

NEWS & VIEWS

חדשנות והשకפות

NOVEMBER 2023 / CHESHVAN - KISLEV 5784

FAIR LAWN JEWISH CENTER / CONG. B'NAI ISRAEL
VOLUME LXXXV NO. III / NOVEMBER 2023
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**The Fair Lawn Jewish Center/
Congregation B'nai Israel**

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info@fljc.com

RELIGIOUS SERVICES

Sunday through Thursday—7:30 PM on Zoom
 Go to Zoom.us or dial 1-929-205-6099
 Meeting ID: 992 9922 2789
 Password: 609729

Friday Evening
Kabbalat Shabbat—6:30 PM
Shabbat Morning
Shabbat Services 9:30 AM
(9:00 AM when there is a Bar/Bat Mitzvah)
In Person and via Livestream
www.fljc.com/worship

Havdalah at the conclusion of Shabbat on Zoom
 Go to Zoom.us or dial 1-929-205-6099
 Meeting ID: 940 7714 6714
 Password: 215407

Sunday morning services 9:00 AM
In the Chapel and on Zoom
 Go to Zoom.us or dial 1-929-205-6099
 Meeting ID: 991 2258 1312
 Password: 731712

CANDLELIGHTING TIMES

Date	Lighting Time	Havdalah (next day)
Nov. 3	5:32 PM	6:32 PM
Nov. 10	4:24 PM	5:25 PM
Nov. 17	4:18 PM	5:20 PM
Nov. 24	4:13 PM	5:16 PM

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RABBI SALSTON'S CLASS

Coffee and Commentary

**Classes will be held on Wednesdays at 11:00am
 in the Sanctuary and on Zoom**
November 1, 8, 15, 22, 29

Go to Zoom.us or dial+1 929 436 2866
 Meeting ID: 943 0394 9434 Password 226478

RABBI ROTH'S

Nosh and Knowledge

**Classes will be held on Tuesdays:
 November 7, 14, 28 (No Class on Nov. 21)**

Class times are 11:30 AM to 12:30 PM.
 The class is repeated the same evenings from
 8:00 PM to 9:00 PM via Zoom

Topic of Study: *The Jewish Ethics of War
 he Golem - What Makes Us Human?*

SYNAGOGUE SKILLS LEARNING INSTITUTE

Have you ever wanted to learn to read Torah or read Hebrew?
 To enrich your experience at the Fair Lawn Jewish Center,
 instruction is available for:

*Torah reading lessons
 *Haftarah chanting
 *How to Daven various services
 Free and open to all members

To register email Ellen Wertheim at
ellenwer@hotmai.com.

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RABBI SIMON GLUSTROM, RABBI EMERITUS
 PHIL STEINBERG

MAY THE LORD CONSOLE AND SUSTAIN YOU,
 TOGETHER WITH ALL THE MOURNERS FOR ZION AND
 JERUSALEM

RABBINIC REFLECTIONS

Rabbi Rachel Salston



My heart breaks at the contrast between my and all our states from the time of my last article and this moment. I spoke in October of the beautiful egalitarian joy that is Simchat Torah. And then Shemini Atzeret and Simchat Torah arrived with the horrors of the October 7th Pogrom committed by Hamas terrorists. We still felt the joy of the holiday as best we could.

There is another communal experience that the current war with Gaza has given us. That of direct and vicarious trauma and PTSD. None of us are doing okay. None of us are at a fully relaxed state. Let's all acknowledge that.

I just returned from a three day Rabbinical Assembly (RA) Conference for Rabbis in Small Congregations. I and seven other rabbis from across the country shared our experiences. Of course the current war and our communal and personal responses were at the forefront of the conversation. We were joined for an afternoon by Rabbi Jacob Blumenthal, CEO of both the RA and the United Synagogue of Conservative Judaism (USCJ). He had just returned from a visit to Israel and a conversation with Secretary of State Anthony Blinken. He reminded us of the value of our communal allies.

I have been in contact with our Boro Council and Mayor Peluso as well as the Superintendent of Fair Lawn Public Schools. I have met with colleagues from churches in town; we are in the process of planning our community interfaith Thanksgiving service (I hope you will attend the service at Memorial Middle School at 5:00 PM on Sunday, November 19th). I or another rabbi will be the central speaker at this event. I will soon have a conversation with the leader of the Fair Lawn Muslim Community. We are not alone.

We also spoke about the challenges on college campuses. Aside from the never acceptable physical violence that must be reported to campus public safety departments and the local police, there are many actions by college students towards one another that, to say the least, have increased the feelings of unwelcomeness of Jewish students on these campuses. Local Hillels and Hillel International are taking action and supporting our students. If you have a college student in your family and I have not yet contacted them, please be in touch with me so that I can have their cell phone number.

I also remind everyone that while hate speech, aggressive aggression, and passive aggression are never acceptable, it is the eternal nature of college students to say inflammatory and radical statements. The more important voices to monitor, noted Rabbi Blumenthal, are the statements and responses of college and university presidents and administrators. There have indeed been extremely problematic lacks of response by administrations to their students' violent behavior and antisemitic resolutions. But we must also pay attention to the responses in support of Israel and the Jewish community. I know that this is not particularly satisfying, but as I said, not one of us is perfectly relaxed at this moment.

We also met with Mary Jo Barrett, MSW, a therapist who has been working with groups of Conservative Rabbis for years. She reminded us, and I remind you, to practice self-care. Take a break from social media. Certainly, do not look at the pictures if you can avoid it. We are all going through the same thing, some of us are closer to the war and destruction than others. We need to take care of ourselves so that we can care for each other in the future. I am here for you and your families.

Tonight, well once this arrives in your mail boxes, this will have already happened, but tonight and tomorrow, Shabbat 10/27-28, we will be participating in the Global Masorti Solidarity Shabbat. In the coming days and weeks we will be partnering with a community in Israel and "adopting" one of the hostages to pray for specifically in addition to our prayers for all of our siblings in captivity. I will try to not ask, "How are you?" because that is not a helpful question. I will instead try to use, "How are you at this moment? How can I support you right now?" I encourage you all to do the same.

