



DIABETES PREVENTION PROGRAMS

Upcoming Programs November - December 2019

LIVINGSTON COUNTY

Henry Ford Macomb Hospital

Website: mihealthyprograms.org

Info Session: November 4, 2019 – 10:30am

First Class: Monday, November 11, 2019

Class Meets: Monday – 10:30am

Location: Henry Ford OptimEyes Super Vision Center, 44987 Schoenherr Road, Sterling Heights, MI 48315

Registration Info: Fenise Brownlee, 586-263-2993, fbrownl1@hfhs.org

Registration Deadline: October 25, 2019

MACOMB COUNTY

Henry Ford Macomb Hospital

Website: mihealthyprograms.org

Info Session: November 4, 2019 – 10:30am

First Class: Monday, November 11, 2019

Class Meets: Monday – 10:30am

Location: Henry Ford OptimEyes Super Vision Center, 44987 Schoenherr Road, Sterling Heights, MI 48315

Registration Info: Fenise Brownlee, 586-263-2993, fbrownl1@hfhs.org

Registration Deadline: October 25, 2019

WAYNE COUNTY

National Kidney Foundation of Michigan, Inc

Website: www.nkfm.org

Info Session: Tuesday, January 21, 2020 – 6:00pm

First Class: Tuesday, February 4, 2020

Class Meets: Tuesday – 6:00pm

Location: Michigan Medicine Livonia Health Center, 20231 Farmington Road, Livonia, MI 48152

Registration Info: Kathy Heselschwerdt, 734-222-9800, kheselschwerdt@nkfm.org

Registration Deadline: February 25, 2020



Websites to locate Diabetes Prevention Programs

Healthy Programs of Michigan:

<https://mihealthyprograms.org/ddp-classes-search.aspx>

National Diabetes Prevention Program:

<http://doihaveprediabetes.org/reverse-prediabetes.html>

Virtual Diabetes Prevention Program:

<https://nccs.cdc.gov/DOTDPRP/city.aspx?STATE=OTH&CITY=OTH>

National Kidney Foundation of Michigan:

www.readyssetprevent.org

Ascension Sponsored Classes:

<https://healthcare.ascension.org/events>