

## Prayer for Healing

*Mi shebeirakh avoteinu*  
*Mekor ha-berakhah l'imoteinu*  
May the Source of strength  
Who blessed the ones before us  
Help us find the courage  
To make our lives a blessing  
And let us say: Amen.

*Mi shebeirakh imoteinu*  
*M'kor ha-berakhah la-avoteinu*  
Bless those in need of healing  
With *refuah sheleimah*  
The renewal of body  
The renewal of spirit  
And let us say: Amen.

By Debbie Friedman and Drorah Setel  
(*Siddur Lev Shalem*, p. 173)