B'virkat shalom (With blessings of peace),

Rabbi Rachel J. Salston



A MESSAGE FROM THE PRESIDENT

Steven Montag



Dear fellow congregants,

November is generally the time of year that brings transition from the busy months of the High Holidays culminating in Simchat Torah to the quiet month of Chesvan. The days get shorter, the clocks move back one hour on Nov 5, this year, and the weather starts to change to colder. Thank you to Vher Alvaro, David Lauchheimer and Harold Fine for helping to disassemble the Sukkah and put it away until next year. We also look forward to Kislev where the celebration of Hannukah brings family enjoyment and the end of year celebrations in December.

This year, however, has been significantly different than past years. Our lives have been impacted by the horrific events occurring in Israel and the war with Hamas. Our minds are not quiet but rather swirling with grief and thoughts about how we can help those in need in Israel and around the world suffering from the tremendous loss and mental anguish of those most directly impacted. Our congregation stands with Israel and will continue to support events and offer methods of contribution to those who are desiring to do so. We are also very committed to the safety and well-being of our congregation. Our intent is to increase the presence of security during our services and activities at the shul. In support of this need and desire, the Board has unanimously approved an increase of \$100 per family for the security assessment which you will see in your statements this month. Please help us to

provide these added resources to our security. As always, if you see something unusual, say something.

We also continue our efforts to finish the merger with Temple Beth Sholom and unify the Conservative Jewish community in our area. Things are proceeding as described in my last month's column. Surveys have been distributed for selection of our new combined shul name. Surveys have been distributed for feedback on our High Holiday Service including the Rabbi and Cantor review. The Board has been provided with a new Constitution and By-Laws for review and vote later this month and these will then be distributed to the Congregation for review and vote in December. Please do not ignore these very important survey emails. Please reply to our surveys, so that your voices can be heard. If you have not completed these surveys, please search your email or ask the office to resend them to you.

Yasher Koach and Kol Hakavod to all those who participate in strengthening and supporting our Jewish Community. Keep reading our *Insider's* weekly emails and the monthly *News & Views* newsletter for details about upcoming activities throughout the year. As always please respond to our calls for help in making a minyan in our regular services and our requests for volunteers to help participate in our many committees. I wish you all a Happy Thanksgiving and hope for peace in Israel and throughout the world.

Steven Montag

Update from Israel - Rabbi Ronald S. Roth

The Last Holocaust Survivor from Pacov

Nelly Prezmah, the last living Holocaust survivor from Pacov, the town that our Holocaust Memorial Torah came from, has lived in Israel since the late 1940s. She is the daughter of the last Rabbi of Pacov. She resided in Kibbutz Dorot, about five miles from the now abandoned town of Sderot, very near the border with Gaza. At first after the attacks by Hamas, she refused to leave her home, but recently her granddaughter wrote the following:

The last 14 days were terrible. In Israel, we called it the second Holocaust of the Jewish people. We lost our dear friends from our community, teachers, children's friends, etc. We evacuated our homes because of the terror attack by Hamas. Grandma moved to the north of the country until our kibbutz will be safe again. Now she is much better, but it is very hard for her, also. I can't really describe what we are going through here. Am Yisrael Hai. Regards, Shany

Rabbi Roth

CANTORIAL CONTEMPLATIONS

Cantor Yoni Stokar



Shalom to all,

We are now in the Month of Cheshvan or "Mar Cheshvan" as we announced it in Shul two weeks ago. Mar מאר is translated as "bitter" and it is said that the month is bitter due to the lack of Jewish holidays. Never in my lifetime have I felt such a bitterness and harshness as I have these last few weeks. As the days go on since the brutal October 7th attack by Hamas, I'm sure there are many who share my feelings that things continue to feel like they are getting worse. As we learn more about the scale and barbaric devastation the terrorist murderers committed added to the mounting death toll of innocents from rocket fire and retaliatory strikes and even worse, the hostages. There's a phrase that's been floating around the internet attributed to Rav Yitzchak HaKohen Kook, Israel's first Ashkenazi chief rabbi and founder of the modern Chief Rabbinate of Israel that says "עַמּוֹנָצָה לَا מִתְּפַחֵד מִדָּרְךָ אֲרוֹכָה", "The eternal people are not afraid of the long path". It turns out that this quote is not from any of Rav Kook's writings or speeches, rather it expresses an idea expressed in a certain paragraph in Orot (one of Rav Kook's works). The paragraph (Orot Ta'Hayyah 5) says: "Our path in national life and its march toward the general human relationship is very long. Long are our lives and long are, therefore, our paths. We are great and our sins are great, and for this reason our troubles are great, and our consolations are also great..."

Rav Kook tells us that, compared to other nations that come and go in a few hundreds of years, the nation of Israel is the nation of eternity, it has been alive for thousands of years. When something's lifespan is short, its life processes are also short. The egg hatches, turns into a caterpillar, and weaves into a cocoon and from there into a butterfly for a few days. Most animals are already able to walk within minutes or hours of birth, a human on the other hand takes about a year to learn to walk, not to mention other basic human functions, such as thinking and speaking. The same is true in the lives of nations. Peoples with a short "span of life" have short life processes. People who live for thousands of years have longer life processes, and on the other hand, their meaning is also greater and deeper. That's why "the people of eternity", a people whose lives are eternal - both long in the present, also belonging to the olam haba'ah, the next world, and also significant to all worlds. "Not afraid of a long road" - does not mean that we do not want redemption soon. We pray, "Speedily cause the sprout of David, Your servant, to flourish and exalt his power with Your deliverance.", but we are not afraid and do not despair even when the road is long and difficult. We know that to make a change in the whole world, physically and spiritually, you need processes that take time and require a lot of energy and strength.

