging, physically, as well as spiritually. The cost of the conference is \$15.00. Registration blanks are available in the church office. This same conference will be repeated at Madison Street United Methodist Church in Clarksville on Tuesday April 17.

The St. Mark's SAGES Ministry Team will meet at 9:30 A.M. in Room 503-505 on Monday, March 12 at 9:30 A.M.

The St. Mark's SAGES will host the dinner at the Murfreesboro Veterans Complex on Thursday, March 15 from M 3:30 P.M. – 5:00 P.M.

The St. Mark's Dementia/Alzheimer's Support Group will March 22 in Room 1203 at 1:30 P.M. on March 22. Thanks to Sandra Wilson for her expert leadership for the past few years. We're grateful to Sandy Keysaer, who will serve now as our resource person. Also gratitude is expressed to Susan Green and Doris Windham for their ongoing leadership of the group.

The bus will leave St. Mark's at 3:30 P.M., on Friday, March 23, for an adventure and meal at Granny Fishes' Restaurant near Normandy. The meal will be Dutch treat.

Face to Face is a version of the Emmaus Walk available to SAGES. It will be held at the Smyrna First United Methodist Church on several days during March and April. There will be no overnight gatherings. If you would like to participate, please call Jim Clardy or Noel or Laura Hinote for more information and registration blanks.