CareFirst BlueCross BlueShield Provider Education Webinar

Assessment, Diagnosis, and Management of Anxiety in Pediatric Primary Care Settings

Presented by Dr Phillip Sojka MD, BHIPP
Co-hosted by Ashley M. Johnson, LMSW, CareFirst BlueCross BlueShield

Thursday, August 27, 2026, 5:30 p.m.–6:30 p.m.

We are excited to invite you to a FREE live interactive webinar - Register Here!

Presentation to be held via Microsoft Teams virtual platform

This course is being cosponsored by BHIPP

There will be no breaks provided during this 60-minute interactive session

Intended Audience: Primary Care Physicians and Behavioral Health/SUD Professionals

Course Background:

This presentation on the Assessment, Diagnosis, and Management of Anxiety in Pediatric Primary Care Settings provides an overview of anxiety, including diagnosis and interventions. This session will cover an introduction of anxiety disorders, general diagnosis guidelines, and specific diagnostic criteria. Interventions such as psychoeducation, coping skills, and medication will further be discussed as it pertains to providers in pediatric primary care settings.

Objectives:

- Participants will be able to describe the core features of anxiety in children and adolescents
- Participants will be able to conduct an effective, developmentally informed assessment for pediatric anxiety
- Participants will be able to discuss and diagnose common pediatric anxiety disorders
- Participants will be able to define evidence-based anxiety interventions in primary care

About the Presenter:

Dr. Phillip Sojka is a child psychiatrist at the Kennedy Krieger Institute and assistant professor in the division of child, adolescent psychiatry at John Hopkins University. He serves as a BHIPP consultant and as the course director of the Johns Hopkins pediatric residency behavioral mental health rotation. Dr. Sojka specializes in integrated care and works to promote increased access to child psychiatric care through integrated practices.

Assessment, Diagnosis, and Management of Anxiety in Pediatric Primary Care Settings, course # 6797 is approved by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program to be offered by Continuing Education CF BCBS as an individual course. Individual courses, not providers, are approved at the course level. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. ACE course approval period:07/31/26-07/31/28 . Social workers completing this course receive 1 general continuing education credit. *Individuals credentialed with other licensing bodies or within other jurisdictions will need to check with their board for CE approval.

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