I had the privilege this past Shabbat of hearing the Director of the Anti Defamation League, Jonathan Greenblatt speak at Temple Israel Center in White Plains where I was visiting family for Shabbat. He said that there's a sense of helplessness that we all feel in the diaspora. We all watch so intensely what's happening in Israel and we want so badly to contribute. And many of us have been doing so by donating money, clothing, food, supplies whatever is being asked of us! But we outside of Israel are also learning more and more as the days unfold, how vulnerable we are to the greater antisemites of the world. He explained that although we're not fighting the war versus Hamas, we are fighting a war of antisemitism to an even larger and greater enemy and that we need to arm ourselves with knowledge, with prayer and with unity.

What we need to do this month as the clocks change and the darkness fills more of our waking hours is to fill that space with light. The light of the Jewish people, the light of our amazing community. To light up our brothers and sisters in Israel and to light each other up. To gather and to support. To sing and to pray. To show up; for ourselves, our community and for each other. The reverse of the letters Mem (מ) and Resh (ר) which spell Mar (מר) or bitter spell the word Ram (רם) translated as Loud, High, or Important. My blessing to myself and to our entire congregation is that the rest of this month of Cheshvan and leading into the month of Kislev be high and important days, filled with loud prayers and loud songs, loud cries and loud affirmations "The eternal people are not afraid of the long path" and Am Yisrael Chai

Wishing us all B'sorot Tovot V'Shalom, Good news and peace and May we be privileged to see the words of the prophets come true in our day, to watch the light of salvation.

Yoni

ADULT EDUCATION COMMITTEE

Charles Cohen



Shalom Chaverim

Rabbi Salston's Coffee & Commentary class is held each Wednesday at the Center talks about the Torah Parshat of the Week. There is much to learn and discuss that is still relevant to the many challenges and questions that we as Jews have today in our daily lives in the world we live in.

Rabbi Emeritus Ronald Roth continues his Nosh & Knowledge Zoom Class each Tuesday. His class explores Jewish Morality & Ethics as it affects all aspects of contemporary human behavior. Please join in the discussion.

Our Executive Director Thorin Tritter will be lecturing on Monday, November 20, at 8:00pm in the Sanctuary and on Zoom. Topic will be "The Jewish Experience in the Famed Catskills Borscht Belt" during its heyday from the 1950s-1970s. You may want to watch the movie "Dirty Dancing" which is free (with commercials) on cable site Tubi.

Thorin will also show a screening of the episode "We're Going to the Catskills" from the TV show, The Marvelous Mrs. Maisel, on Thursday, November 30, at 8:00pm in the Sanctuary and on Zoom. (The episode will run for 52 minutes.) Discussion will reflect on how we remember the Catskills and how it is portrayed.

The December movie discussion will be "Varian's War-The Forgotten Hero" available on YouTube starring William Hurt. This well made film details the exploits of Varian Fry in rescuing more than two thousand Jews and non-Jews in the early days of WWII in Vichy, France. Fry grew up in nearby Ridgewood, New Jersey, and has been honored by Yad Vashem as a righteous gentile. Please watch the film and attend our group discussion either in-person or on Zoom. Moderator will be Charles Cohen. We hope you can participate in as many of these events as your time permits.

Happy Learning.

Charlie Cohen



**The FLJC/CBI
Congratulates
Cantor Yoni Stokar
on the Release of his
New Album:
ATZERES**

The album is a compilation of original Jewish songs, set to traditional liturgical texts and wordless melodies, or nigunim. These songs were designed to be sung while walking down the street; while holding the Torah around the bimah; while welcoming Shabbos in shul; and while sitting with friends at the table or around the fire.

Available on All Platforms Including



NOTE FROM THE EXECUTIVE DIRECTOR

Thorin Tritter



As I sit down to write this note, the events in Israel are foremost in my mind. Ever since the attack of October 7, I cannot keep my eyes from the news, even as I find no solace in anything that I see or read. But my concern, like all of you, is not just about what is taking

place in Israel. We are also concerned about the potential greater security threats in our community. I want to share something about the Center's response.

In the weeks since October 7, I have had numerous conversations about security with colleagues, congregational leaders, the local police, our security provider, and representatives from the Jewish Federation, among others. I have sat in a number of webinars and online presentations, which have helped to share our procedures here at the FLJC/CBI. I share this information to emphasize that we take security seriously and are constantly assessing and reassessing what we need to do to keep us all safe. I don't want to provide specific details, for reasons that I hope are understandable, but I want you to know that we are responding to the current situation, even as no credible threats have been identified.

Our response, however, is not just about protection. As you know, the FLJC/CBI organized and participated in several community rallies and events. Looking ahead to the month of November, we are likely to be involved in other similar gatherings, although those have not been planned.

Equally important, we have continued to plan and prepare for a wide range of programs that can bring our community together to learn, to celebrate, to unite, and to live. Scattered through the pages of this issue you will find advertisements for programs that have been organized by Sisterhood, MPC, and the Adult Education Committee. These programs reflect a desire to create a rich range of activities, from Tot Shabbats to formal lectures, and from arts & crafts to social service projects. I hope you will be inspired to join some or all of these activities.

One of the other things that is on my mind in November is, of course, Thanksgiving. While I certainly have much to be thankful for, I cannot help feel that Thanksgiving is coming at a time of increased concerns about the future. Even as I want to focus my mind on being thankful for things that happened over the past year, I cannot help but worry about things that are coming in the days and months ahead.

All that being said, I want to share my thanks to you, the congregants of the FLJC/CBI, and also to my colleagues in the office and the Board who show their commitment to this community throughout the year. I am grateful for the engagement of the congregation, the collegiality of the staff, the warmth of the Rabbi, and the dedication of the Board.

I hope that you can also focus on some of the things that you are thankful for during this Thanksgiving season. And, as always, I look forward to seeing you at the Center soon.

Thorin Tritter

Purchase an Electronic Memorial

The Electronic Memorial Board is located by the entrance to the Sanctuary and can be accessed online. New standard plaques may be purchased for \$360 each. If you wish to enhance your new plaque or existing plaque with pictures/bio/stories, there is additional cost of \$180. For further info, contact Bert Wertheim at bertw4839@aol.com.



PROGRAM & EVENTS COMMITTEE ANDREA PASS, LOIS MEISEL, CO-CHAIRS



We write this article with the Israeli crisis on our minds and in our hearts. We hope to schedule some programs and events in the coming weeks in response to this. Please check your emails and the *Insider*, as we hope to run some of these programs/events before the next edition of the published *News & Views*.

Although we are writing this before the Lower East Side walking tour has happened, we want to thank everyone who supported this event. We are especially thankful to our Executive Director Thorin Tritter for leading the tour and for sharing his extensive knowledge and expertise with us on all things Lower East Side!

As always, if you have any programming ideas or would like to join our committee, please reach out to us. And we wish our brethren in Israel continued strength and support during these heartbreakingly unspeakable times, and we wish our community here support and strength as well.

Andrea & Lois

andreaspr@gmail.com
loismeisel@gmail.com



Social Action Committee
Chair: [Ilene Laufer](#)

**Help Social Action With ESP
(Emergency Supply Packages)**

**Donations Accepted from Oct. 22 - Nov. 12
Drop Off in Center Lobby**

➤ We are creating 100 winter emergency supply packages for Meals on Wheels recipients and others supported by Jewish Family Services in our community. During the winter, inclement weather can make it impossible for them to receive their needed delivery of food.

➤ Many of the recipients are Holocaust Survivors who depend on Meals on Wheels for their daily sustenance.

➤ This year we are collecting monetary donations and kosher packaged goods.

➤ Please consider sponsoring this project with an \$18.00 donation.

THANK YOU!
Contact Ilene Laufer at Rflanzman@aol.com with questions.

Send your checks to the Center office made out to FLJC/CBI
Note "Social Action, ESP" on the memo line.

MEN'S PROGRESS CLUB ***Hal Fine, President***



Fellow Members,

At this sad time in Jewish history due to recent events, we can all feel disgusted about Hamas' actions that have decimated entire communities in southern Israel. There's not much we can do living in this part of the world witnessing the barbaric actions played out in towns and kibbutzim. While we mourn all those whose lives have been lost and the thousands that were wounded, we can share with you that the MPC along with Sisterhood and the Israel committee have made a substantial donation to Federation's Israel emergency fund to offset some of the pain. We can only hope for some kind of change of heart that would reverse these negative behaviors and bring about a better future for all. I hope everyone is able to cope with this torrent of bad news and if you feel overwhelmed, please do not hesitate to reach out to any fellow members.

In spite of these dire circumstances, we will be continuing with our programs including our upcoming paid-up membership breakfast on Sunday, November 5, from 9:30am-11:30am in the Pulka room. Mort Segal will be our speaker and will talk about the "Rise and Fall of the Catskills and the Comedians who made it Famous". Mort worked for his father who was the largest booking agent for the borscht belt comics. TBS Men's club members will be our guests as well. (See flyer on page 10.)

Come out on Goosey Night (the night before Halloween, Monday, October 30) to "defend" the shul!

We'll follow that with our Fall Poker Tournament on an evening in November, in the Pulka room.

We're planning our first 4P Game Night- Play Ping Pong & Pool along with assorted table games in the youth lounge Sunday, December 3, from 6:00pm-7:30pm. (See flyer below.)

We still continue our programs in spite of the terrible events that do happen. Let's all keep the faith. Hope to see you there!

Hal Fine

MEN'S PROGRESS CLUB

The Fair Lawn Jewish Center/Congregation B'nai Israel
Men's Progress Club Presents



4P GAME NIGHT
PLAY PING PONG, POOL,
& TABLE GAMES

Sunday, December 3 from 6:00 PM-7:30 PM
Light Refreshments Provided

RSVP by Wednesday, November 29 to Hal Fine at tinedad59@gmail.com



THE MPC'S ANNUAL PAID UP MEMBER BREAKFAST

The Rise and Fall of the Catskills and the Comedians who Made it Famous

Presented by Mort Segal

Mort was 17 when he began working for his father booking entertainment for the Catskill hotels. Little did he know that he would end up in the center of it all.

He roomed with Buddy Hackett, was friends with Joan Rivers and knew hundreds of other stars of English and Yiddish vaudeville, stage and screen. The history is interesting, the stories personal and funny.



Sunday, November 5th from 9:30-11:30 AM in the Pulka Room

Open to all Paid Up Members and Guests (Big Macher Level and Up)
Questions? Contact Hal Fine at linedad59@quail.com

31st Annual Chanukah Toy Drive

The Annual Bergen County Chanukah Toy Drive is underway. It's a great way to bring the joy of Chanukah to Jewish children and a terrific way to involve your children in the mitzvah of charity. There are many children now, more than ever, who can use a toy to put a smile on their face.

What to donate: New, unwrapped toys and gifts for children and teens:

Games, sports equipment, make-up sets, costume jewelry, craft activities, books, Legos, puzzles, purses, gift cards, etc... (Please remove tags if possible.)



Where to Donate: FLJC/CBI Lobby toy drop-box
Or contact Beth Perlman (201) 796-2598 to schedule drop off or pick up



Collecting toys from November 5 through Monday, December 4th.

Gifts are distributed to Tomorrow's Children Institute/Hackensack Hospital, Jewish Family Services, Project Ezra, Tomchei Shabbos of Bergen County, JADD Group Homes, Bris Avraham, Ohel Children's Home, Sharsheret, OTSAR, Chai Lifeline, Friendship Circle, Center for Hope and Safety, Shavei Zedek, Chai4ever & more

Toy Drive website is www.bctoydrive.com

Thank you in advance for participating in this mitzvah! Happy Chanukah.

FLJC/CBI Social Action Committee

SOCIAL ACTION COMMITTEE

Mark Meisel



Thank you for your support of all our projects. We recognize these are difficult times and are in shock over the attacks and war in Israel. Our hearts go out to those families in mourning over the loss of loved ones in Israel and those taken hostage. We hope you will also support those organizations helping Israel at this time, including the Jewish Federation of NNJ Israel Emergency Relief Fund and purchasing Israel Bonds – emails about both have been sent out from the shul and Rabbi Salston.

While our hearts and minds are on Israel, we still need to help those in our community who need our support.

This month we will have a number projects going on that we hope you can help us with.

Emergency Supply Packages – We are creating 100 winter emergency supply packages for Meals on Wheels recipients and others supported by Jewish Family Services in our community. During the winter, inclement weather can make it impossible for them to receive their needed delivery of food. We will give each of them a bag of emergency provisions for those times. We began this collection on Sunday, October 22 and are completing our collection of monetary donations and kosher packaged goods on Sunday, November 12. There will be a bin in the lobby for drop off. Many of the recipients are Holocaust survivors and depend on Meals on Wheels for their daily sustenance. See the details in the *Insider* and the flyer in this *News and Views*.

Hanukkah Toy Drive – From November 5 through December 4, you can drop off unwrapped toys for children of all ages infants to teenagers. The Bergen County Toy Drive welcomes all donations of new, unwrapped toys and gifts for kids and teens, such as games, sports equipment, make up sets, costume jewelry, crafts kits, books, dolls, Legos, puzzles, purses, gift cards, etc...(*please remove price tags*). There will be a bin in the lobby for this collection.

Hackensack Shelter Dinner December 24th
Please watch for our next Hackensack Shelter Dinner project coming up in December. Many recipients of these dinners tell our volunteers, who are serving these meals, that this dinner is the only

food they have had the entire day. Our weekly *Insider* will have the Sign Up Genius link where you can see what is needed and sign up for what you can contribute to this mitzvah. We need and appreciate monetary donations to buy some of the food but also ask congregants to sign up to make desserts, salad and side items and purchase water bottles and plasticware. Please look for this details on how you can help.

Social Action will now also assist congregants through the Chesed sub-committee. Our long-time Social Action committee member and former chairperson of Social Action, Nina Gold, has generously volunteered to administer this program, which includes the following:

Bikkur Cholim: The Social Action Committee can also help congregants in their recovery from illness when returning from the hospital or rehab facility by bringing them a Friday night meal. Please let the office know if you would like us to bring you a meal.

Welcoming a New Child to FLJC/CBI: When a member welcomes a new child to their home we will bring a meal to the family to help celebrate their new addition and make the increased workload a bit easier.

Shiva Meal: We would like to support a congregant going through mourning the loss of a loved one. For any congregant who is a mourner, Chesed will coordinate with them and bring a shiva meal for the mourner (and their immediate family).

The Social Action Committee and former members of the Chesed committee will help deliver these meals which support our congregation family. Please let the Rabbi, the office or Nina Gold know if you would like Chesed volunteers to support you in any of the above lifecycle events.

Thank you again for all your support! If you are interested in joining the Social Action Committee please reach out to me.

Mark Meisel

SISTERHOOD ***Lisa Urbanski & Siri Horvitz, Co-Presidents***



The High Holidays and time for renewal left us feeling so many emotions surrounding the brutal attacks in Israel. It is not shocking that we are all devastated. Many, if not all of us, are deeply connected and have a strong love for Israel. Our people are there; we have family and friends there and we are horrified for all of them, for ourselves, and for Jews everywhere.

There is no way I can find the proper words to accurately capture how I am feeling or how any of us are feeling in this newsletter. We are all suffering, and sadly and seemingly impossible, some worse than others. There are so many emotions and yet I cannot..... I cannot find the words to describe how I feel as an individual for myself, for my family, for my community, and for my dear friends who are enduring so much pain. Nothing I could say could capture it and I will not try to attempt to do that in this newsletter. I will just say that I understand and I care deeply about the present situation, all of you, and our future.

I will say that I am so inspired by the Jewish people. I am so proud to be among you and I am prouder than ever of Israel, our People, the IDF, the way we unite; the way we stand together is truly amazing. During the most difficult times, when it would seem impossible to see the light, there is light.....I am in awe of the way all Jews have banded together with love and dedication, donating money, supplies and time so generously; volunteering to pack and ship packages to our soldiers and Israeli families in need and joining Tehillim groups in an effort to coordinate continuous prayers NONSTOP all throughout the days and nights 24/7 for Israel, the IDF and our people. I have extreme faith in G-d and the Jewish people, and I pray that good will prevail in this war between good and evil. We are all in pain. There is no reason to be sad and alone if you want to be with someone.

Please know my home is open to friends and the FLJC/CBI community members that might want to talk, or sit quietly, or just have a warm comforting cup of coffee or tea. I am sure we're all finding it's been extremely difficult trying to concentrate on anything outside of all this. And by "all this" I am not just referring to the brutality, loss, isolation, hate, and devastation, but also to the unimaginable disbelief and frustration felt by those who are not

able to clearly see and understand the bigger picture.

This is obviously not a typical monthly newsletter, in light of all the above. I am not going to go on and on about all the great events we've had, and there have been many, and there will continue to be many. The spirit of the Jewish people is to continue moving forward, even in the face of fear, not allowing the wrath of our enemies to dampen our spirits. I do want to make sure I appropriately thank everyone for attending those events and give special thanks to those who hosted, led, and prepared for them.

- ◆ Thank you to Lily Shinkar for providing snacks to the kids who attended High Holiday Youth Services;
- ◆ Thank you to all those who did a lovely job decorating our beautiful Sukkah including but not limited to Siri Horvitz, Steve Montag, Hal Fine, Marge and her crew, the kids....
- ◆ Thank you to Karen Kurland who co-chaired Sushi in the Sukkah with me, and Arline Herman who helped us set up prior to everyone's arrival.
- ◆ Thank you to Nina Ron who led the Breishit Hike.
- ◆ Thank you to Gerry Kessel for chairing our Torah Fund Campaign and to our members who graciously supported our effort to assist the Jewish Theological Seminary train rabbis, cantors and educators for the Conservative Jewish Community. This year's campaign theme is "Areyvut" or "Social Responsibility" which couldn't be more appropriate right now, and what I think about when I proudly wear my pin. It gives me great comfort knowing I am helping to ensure the continuance of Conservative Judaism for all of our family's future generations and also reinforces the need to participate in any Tikkun Olam opportunities to make the world a better place. Please consider supporting our Torah Fund Campaign if you have not already done so by contacting Gerry at gkessel@optonline.net or 201-264-3706 to get your pin!

Continued on next page...

Please forgive me if I missed an event or missed thanking anyone that contributed to its success. You are all so appreciated. My head is just not there at the current moment.

I write this November newsletter in anticipation of our Sharsheret Pink Breast Cancer Awareness Shabbat chaired by Ilene Laufer and Donna Pasternak and our guest speaker, Rabbi Salston's mother, Liz. Thank you, Ilene and Donna, for coordinating what I know from the past has always been a lovely service and beautiful Kiddush for our congregation. A big thank you to Liz Salston for speaking and to all our Sisterhood members that participated in the service and helped prepare for this event.

I look forward to and encourage you to join us at our upcoming November 16 paid-up membership "Wine Bottle Painting" event. Many thanks in advance to Robin Baer for chairing this event.

Please continue to support Israel and our People. Be well, stay safe, have faith, lean on your family, friends, and community. We are all in this together.

עם ישראל חי



*Warm Regards,
Lisa Urbanski & Siri Horvitz*



Fair Lawn Jewish Center/Congregation B'nai Israel



Snack Packing with Sisterhood



We will be packing 100 snack packs for needy children on Sunday, November 5th at 10:00 AM at the home of Lily Shinkar, 39-33 Paterson Street Fair Lawn.



We need volunteers to help purchase the products we assemble in the bags or to help pack. Please consider signing up below to help.

[Sisterhood FLJC/CBI: Snack packing with the Sisterhood \(signupgenius.com\)](https://www.signupgenius.com/sheet/00000000000000f901-snack-packing-with-the-sisterhood)

Food can be dropped off at Lily's house anytime before the event.

Please text her at 201 410-6531 to let her know you will be leaving the items on her front porch.

Thank you in advance for your support of this mitzvah project.



Fair Lawn Jewish Center/Congregation B'nai Israel



Sisterhood Book Club

November 19th, 10:00 AM
Auditorium 2nd Floor



THE PARIS DAUGHTER By Kristin Harmel

(In Person Only)

RSVP: Ilene Laufer Rflanzman@aol.com



Fair Lawn Jewish Center/Congregation B'nai Israel



Sisterhood Paid Up Membership

Thursday, November 16th at 8:00pm

FREE FOR SISTERHOOD MEMBERS!

Not yet a member, pop by the event to sign up and join the fun!



Add some
lights!

(Location: Small Ballroom)

Pop open a bottle
and unleash your inner artist
with Wine Bottle Painting!



Painting
Fun!!



Nibble on some
small bites

ADVANCED REGISTRATION REQUIRED

RSVP to Robin Baer Catskillbaer@optonline.net 914-671-4016



WE NEED TO TALK ABOUT ANTISEMITISM

THURS, NOV 16, 11 AM



Brandi Katz Rubin
Moderator, ADL Senior Associate
Regional Director NY/NJ



Rabbi Diana Fersko

Author & Guest Speaker

FIND OUT MORE & REGISTER

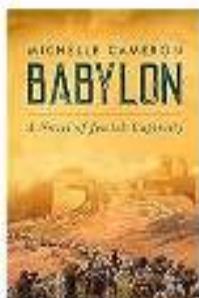
**CALL MARISA AT 201.408.1496
TO RECEIVE MEMBERS PRICE.**

Join us for an important discussion about the rise of antisemitism in America, and how we can work together to stem the tide.
FLJC/CBI Member Price \$12 | Public \$15

Co-sponsored with the Jacobs H. Grossmann Memorial Jewish Book Endowment Fund.

JEWISH FEDERATION OF NORTHERN NEW JERSEY
WOMEN'S PHILANTHROPY INVITES YOU TO

BOOK & AUTHOR



Author, Michelle Cameron
"Babylon: A Novel of Jewish Captivity"



Jewish Federation
of Northern New Jersey



Monday,

12 | 04 | 23

7:00 PM

FEDERATION OFFICES
50 Eisenhower Drive, Paramus

About the book: The epic saga of a Judean family exiled to Babylon, set against the deadly ambition of Nebuchadnezzar's royal court and the struggle of Biblical prophets and scribes to keep the Hebrew faith alive.

\$25 price includes book.

Register here

jfnnj.org/BookandAuthor1

A limited number of FLJC/CBI members to RSVP to Arline Herman receive free admission through the Senior Initiative. Contact Arline at (201)556-9616.

FAIR LAWN
INTERFAITH CLERGY COUNCIL
COMMUNITY
THANKSGIVING
SERVICE

NOVEMBER 19, 2023

5:00 PM

MEMORIAL MIDDLE SCHOOL AUDITORIUM
12-00 1ST STREET

GIVING THANKS, GATHERING AS A
COMMUNITY, AND HONORING OUR
FIRST RESPONDERS

PARTICIPATING CONGREGATIONS:

FAIR LAWN JEWISH CENTER/
CONGREGATION B'NAI ISRAEL

TEMPLE BETH SHOLOM
THE CHURCH OF ST. ANNE



COMMUNITY HEBREW SCHOOL OF BERGEN COUNTY

Marcia Kagedan



Shalom

Oh, how the world has changed since the last time I wrote..... who could imagine the atrocities that transpired. Our students are very aware of the war in Israel and we have been discussing it with them on their level. They lead the

conversation with their questions and we try to give answers that are both honest, positive and hopeful.

October saw a fabulous dinner in the sukkah for the Hebrew School families. Over 65 people squeezed in and the food was delicious. It was a wonderful time to celebrate the holiday and get to know each other. Finally, after all the holidays, we once again have school on Sunday mornings. On one Sunday we had our first Kadima event. Thank you to Alex and Leah Gomberg for stepping up and assisting with the youth programs this year. Over 20 kids enjoyed pizza for lunch followed with team building games and GAGA. We also spent time writing letters to Israeli soldiers.

We had our first Sunday Special, a monthly free program for the pre-kindergarten kids. So many families came and it was pretty wonderful.

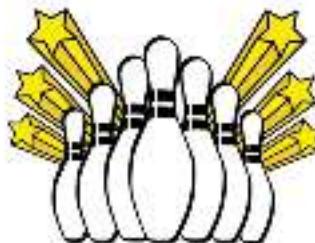
Our next Sunday Special will be on Sunday November 19th when we will be getting the little ones ready for Chanukah. November has other special events to watch for too. Something for everyone.

A CHSBC family Friday night dinner on the 3rd; "Ask the Rabbi" breakfast on the 19th; and, of course we have Thanksgiving to look forward to. Kadima has another event on the 19th as well. Watch for details.

Wishing you all a good month and most important good news from Israel.

Marcia

FLIPPER KADIMA (4th-7th grades) GOES BOWLING



Sunday November 19th - 12:30-2:30
BOWLERO FAIR LAWN

22 22 Maple Avenue, Fair Lawn, NJ 07410 201 797 5400

**BOWLING, SHOE RENTAL, ARCADE GAMES, LUNCH and DRINKS
PRICE CAN'T BE BEAT!!**

\$25 per person

(Please let us know if the cost is prohibitive)

**RSVP by November 12th to Marcia (USY ADVISOR)
201-815-8136 or edudirector@chsbs.org**

Photos from Sisterhood's B'reishit Hike in The Ramapo Reservation





JFCS

JEWISH FAMILY & CHILDREN'S SERVICES
OF SOUTHERN NEW JERSEY



FAIR
LAWN
JEWISH
CENTER

Congregation
B'nai Israel

COPING IN TIMES OF HEIGHTENED TRAUMA

**Talk with your peers in a safe
space about the events taking
place in Israel.**

This group will be led by a licensed psychotherapist.

Tuesday, November 7th, at 8:00 PM

Fair Lawn Jewish Center/Congregation B'nai Israel, 10-10 Norma Avenue, Fair Lawn

Pre-registration is required. To RSVP, please contact



(201) 796 5040



Info@FLJC.com

Learn more about other JFCS Support Groups by contacting: LindaP@jfcsnnj.org



The Catskill's Golden Age: The Jewish Summer Retreat 1950-1970

(The first of two programs by Adult Education on the Catskills in November)



During the glory days of the Catskills, in the late 1940s through the 1960s, New York's Jews flooded north during the summer to relax at the pool by day, laugh with Jewish comedians by night, and enjoy all the kosher food they could want. Thorin Tritter will present a talk about the hotels, bungalow colonies, and lavish resorts that formed the Borscht Belt, shaped the post-war Jewish American experience, and forever changed American culture.

MONDAY, NOV. 20, 2023 FROM 8:00-9:30 PM
Held at FLJC/CBI 10-10 Norma Avenue

Organized by the Adult Education Committee



The Catskills: A Screening & Discussion On

The Marvelous Mrs. Maisel

"We're Going to the Catskills!"

(The second of two Adult Education programs about the Catskills in November)



Thorin Tritter will show this 52 minute episode and lead a discussion about the way we remember the Catskills

THURSDAY, NOVEMBER 30, 2023 FROM 8:00-9:30 PM
Held at FLJC/CBI 10-10 Norma Avenue

Organized by the Adult Education Committee

FAMILY MATTERS

Refuah Shlema to

Carol Aig (Tova Raiza bat Malka Esther v'Yitzhak)
Dalia Tzril bat Riva Braina
Binyamin ben Yehudah v'Rina
Sally Baker (Sarah bat Chana)
Steve Baltin (Shragum Mordekai ben Hava
Chaya Reuvat bat Esther Faigel
Howard Charish (Yosef David ben Raizel)
Dror ben Rivka
Esther bat Priva
Alan Gasmer (Avraham ben Chaya Sarah v'Yisrael)
Laili Golda bat Reuvat v'David
David Hayim ben Batya u'Refu'el
Liat bat Chava
Irene Gasmer (Chaya Sarah bat Esther V'David)
Joe Hymovitz (Yehudah Yaakov ben Esther Yucha
u'Moshe)
Ann Lefkowitz
Shimon Ma'aravi ben Edna v'Mordechai
Irene Mandel (Itka bat Yente v'Chaim)
Larry Mandel (Leibel ben Chaya)
Carol Marcus (Chaya Baila bat Gittel)

Tsvi Marder (Tsvi ben Esther v'Yehoshua)
Judi Margolis (Zisa Ita bat Rachel v'David)
Naomi Michaelson (Nechama bat Miriam v'Chaim)
Mordechai ben Vera
Irv Pollack (Yehezkel ben Sarah v'Yaakov)
Raisal Bat Aviva
Debbie Rosenzweig (Devorah Surah bat
Tzirl v'Eliyahu Meyer)
Jesse Rosenzweig (Yehuda Laib ben Rachel)
Lori Rubin (Leah bat Ada Levy)
Stanley Sanders (Sender ben Ettie v'David haLevi)
Amy Serelson (Chana Batya bat P'nina)
Carolyn Shenberg (Cipra Raisa bat Moshe v'Dishka)
Kenny Schmier (Kalman Ben Rivka)
Yehudit Chasida bat Perel
Tovah Pearl bat Shandel v'Shlomo
Tzviya Dafna bat Reuben David.
Arthur Wartenberg (Avraham ben David v'Shaindel)
Ilene Wolosin (Chaya Rossa bat Celia u'Max)
Yonatan Menashe ben Dina Rivka v'Dov
Roni Zerowin (Rachel Chana bat Tamar)



**Mazal Tov to our
oldest living congregant
Sig Westerman
who turns age 101
on November 10th!
Happy Birthday Sig!**



Mazel Tov to our November Birthdays

Carol Aig, Sima Alper, Seymour Baumstein, Mitchell Cohen, Lillian Gotlib, Gary Haar, Roger Haberman, Gerald Hanik, Jeffrey Herrmann, Debbie Honigstock, Leonard Kaufmann, Evan Leibowitz, Floyd Levy, Bella Meyrich, Stacey Murray, Steven Newdorf, Pauline Novick, Raviv Ron, Mike Rothenberg, Carolyn Shenberg, Lily Shinkar, Tammy Smith, Martin Spector, Robin Spokony, Jessica Walker, Alan Wallen, Michael Wallstein, Sig Westerman, Ilene Wolosin

Mazel Tov to our November Anniversaries

Nancy and Larry Bach; Rochelle and Steve Baltin; Rose and Gary Baskind; Sheila and Jack Granowitz; Nancy and Joseph Hymovitz; Ruth and Harold Kirshenbaum; Ann and Herbert Lefkowitz; Jane and Arthur Levine; Monica and David Palmer; Beth and Ken Palmer; Jaime and David Ressler; Eileen and Steve Schwimmer; Marsha and Robert Thaler

THE GENEROUS HEART WILL BE FULFILLED
October Donations

ABNER BLUMBERG MEMORIAL FUND

Helen Glustom

In memory of Rabbi Simon Glustom
Stephanie Goldsmith

ELLIE WEINER FUND

Phil Steinberg
Happy Birthday
Jerry Weiner

Grace Zechnowitz

Mazel tov on the birth of Riley Madison
Jerry Weiner

GENERAL FUND

Laura Brody

Congratulations on your new granddaughter Serena
Phyllis Mirchin

Helen Glustom

In memory of Rabbi Glustom
Tamar and Jack Joffe

Helen Glustom

In memory of Rabbi Glustom
Natalie and Marvin Klein

Helen Glustom

In memory of Rabbi Glustom who officiated at my Bar Mitzvah and my wedding
Lewis Kurlantzick

Bea Goldstein

Happy Birthday and good wishes
Phyllis Mirchin

Leonard Kaplan

In memory of your beloved brother
David Kaplan
Tamar and Jack Joffe

Sandy Schancupp

Our sincere condolences on Arnie's passing
The Mirchin Family

Barbara Steinberg

In memory of Phil Steinberg
Rose and Gary Baskind

Sig Westerman

Congratulations on your new great granddaughter
Phyllis Mirchin

HOWARD HERMAN FUND

Helen Glustom

In loving memory of our friend and teacher
Arline Herman and Family

Carol Marcus

Thinking of you. Hope you are feeling well
Arline Herman

Sig Westerman

Mazal Tov on the birth of your new great-granddaughter
Arline Herman

RABBI'S TZEDAKAH FUND

Helen Glustom

In memory of Rabbi Glustom
Susan and Sy Baumstein

Helen Glustom

In memory of a wonderful man
Ann and Herb Lefkowitz

Helen Glustom and Family

In memory of Rabbi Glustom
Sig Westerman and family

YAHRZEIT

Frida Abkin

Michael Abkin

Louis Abrams

Judy Marcus

Hannah Aminoff

Susan and Benjamin Aminoff

Abraham Larry Charish

Rosalyn Goodman

Albert Ezratty

Shirley Leibowitz

Dora Berman Justus

June Berliner

Rose Bregman

Etta Mont

Maurice Brown

Andrea Berlent

Jacob Chaimovitz

Arieh Neuwirth

Israel Causman

Judith Shain-Alvaro

Morris Causman

Judith Shain-Alvaro

Gertrude Causman Cohan

Judith Shain Alvaro

William Czirjak

Paula Berkoff

Dezso Dorogi

Ann and George Rasko

Helen Findling

Michael Findling

Ephraim Fine

Roni Zerowin

Melvine Fine

Roni Zerowin

Lillian Goldblatt

Susan and Sy Baumstein

Morris Goldstein

Dorothy Scheer

Jack Grapin

Julie Grapin

Arie Greenbaum

Eva Greenbaum

Chai Greenbaum

Eva Greenbaum

Hersh Greenbaum

Eva Greenbaum

Edward Jay Gruber

Marlaine Gruber

Sidney H. Joffe
Tamar and Jack Joffe

Jean Sanders
Stanley Sanders

Ethel Steinberg
Marcia Atlas

Richard Kalzman Salzman
June Salzman

Rose Spiegel
Muriel Perlberg

William I. Klein
Evelyn P. Klein-Schwartz

Mollie Sprechman
Lewis Sprechman

Edna Kline
Rona and Richard Klein

Nat Sprechman
Lewis Sprechman

Jane Leibson Turchaninov
Gesya Leybson

Max A. Vnuk
Betty Eisenberg

Charles Levine
Judith Brown

Max Weiss
Bill H. Weiss

Molly Levine
Judith Brown

YIZKOR
**Those who are lost and have
perished in Israel**
Donna Pasternak

Shlomo Ben Levy
Gail and Ephraim Levy

David Aminoff
Susan and Benjamin Aminoff

Naomi Linder
Rona and Richard Klein

Hannah Aminoff
Susan and Benjamin Aminoff

David Moskowitz
Ann and Brian Firsch

Michael Aminoff
Susan and Benjamin Aminoff

Simon Neuwirth
Arieh Neuwirth

Jacqueline Ford
Keith Katzman

Ben Paley
Alan D. Paley

Jerry Goldberg
Harriet Goldberg

Pauline Piekarsky
William Wasserstrom

Clare Green
Donna Pasternak

Mollie Pintel
Laura and Joshua Pintel and
Family

Raul Green
Clare Green

Shirley Pintel
Joshua Pintel and family

Alex Kirschenbaum
Ruth and Harold Kirschenbaum

Morris Rak
Helen Joseph

Hilda Kirschenbaum
Ruth and Harold Kirschenbaum

Stanley Reiman
Doris Reiman

Erwin Russ
Ruth and Harold Kirshenbaum

Rose Rubinoff
Craig H. Rubinoff

Hanna Russ
Ruth and Harold Kirshenbaum

Ethel Sanders
Stanley Sanders

Marcia Siegel Rapp
Judi and Lenny Margolis





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PARAMUS, NJ

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